



2026

Indiana General Election

The 2026 General Election is knocking on our doors. Some important dates to keep in mind are:

October 5th – online, in-person and mail-in voter applications are due!

October 22nd – Mail-in absentee requests are due.

November 2nd – Absentee ballots can be requested in-person.

November 3rd – Mail-in ballots must be received.

November 3rd – is Election Day!

In-person voting requires a current photo id card or driver's license. The Indiana voters' website (indianavoters.in.gov) is very useful and easy to navigate. From this site you can check your registration status, register to vote, request a ballot, or find a voting location.

Mail-in-ballot applications can be found at the table near the Rose Garden mailboxes, the table outside the Courtyard Dining Room and at the Health Care Nurses Station. If you need help navigating the website or filling out the application, both Sabine and Adrienne would be happy to assist.

Timbercrest will not be providing transportation to polling sites on November 3rd.



Flu & Covid Vaccine Clinic

We are at the front end of the 2026/2027 Flu Season! Timbercrest will once again administer influenza vaccine as well as the recommended annual covid booster on Wednesday, October 7 in the Rose Garden.

Manor and Neighborhood Home residents can go anytime between 9:00 a.m. and 12:00 p.m. Health Care and Crestwood residents will receive the vaccines between 1:00 p.m. and 4:00 p.m. in their apartments.

If you have not returned your consent forms, you can bring them with you to the clinic along with current insurance cards.

"Pour Yourself A Cup Of Ambition"



Thursday, October 1 is International Coffee Day! Stop by the coffee bar in the Hub throughout the day.

Fall Communion

The Timbercrest Community celebrates Worldwide Communion on **Thursday, October 1 at 10:00 a.m. in The Assembly Room.** The service will last 30 – 40 minutes with the Timbercrest Choir performing. All are invited and welcome. Come join in receiving the "Bread and Cup" as we share in song, prayer and spoken Word.

Please mark your calendar and plan to come gather in the Assembly Room.

Manchester Symphony Orchestra

The Manchester Symphony Orchestra opens their 88th Season with “The New World” on **Sunday, October 4 at 3:00 p.m. onstage at Manchester University’s Cordier Auditorium.**

Conducted by Debra Lynn, the orchestra will feature works by Antonia Dvorak, Morton Gould, Franz Waxman, and Aaron Copland. Tickets are \$20 each, available through the MSO website or at the door.

Timbercrest transportation will be provided. **Sign up in the notebook outside the Courtyard Dining Room.** The bus will leave from the Hub at 2:30 p.m.

Ole Farmer’s Group

The Timbercrest Ole Farmer’s Group will not meet on Monday, September 7 due to the Labor Day holiday. The guys will reconvene on **Monday, September 21 at 9:00 a.m. in the Nook** for coffee and fat free donuts.

Forrest Bathing With David Doudt

The opening of the expanded Timbercrest Trail brings new opportunities for Forest Bathing, both guided by David Doudt and solo. David will guide a group through the art of Forest Bathing on **Thursday, October 8 at 3:00 p.m.** Participants should meet at the trail start near the Chapel.

If you are new to Forest Bathing and it’s many benefits, David has compiled some very useful information. It can be found on the Timbercrest app under the community information tab.

Breakfast with Carol

You’ve heard of Denver, Colorado but have you visited Denver, Indiana? The small little burg nestled among the sticks between Peru and Akron, boasts a total area of **0.24 square miles**. In the heart of that square is **The Farmhouse Café**.

Join Carol for breakfast on **Friday, October 9th**. Their breakfast skillet pairs perfectly with a hot cup of coffee flavored with their homemade syrups.

You are responsible for the cost of your meal & gratuity. **The bus will leave from the Hub at 8:00 a.m. Sign up in the notebook outside the Courtyard Dining Room.**

Cider & Donuts

Our friends at Yellow Cardinal Financial Services would like to invite you to the **Assembly Room on Friday, October 9 at 10:30 a.m.** for apple cider and donuts. Is there a sweeter way to spoil your lunch!

The Art Factory

Art classes transition into fall and winter beginning Monday October 12 at **2:00 p.m. in the Art Factory (B4)**. All skill levels are appropriate and encouraged!

