



March Madness

The college basketball post-season, fondly referred to as March Madness, begins with Selection Sunday March 15.

The single-elimination tournament consists of 68 teams. I challenge you to pick the winner of each game leading to the championship on Monday, April 6.

Brackets will be available at the Reception desk, the Health Care Nurse's Station and Adrienne's office in the Hub. To compete for the grand prize, **brackets should be returned to any of the three locations listed above no later than 12:00 p.m. on Wednesday, March 18.**



Ole Farmer's Club



The Timbercrest Ole Farmer's Club will meet on **Monday, March 2 and Monday, March 16 at 9:00 a.m. in The Nook.**

Reclaim the Rhythm

Reclaim the Rhythm, the exercise class geared towards Parkinson's Disease, will move to an earlier start time beginning in March. We will continue meeting every **Tuesday and Thursday with a new start time of 11:00 a.m. in the Assembly Room.** Join us!

Harpist, Anna Hagen

Timbercrest is proud to welcome Harpist, Anna Hagen on **Friday, March 13 at 2:00 p.m. in the Assembly Room.** In honor of Saint Patrick's Day, Anna will bless us with a collection of Celtic tunes played on her harp.

Anna began playing professionally at the age of fourteen. She very quickly made the move from providing background music to the main event. Though she can play across many genres, medieval and classical are her favorite.

This event is open to the community. We invite everyone to come and enjoy the beautiful sounds of the harp!



Mahjong Craze

A Mahjong craze is sweeping the nation! Have you noticed? We have a small group of residents that jumped into the game last fall. They meet on **Tuesday and Thursday afternoons at 1:00 p.m. in the Game Room (D-Wing).** They need more players and are ready to teach you if necessary!



Timbercrest Book Club:

The Timbercrest Book Club meets on the first Monday of each month! That means they will meet on **Monday, March 2 at 2:00 p.m. in the Conference Room.**

If you are interested in joining, books can be picked up from Jennifer Gearhart's office in the Hub. We love new members!

Euchre!

Do you enjoy playing Euchre, either 5-card or bid? Carol will host an afternoon of Euchre on **Friday, March 27 at 1:00 p.m. in the Resident Activity Room.** These games are open to the community so feel free to invite a friend!

Invocation presented by Manchester Symphony Orchestra

The Manchester Symphony Orchestra returns with their third concert of the season on **Sunday, March 8 at 3:00 p.m. at Cordier Auditorium.**

"Invocation" conducted by Debra Lynn will include "Invocation" by Gustav Holst, the US premiere of "Mighty River" by Errollyn Wallen, "Elegy for Matthew" by David Conte, and "Te Deum" by Baroque Wunderkind Marc-Antoine Charpentier. The set will also feature several choral ensembles from Manchester University as well as Purdue University Fort Wayne.

Tickets are \$20 and can be purchased beforehand through Adrienne or the Manchester Symphony website. The bus will leave from the Hub at 2:30 p.m. Sign up in the notebook outside the Courtyard Dining Room.

Little Visitors, Big Smiles Pre-School Visitors

Our Pre-School friends return on **Monday, March 9 at 1:00 p.m. to the Crestwood** bringing youthful energy and joyful moments to our community. These monthly intergenerational visits offer meaningful benefits for everyone involved. Time with young children brings laughter, warmth and fond memories reminding us that connection knows no age - and that even the smallest visitors can make the biggest impact. Join us in welcoming our young guests!

Memoir Writing Group

The memoir group extends an invitation to all Timbercrest people to join us on the **2nd and 4th Tuesday of the month at 2:00 p.m. in the Guest Dining Room located in the West Basement.**

These are our topics to write about and then read aloud for upcoming meetings:

March 10: A memorable meal

March 24: Flowers

Questions? Contact Eileen Flory, 982-0088, eflory@peak.org.

Friends of Manchester University Dr. Mark McCoy



The Friends of Manchester program on **Tuesday, March 10 at 6:30 p.m. in the Chapel** will be presented by Dr. Mark McCoy, Assistant Professor of Psychology.

Dr. McCoy teaches cognitive neuroscience and will talk about how our emotions contribute to the choices we humans make. He will discuss the implications of our emotions on decision making and moral thinking in personal and political areas. He will also speak on the numerous research projects he has been involved in during the past year.

Come to the Chapel to learn about these interesting theories. Everyone is welcome!

Craft with Molly



North Manchester Public Library's Molly Magnus returns for Craft with Molly on **Monday, March 16 at 2:00 p.m. in the Resident Activity Room.** We will be making Tin Foil-

Stained Glass. For this you will need to bring either an 8x10 or 5x7 picture frame with you. Molly will have printed pictures to use as your template. **Sign up in the notebooks at Rose Garden and Courtyard** to ensure we have enough supplies.

