

SUN	MON	TUE	WED	THUR	FRI	SAT
						10:00 Morning with Staff 1 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Jennifer 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 2 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	9:00 Current Events 3 9:20 Gentleman Club 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	National Chocolate Chip Cookie Day 4 9:00 Country Cruise Van Ride 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Baking Chocolate Chip Cookies and Word games 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Carol	9:00 Current Events 5 9:20 Gentleman Club 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	9:00 Current Events 6 9:20 Gentleman Club 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 2:00 Teaching Kitchen (Crestwood Dining Room) 3:00 Food Social 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Melissa	9:00 Current Events 7 9:20 Gentleman Club 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	10:00 Morning with Staff 8 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Carol 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 9 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	9:00 Current Events 10 9:20 Gentleman Club 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	9:00 Country Cruise Van Ride 11 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Gaming with Friends 3:00 Food Social 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Jennifer	9:00 Current Events 12 9:20 Gentleman Club 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	9:00 Current Events 13 9:20 Gentleman Club 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 3:00 Food Social 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Janice	9:00 Current Events 14 9:20 Gentleman Club 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Storytelling w/Carol 2:30 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	10:00 Morning with Staff 15 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Janice 3:00 Muscle Movers * 5:30 Game Show Night*

August 2026

Crestwood - Scheduled programs subject to change

SUN	MON	TUE	WED	THUR	FRI	SAT
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	16 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	17 9:00 Country Cruise Van Ride 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Crafting Corner 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Carol 6:30 Patio Series (Outside in Courtyard)	18 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Ice Cream Van outing 3:00 Muscle Movers * 5:30 Active Games *	19 9:00 Current Events 9:20 Gentleman Club 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 2:00 Praise and Worship 3:00 Food Social 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Lorri	20 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 3:00 Muscle Movers * 6:00 Friday Night Movie	21 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Lorri 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	23 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	24 9:00 Country Cruise Van Ride and picnic 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Melodies with Melody 1:00 Rest and Reset with soothing music 2:00 Volleyball and snacks 3:00 Muscle Movers * 3:30 Patio Time and Word Games 5:15 Evening Activities - Janice	25 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	26 9:00 Current Events 9:20 Gentleman Club 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 3:00 Food Social 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Melissa	27 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:00 Resident Meeting 6:00 Friday Night Movie	28 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Melissa 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	30 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	31				

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