- **October 12** – JoAnn Schall – Styrofoam Ball Ornament. Make an ornament using pins and ribbon. Finished ornaments will be used to decorate the Art Studio’s Christmas tree in December!
- **October 26** – Eileen Flory & Carol Gebert– There will be 2 or 3 stations where participants can make simple ornaments such as clothes pin angels and paper stars.

Craft with Molly returns on Monday, October 19 at 2:00 p.m. in the Art Factory! Sign up for all the above sessions in the notebooks outside the Rose Garden and Courtyard Dining Room.

Memoir Writing Group

The memoir group extends an invitation to all Timbercrest people to join us on the **2nd and 4th Tuesday of the month at 2:00 p.m. in the Guest Dining Room located in the West Basement**. Our topics for the month are:

October 13: Technology

October 27: When I get lost

Questions? Contact Eileen Flory, 1-541-912-3258, eflory@peak.org.

Fellowship Hour

Find your way to the **Assembly Room on Friday, October 16 at 2:00 p.m.** for a fun new game and fellowship between friends and neighbors. We had so much fun playing Carol’s revived Timbercrest Game that she has developed another game involving melt in your mouth M&M candies. The perfect Friday afternoon treat.

Lunch Out with Melissa



Hop aboard the Timbercrest bus on **Thursday, October 15** destined for the “Egg Basket of the Midwest”, Mentone, Indiana. Melissa Shorter will chauffeur you to **The Bulldog Saloon**, your lunch

destination. The photo features their White Cheddar Mac Burger!

You are responsible for the cost of your meal & gratuity. **The bus will leave from the Hub at 11:00 a.m. Sign up in the notebook outside the Courtyard Dining Room.**

TUG Returns!

The October Technology Users Group (TUG) meeting will be on **Friday, October 16, 10:00 a.m., in the Conference Room** in the front basement.

The TUG Topic will be the Timbercrest Community App which contains a lot of valuable information for residents. It can be downloaded to any smart phone and tablet as well as accessed on your computer. It includes a list of daily activities, dinning menus, Channel 2 slides, a resident directory, a staff directory, and community information which includes the TV channel line-up, access to the Timbercrest YouTube channel, handbooks, recent Timberlines, and more! These features will be demonstrated and questions answered. Be sure to bring your smart phone and/or tablet for assistance, if needed, or just to follow along. All residents are welcome.

MU VIA featuring Kathy Nimmer

Kathy Nimmer (educator, author, and guide dog user) will present at the Manchester University VIA program on **Monday, October 19 at 11:00 a.m. in the Cordier Auditorium.**

Nimmer is the 2026 recipient of the Helen Keller Achievement Award from the American Foundation for the Blind. Nimmer will present a reflective and motivating discussion regarding her experiences with vision loss and teaching.

The bus will leave from the Hub at 10:45 a.m. Sign up in the notebook outside the Courtyard Dining Room.

Tuesday Matinee



Catch the award-winning flick “**Oliver!**” on **Tuesday, October 20 at 2:00 p.m. in the Chapel.**

Based on the Charles Dickens novel, 9-year-old orphan, Oliver Twist (Mark Lester) falls in with a group of street urchin pickpockets led by the Artful Dodger (Jack Wild) and masterminded by the criminal Fagin (Ron Moody).

When Oliver’s intended target, Mr. Brownlow (Joseph O’Connor), takes pity on the lad and offers him a home, he becomes the target of the gang’s henchmen.

Grand Spartan Season!

We are officially into the “brrr” months (September, October, November, December) which means it’s time for fall favorites, cozy sweaters, hearty soups, and College Basketball! We will officially kick off the season on Saturday, October 17 as the Lady Spartans battle MU Alumni. Grand Spartans will travel to all the home games, weather permitting. The times that are listed below are bus departure times. Home game schedule as it stands on September 24th:

10/17 @ 10:30 a.m. vs Alumni
10/24 @ 12:30 p.m. vs Heidelberg
11/18 @ 6:30 p.m. vs North Park
11/21 @ 12:30 p.m. vs Rose Hulman
12/12 @ 12:30 p.m. vs Transylvania
12/16 @ 6:30 p.m. vs Earlham





Oasis

Come for inspiration and reflection every
Wednesday at 4:00 p.m.
in-person in the Chapel.