Tuesday Matinee Hook

Make your way to the **Chapel** for an immersive trip to Netherland on **Tuesday, March 17 at 2:00 p.m.** via the 1991 film “**Hook**”. The Peter Pan parody gives a perspective from the eyes of Captain James Hook. When Captain Hook kidnaps his children, Peter Pan must return to Netherland to challenge his old enemy. The film is two hours and twenty-two minutes long.

Balance Assessments HTS Therapy

HTS Therapy will be on-site to complete semi-annual balance assessments on **Thursday, March 19 in the Assembly Room**. If you have concerns with your balance or would like to know your fall-risk score, **sign-up in the notebook outside the Courtyard Dining Room**. They have a very useful new app that you can download onto your smartphone. It helps track your steps along with your gait and balance, both very helpful information!

Timbercrest Technology Users Group (TUG)



Come to the Technology Users Group meeting on **Friday, March 20 at 10:00 a.m. in the Conference Room**. The meeting will start with questions/discussion about any issues/problems you have with your personal technology devices: computer, tablet, printer, smart phone, etc.

The special TUG Topic will be Quick Response (QR) codes. You will learn all about Quick Response (QR) codes. What are they? How do you use one? How are they made? Everyone is invited to this problem solving/educational event!

Reader's Theater

Members of the Reader's Theater have been working hard and are ready to showcase their rendition of “The Good Doctor” by Neil Simon on **Friday, March 20 at 2:00 p.m. in the Assembly Room**. Join me in supporting this group of residents as they proudly show us what they've been doing.

Art Factory

Carol Gebert will lead the Art Factory instruction on **Monday, March 23 at 2:00 p.m. in the Fine Arts Room** (located at the end of B-Wing). This is World Puppy Day and Carol will lead us in drawing and painting a cute dog. **Sign up in the notebooks at Rose Garden and Courtyard** to ensure we have enough supplies.

Breakfast Out Omega Grill

Join Carol for breakfast on **Wednesday, March 25, leaving the Hub at 8:30 a.m.** We'll make the short drive to Omega Grill located at the corner of State Roads 15 & 114 just west of town.

You are responsible for the cost of your meal & gratuity. **The bus will leave from the Hub at 8:30 a.m. Sign up in the notebook outside the Courtyard Dining Room.**

Game Night with Mike and Lucy

Join Mike and Lucy McKinley for an evening of cards, Rummikub, dominoes, board games and refreshments **Wednesday, March 25 at 6:00 p.m. in the West Side of the Rose Garden.**

Seniors for Peace



Town Council President, Jim Smith will present during The Seniors for Peace Program on **Thursday, March 26 at 10:00 a.m. in the Chapel**. Jim will discuss with us what the town council is doing to make North Manchester a safe place to live. He will talk on gun violence prevention and the other means in place to keep our town safe. Everyone is welcome!

Lunch Out

For the March Lunch Out, Carol will take us to the **Second Fiddle in Pierceton on Tuesday, March 31**. The Second Fiddle is a small antique shop that offers a set daily menu with soup, salad, a side, sweet treats and drinks.

You are responsible for the cost of your meal & gratuity. **The bus will leave from the Hub at 11:30 a.m. Sign up in the notebook outside the Courtyard Dining Room.**



Oasis

Come for inspiration and reflection every Wednesday at 4:00 p.m. in-person in the Chapel.

- March 4 Gospel Duets – Sam Barrett w/ daughter Elizabeth
- March 11 People of Faith: Anna Mow – stories by Mark Steury
- March 18 Echoes of the Emerald Isle - Cello – Ora Conlan
- March 25 Music of the Organ – Alan Chambers
- April 1 The New Nature Trail – Luke Hunt

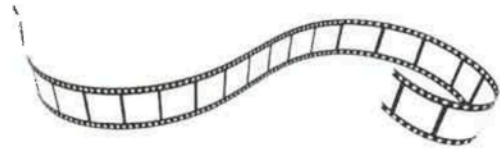
Come to Oasis in person. It is also broadcast live on the Timbercrest Senior Living YouTube Channel and can also be viewed at a later time on the YouTube channel.

Midweek Breaks

A tasty treat is served each Wednesday from 2:30-3:30 p.m. in The Nook. This month's features:

- March 4 Treats from Beth Sollenberger
- March 11 Pistachio Poke Cake
- March 18 Mint Chocolate Chip Ice Cream
- March 25 Popcorn Parlor

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Friday Night at the Movies Presented by Timbercrest Movie Committee Come to the Chapel for our films

Friday, March 6: Fried Green Tomatoes

7:00 p.m. – Chapel

Run Time: 2hr 16mins w/subtitles

On one of trapped housewife Evelyn Couch's

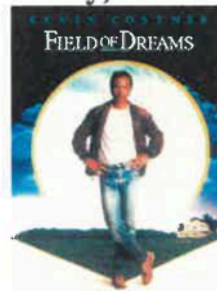


(Kathy Bates) Wednesday nursing home visits, she encounters Ninny Threadgoode (Jessica Tandy), a colorful old woman who brightens Evelyn's outlook by sharing tales from her past. As Ninny recounts the exploits of her free-spirited sister-in-law Idgie (Mary Stuart Masterson), owner of a small Alabama café in the 1920s, and the bond Idgie shared with her friend Ruth (Mary-Louise Parker), Evelyn gains the confidence to change her own life for the better.

