

SUN	MON	TUE	WED	THUR	FRI	SAT
		9:00 Country Cruise Van Ride 9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Igloo Ice cream social - Gazebo 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Janice	9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	9:00 Current Events 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Teaching Kitchen (Crestwood Dining Room) 3:00 Food Social 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Janice	9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Janice 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	Labor Day 10:00 Chair Tai Chi 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Afternoon Movie 3:00 Muscle Movers * 5:30 Sing-a-long *	9:00 Country Cruise Van Ride 9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Gaming with Friends 3:00 Food Social 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Jennifer	9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	9:00 Current Events 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Carol	9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:30 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Carol 1:30 Jennifer Eley Piano Recital (Assembly Room) 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	9:00 Current Events 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Crafting Corner (Health Care Family Room) 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Melissa 6:30 Patio Series (Outside in Courtyard)	9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	9:00 Current Events 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Jennifer	Rice Krispy Treat Day 9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Rice Krispie Treats & Stories with Carol (Crestwood Dining Room) 3:00 Muscle Movers * 6:00 Friday Night Movie	10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Jennifer 3:00 Muscle Movers * 5:30 Game Show Night*

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Crestwood - Scheduled programs subject to change



SUN	MON	TUE	WED	THUR	FRI	SAT							
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	20	9:00 Current Events 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	21	9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Melodies with Melody 1:00 Rest and Reset with soothing music 2:00 Craft- Rock Painting with Jayda 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Carol	22	9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	23	9:00 Current Events 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Melissa	24	9:00 Current Events 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:00 Resident Meeting 6:00 Friday Night Movie	25	10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Carol 3:00 Muscle Movers * 5:30 Game Show Night*	26
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	27	9:00 Current Events 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	28	9:00 Country Cruise Van Ride 9:00 Current Events 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Volleyball (Crestwood Dining Room) 3:00 Muscle Movers * 3:30 Patio Time and Word Games	29	9:00 Current Events 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games * 6:45 Civic Band (Assembly Room)	30						

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