- Oct 7 My Faith Journey – Joe Driskell
- Oct 14 “Music Hath Charms That Soothe” – Ora Conlan
- Oct 21 My Guardian Angel – Wayne Rennaker
- Oct 28 Feathered Wonders – Jim Davis

Oasis is broadcast live on the Timbercrest Senior Living YouTube Channel and can be viewed at a later time on the YouTube channel.

Exercise Opportunities

Timbercrest holds group exercise classes Monday through Friday. Open and adaptable to all fitness levels!

- Chair Aerobics – **Monday through Friday at 9:30 a.m. in the Recreation Room**
- Chair Yoga – **Monday at 10:00 a.m.**
- Strength Training – **Tuesdays and Thursdays at 10:00 a.m. in the Recreation Room**
- Walk & Roll – **Wednesday at 10:00 a.m. Rose Garden Lounge**
- Chair Tai Chi – **Friday at 10:00 a.m. in the Recreation Room**
- Reclaim the Rhythm; Parkinson’s Exercise – **Tuesday & Thursday at 11:00 a.m. in the Assembly Room**

Game Night with Mike and Lucy

Join Lucy and Mike McKinley for an evening of cards, dominoes, board games and refreshments **Wednesday, October 21 at 6:00 p.m. in the West Side of the Rose Garden.**



Friday Night at the Movies Presented by Timbercrest Movie Committee *Come to the Chapel for our films*

Friday, October 2: “I Can Only Imagine 2”



7:00 p.m. – Chapel
Run Time: 1hr 51 mins
w/subtitles

At the height of MercyMe’s fame, Bart confronts a personal crisis, grappling with doubts about his faith and unresolved trauma from his past, including memories of his abusive father. The band is unexpectedly promoted to headliners, and Tim Timmons brings renewed hope and spiritual energy to the tour. Through his friendship with Tim and the challenges of mentoring Sam on stage, Bart faces his inner demons, repairs strained relationships with his wife Shannon and son Sam.

Friday, October 16: “The Six Triple Eight”



7:00 p.m. – Chapel
Run Time: 2hr
78mins w/subtitles

“The Six Triple Eight” follows the US Army’s only all-black, all-female battalion in WWII as they take on the daunting task of clearing a three-year backlog of 17 million pieces of mail to boost soldiers’ morale. Inspired by true events, it celebrates resilience against racism, sexism, and impossible odds.

Midweek Breaks

A tasty treat is served each **Wednesday from 2:30-3:30 p.m.** in The Nook. This month’s features:

- Oct 7** Treats from *Beth Sollenberger*
- Oct 14** Pumpkin Recipes
- Oct 21** Soft Serve Ice Cream
- Oct 28** Popcorn Parlor

October Chapel Schedule

Come to Chapel to hear thoughts from scripture, prayer and other inspiration. Devotions are **Tuesday, Thursday and Friday at 9:00 a.m. Worship Service at Manchester Church of the Brethren is live streamed in the Chapel at 9:30 a.m. every Sunday morning.**

October Speakers:

Oct 1 – Carol Gebert – NM First Brethren
Oct 2 – Corky Cordes – TC Resident
Oct 6 – Rachel Gross – Manchester CoB
Oct 8 – Chris Ponchot – Roann Christian Church
Oct 9 – Martha Cory – Kokomo CoB
Oct 13 – Diane Quance – Claypool UMC
Oct 15 – Sebrena Cline – Walnut St CCC
Oct 16 – Michael Cook – New German Baptist
Oct 20 – Herman Kauffman – Nappanee CoB
Oct 22 – Curt Rowland – Manchester CoB
Oct 23 – Jim Smith – Manchester UMC
Oct 27 – Lisa Fike – Wabash CoB
Oct 29 – Frank Ramirez – Nappanee CoB
Oct 30 – Bruce Russell – Baptist Church

Thank you to the Chapel Planning Committee for scheduling these dedicated speakers!

