

SUN	MON	TUE	WED	THUR	FRI	SAT
			9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Splatter Art 3:00 Muscle Movers * 5:30 Active Games * 6:45 Church of the Brethren Annual Conference (Timbercrest Chapel) 6:45 Civic Band (Assembly Room)	9:00 Current Events 9:20 Gentleman Club 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Teaching Kitchen (Crestwood Dining Room) 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities	9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	Independence Day 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Carol 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	9:00 Country Cruise Van Ride 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Crafting Corner (Crestwood) 3:00 Muscle Movers * 3:30 Active games 5:15 Evening Activities - Jennifer	9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	9:00 Current Events 9:20 Gentleman Club 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Janice	9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Storytelling w/Carol 2:30 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Janice 3:00 Muscle Movers * 5:30 Game Show Night*
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	9:00 Country Cruise Van Ride 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Gaming with Friends 3:00 Food Social 3:00 Muscle Movers * 3:30 Active games 5:15 Evening Activities - Carol 6:30 Patio Series (Outside in Courtyard)	9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	9:00 Current Events 9:20 Gentleman Club 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Lorri	9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Fellowship Hour - "The Timbercrest Game" (Assembly Room) 3:00 Muscle Movers * 6:00 Friday Night Movie	10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Lorri 3:00 Muscle Movers * 5:30 Game Show Night*

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SUN	MON	TUE	WED	THUR	FRI	SAT
9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	19 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	20 9:00 Country Cruise Van Ride 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Patio Time, Treats and Games 3:00 Muscle Movers * 3:30 Active games 5:15 Evening Activities - Janice	21 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	22 9:00 Current Events 9:20 Gentleman Club 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Melissa	23 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Light and Lively 10:30 Chanticleer String Quartet Music Program (Assembly Room) 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 2:00 Watermelon w/ Yellow Cardinal (Nook) 3:00 Muscle Movers * 6:00 Friday Night Movie	24 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Melissa 3:00 Muscle Movers * 5:30 Game Show Night*
26 9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers * 5:15 Patio Time	27 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	28 9:00 Country Cruise Van Ride and picnic 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Fit and Fun 10:15 Music Memories 10:30 Frisbee Bowling 1:00 Melodies with Melody (Crestwood) 1:00 Rest and Reset with soothing music 3:00 Muscle Movers * 3:30 Active games 5:15 Evening Activities - Lorri	29 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	30 9:00 Current Events 9:20 Gentleman Club 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Golf Cart Rides 3:00 Muscle Movers * 3:10 Folding 3:15 Patio Time with Active games 5:15 Evening Activities - Jennifer	31 9:00 Current Events 9:20 Gentleman Club 9:45 Devotions 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:00 Resident Meeting 6:00 Friday Night Movie	

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