

SUN	MON	TUE	WED	THUR	FRI	SAT
				10:00 Fall Communion (Assembly Room) 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games	1 9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	2 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Melissa 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	4 9:00 Current Events 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	5 9:00 Country Cruise Van Ride 9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Volleyball and snacks 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Carol	6 9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	7 9:00 Current Events 9:45 Devotions 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 1:30 Baking - Apple Crisp 3:00 Food Social 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Jennifer	8 9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Storytelling w/Carol 2:30 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	9 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Jennifer 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	11 9:00 Current Events 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	12 9:00 Country Cruise Van Ride 9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Gaming with Friends 3:00 Food Social 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Melissa	13 9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	14 9:00 Current Events 9:45 Devotions 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:10 Folding 5:15 Evening Activities - Carol	15 9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Fellowship Hour - The M&M Game (Assembly Room) 3:00 Muscle Movers * 6:00 Friday Night Movie	16 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Carol 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	17 9:00 Current Events 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	18 9:00 Country Cruise Van Ride 9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Gaming with Friends 3:00 Food Social 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Melissa	19 9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	20 9:00 Current Events 9:45 Devotions 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:10 Folding 5:15 Evening Activities - Carol	21 9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Fellowship Hour - The M&M Game (Assembly Room) 3:00 Muscle Movers * 6:00 Friday Night Movie	22 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Carol 3:00 Muscle Movers * 5:30 Game Show Night*

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Crestwood - Scheduled programs subject to change

SUN	MON	TUE	WED	THUR	FRI	SAT
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	18 9:00 Current Events 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	19 9:00 Country Cruise Van Ride and Picnic 9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Crafting Corner - Fall Tree Painting 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Jennifer	20 9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	21 9:00 Current Events 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Pumpkin Carving (Crestwood Family Room) 3:00 Muscle Movers * 3:10 Folding 5:15 Evening Activities - Janice	22 9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	23 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Janice 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	25 9:00 Current Events 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	26 9:00 Country Cruise Van Ride 9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Melodies with Melody 1:00 Rest and Reset with soothing music 2:00 Crafting Corner 3:00 Muscle Movers * 5:15 Evening Activities - Carol	27 9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games * 6:00 Trick or Treating (Assembly Room & AreaHub)	28 9:00 Current Events 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 1:30 Baking - Apple Butter 3:00 Food Social 3:00 Muscle Movers * 3:10 Folding 5:15 Evening Activities - Melissa	29 9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:00 Resident Meeting 6:00 Friday Night Movie	30 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Melissa 3:00 Muscle Movers * 5:30 Game Show Night*
						Halloween 31 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Melissa 3:00 Muscle Movers * 5:30 Game Show Night*

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