Friday, March 20: Field of Dreams

7:00 p.m. – Chapel

Run Time: 1hr 42mins w/subtitles



When Iowa farmer Ray hears a mysterious voice one night in his cornfield saying, "If you build it, they will come," he feels the need to act. Despite taunts of lunacy, Ray builds a baseball diamond on his land, supported by his wife, Annie. Afterward, the ghosts of great players start emerging from the crops to play ball, led by "Shoeless" Joe Jackson. But, as Ray learns, this field of dreams is about much more than bringing former baseball greats out to play.



Exercise Opportunities

Timbercrest holds group exercise classes Monday through Friday. Open and adaptable to all fitness levels!

- Chair Aerobics – Monday through Friday at 9:30 a.m. in the Recreation Room
- Chair Yoga – Monday at 10:00 a.m.
- Strength Training – Tuesdays and Thursdays at 10:00 a.m. in the Recreation Room
- Walk & Roll – Wednesday at 10:00 a.m. Rose Garden Lounge
- Chair Tai Chi – Friday at 10:00 a.m. in the Recreation Room
- Chair Aerobics – Monday & Friday at 1:30 p.m. in the Health Care Family Room
- Strength Training – Wednesday at 1:30 p.m. in the Health Care Family Room
- Reclaim the Rhythm; Parkinson's Exercise – Tuesday & Thursday at 11:00 a.m. in the Assembly Room

Contemporary Book Club

The contemporary book club meets each Friday at 3:00 p.m. in the Conference Room on the lower level. On Friday, February 27, we will begin reading and discussing "The Sunflower" written by Simon Wiesenthal.

While imprisoned in a Nazi concentration camp, Wiesenthal was taken one day from his work detail to the bedside of a dying SS man. Haunted by the crimes in which he'd participated, the soldier wanted to confess to and obtain absolution from – a Jew. Faced with the choice between compassion and justice, silence and truth, Wiesenthal said nothing. But even years after the war had ended, he wondered: Had he done the right thing? What would you have done in his place? Join us!

Income Tax Time!

Dana Krull, CPA from Himes & Krull, LLC in Pierceton, will once again do income tax returns for Timbercrest residents. If you would like him to prepare your tax return, please turn in your information to the Front Desk by **Thursday, March 5**. Dana will pick them up. The tax returns will be returned to residents when they are finished. If you have questions, please contact the front desk.

March Chapel Schedule

Come to Chapel to hear thoughts from scripture, prayer and other inspiration. Devotions are **Tuesday, Thursday and Friday at 9:00 a.m.** **Worship Service at Manchester Church of the Brethren is live streamed in the Chapel at 9:30 a.m. every Sunday morning.**

March Speakers:

- Mar 3 – Stan Escott – Zion Lutheran Church
- Mar 5 – Jim Smith – Manchester UMC
- Mar 6 – Cora Deter – Columbia City CoB
- Mar 10 – Corky Cordes – TC Resident
- Mar 12 – Sandy Bendsen - CoB
- Mar 13 – Jim Chinworth – Manchester CoB
- Mar 17 – Sabine Thomas – Manchester CoB
- Mar 19 – Bruce Russell – Baptist Church
- Mar 20 – Christy Huiras – Liberty Mills CoB
- Mar 24 – Brooke Vanderpool – TC Dir. of Develop
- Mar 26 – Ron Burns – NM First Brethren
- Mar 27 – Barb Woods – Turnpointe CoB
- Mar 31 – Brad Hardesty – CoB

Thank you to the Chapel Planning Committee for scheduling these dedicated speakers!

Holy Week at Timbercrest

Begin your Holy Week at Timbercrest with **Communion Thursday, April 2 at 10:00 a.m. in the Assembly Room.** This is a non-denominational communion, and everyone is invited!

Mark Steury will give a special **Good Friday message during Chapel on Friday, April 3 at 9:00 a.m.** We encourage you to attend in person, however it will be live streamed on the Timbercrest YouTube channel.

New and different this year is **Black Saturday, April 4 at 10:00 a.m. in the Chapel.** This will be a "Meditation on Mary" given by Stan Escott.

Easter Sunday Service will be live streamed from the Manchester Church of the Brethren at 9:30 a.m. in the Chapel.