Stockdale Mill Tour



Join Carol on a scenic drive to Roann **Friday, October 23 leaving from the Hub at 9:30 a.m.** Take this opportunity to tour the historic

Stockdale Mill along the north bank of the Eel River. The water powered flour mill has been in operation since 1857. Be aware that the tour does consist of some stairs and non-paved walks.

Following the tour, Carol will stop the bus at the historically restored Roann Covered Bridge. Originally built in 1877, the bridge measures 288 feet long and is 15 feet wide. The bridge fell victim to arson some years ago. Following its restoration, the county made the decision to close the bridge to motor traffic.

Once you return to North Manchester, Carol will expertly maneuver around the state flowers, aka the orange traffic barrels for a stop at Chillz Ice Cream shop. **Sign up in the notebook outside the Courtyard Dining Room.**

Afternoon Shananigans

Have you heard of the card game “Up and Down the River”? How about “Hand and Foot”? These are both new to me. Thankfully, Carol is a great instructor and is ready to teach us on **Friday, October 23 at 1:00 p.m. in the Resident Activity Room.** Phase 10 will also be available; that one I’m familiar with.

“Vitamin String Quartet & Girl Named Tom”

Timbercrest still has tickets available for **“Vitamin String Quartet & Girl Named Tom” Friday night, October 23 at 7:30 p.m. at the Honeywell Center.** Tickets are \$49.00 each and seats are easily accessible in row L. If you are interested in going, let Adrienne know by email or calling 260-982-3940.

“Four Funny Frivolous Skits” Reader’s Theater Performance

The talented residents of The Reader’s Theater will perform their fall skit, or skits, on **Friday, October 30 at 2:00 p.m. in the Assembly Room.** These skits are a great opportunity for some belly laughs!

North Manchester Shepherd’s Center Fall 2026 Line-Up

Programs are held in the Blocher Room at the Manchester Public Library. Current Events programs start at 9:30 a.m. with Adventures in Learning following at approximately 10:30 a.m.

Oct 14: CE: **“Election Preview”** Leonard Williams
AiL: **“Medicare Plans”** Kim Pohler
Oct 28: CE: **“Food Production & Regenerative Farming”** Jeff/Zach Hawkins
AiL: **“Manchester University Update”** Stacy Young, MU President
Nov 4: CE: **“The Saga of Carbon Capture and Sequestration in Wabash County”** John Hartsough, local farmer
AiL: **“Rural Health Care”** Brandi McCam, Wabash County Health Department

Timbercrest transportation could be available upon request.

Medicare Open Enrollment Oct. 15 through Dec. 7

Why is this important to you

During this period ALL Medicare beneficiaries can make changes to their Medicare plan selections. This includes: switching from Original Medicare to an Advantage Plan; switching from an Advantage Plan to Original Medicare; switching from one Advantage plan to another Advantage plan; and switching from a Prescription Drug Plan (Part D plan) to another Part D plan. This period also allows individuals who did not sign up for Part D during their initial enrollment period or lost Part D coverage due to premium nonpayment to sign up for a new Part D plan. All changes will be effective January 1st.

Why evaluate your coverage on a yearly basis?

- Part D providers change their drug formulary; Advantage Plans change benefits and coverage
- Plan providers contract each year with Medicare. This may change their cost to you as well as the benefits of each plan for its members
- Your current plan may not be available in our area in the coming year, and you will need new coverage

How can I help?

As a certified SHIP (State Health Insurance Program) counselor I can:

- Run comparison reports based on your current prescriptions
- Enroll you in your new plan of choice
- Provide information about which pharmacy would be more cost-effective based on your current prescriptions
- SHIP counselors are not insurance brokers or insurance agents ... SHIP counselors do not profit from your plan selection

What do I need to prepare the comparison report for you?

- The signed Consent Form (available at the front desk); plus
- The list of all your prescriptions including dosage and frequency; plus

- A copy of your Medicare card and if you have an Advantage Plan, a copy of the insurance card; plus
- The name(s) of your preferred pharmacy provider (i.e., CVS, Webb Pharmacy, and/or mail-order)

Please submit the information mentioned above in an envelope addressed to “Sabine Thomas” via campus mail. I will contact you to review your report before the December 7th deadline.

I look forward to being of assistance to you,
Sabine A Thomas, Director of Resident Care



