



HELLO
january

Have You Met Timbercrest's New Director of Development?



We welcomed Brooke Vanderpool to the team mid-December. Though new to working at

Timbercrest, Brooke is no stranger. Her grandmother, Peggy Workman, lived at Timbercrest for 10 years before she passed away in June of 2022.

Following her graduation from Whitko High School, Brooke obtained her Bachelor's degree from Indiana University – Purdue University Indianapolis. Early in her career, Brooke worked in the Life, Health, Property and Casualty Insurance world. In 2019 she took the reigns at Manchester Alive; Main Street - Chamber Alliance (where I, Adrienne, was fortunate to work alongside her) Brooke was instrumental in seeing our local businesses through the Covid pandemic.

Most recently, Brooke used her tenacity and heart for giving back to others in her work as the Director of Fund Development and Marketing at The ARC of Wabash County. It is a similar capacity that she comes to Timbercrest as the Director of Development, a position last held by Faith Miller several years ago.

Brooke and her husband, Ben, bought and restored a historic house in town proudly making North Manchester their home. They are busy loving the adventures that come with raising 3 boys; Luke age 14, Lincoln age 10, and Lawson age 5.

Snowy Days Ahead

Indiana weather is a fickle beast and we just never know what it's going to throw at us. One thing we can know for certain is that the Timbercrest Grounds and Maintenance crews will go to bat for us and keep our roads, driveways, parking lots and sidewalks as safe as possible.

Crews arrive on scene at 5:00 a.m. to begin plowing the parking lots and streets throughout the campus. Once they catch up and it looks like they might be able to keep the roads clear, they will move onto sidewalks and driveways. Priority goes to keeping roads clear for emergency vehicle access.

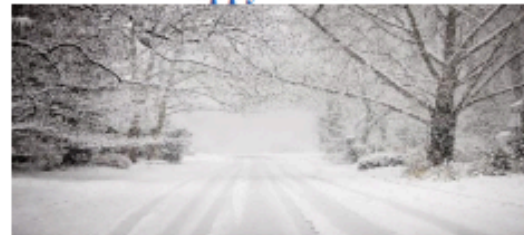
There are a few ways you can help.

1. Keep vehicles parked in garages and carports when possible.
2. Avoid walking the roads and sidewalks while machinery is working. They are loud and the operator may not be alerted to your presence.
3. Keep walks and driveways clear of decorative pieces.

Let's be honest, this is one of the top reasons people move to Timbercrest to begin with. We no-longer have to do the shoveling!

We are aware that our guys are very efficient and do a fantastic job keeping our roads clear. However, be cautious, just because things look clear on campus, we cannot be sure the county and state roads will be safe. When in doubt, don't go out!

Happy Winter!



TUG

Technology Users Group

The monthly TUG meeting will be held on **Thursday, January 9 at 10 AM in the Conference Room.** Anyone who uses personal technology devices is welcome to attend, even if you aren't having problems or have questions.

There will be a refresher demonstration about the features of Windows 11 File Explorer. Knowing how to use File Explorer will make working with all types of files (documents, photos, etc.) much easier.

Also, the TUG website contains lots of useful information about various topics which have been demonstrated/discussed at previous meetings. The address for the TUG website is: <https://tug.timbercrest.org/>. Check it out!

Contemporary Book Club

The Contemporary Book Club meets every **Friday afternoon from 3:00 p.m. until 4:30 p.m. in the Conference Room.** They are discussing the book "Life After Doom" by Brian McLaren. The book addresses the dominant realities of our times: ecological, economic, and civilization collapse. Wisdom and courage for a world falling apart. Questions contact David Doudt at 260-578-4748.

The Ole Farmer's Club Inaugural Session



Bill and Mary Earle moved to Hickory Lane early last fall. Bill is still adjusting to retirement life. Mary, trying to find things to fill Bill's time, had the great

idea to start a men's group of retired farmers and agricultural workers. So, I am taking Mary's great idea and we are going to hit the ground running with it!

The Ole Farmer's Club will meet twice a month on the 1st (January 6) and 3rd (January 20) Mondays at 9:30 a.m. in the Nook. What do retired farmers do when they get together? Drink coffee and eat donuts of course! Sorry ladies, this group is for men only.

We will use the first meeting to get to know each other and bounce around some ideas for the group. We can brainstorm discussion topics, invite area farmers in to join us, and take a few field trips, pun intended. See you there!

Breakfast Out with Carol

Sticking close to home this month, Carol and her crew are going to give **The Crystal Main Street Grill** a try. Join them for a hearty breakfast on **Tuesday, January 7.**

The Crystal is family owned and operated and has been a downtown staple for many years now. Their omelets are huge and breakfast is available all day!

You are responsible for the cost of your meal & gratuity. **The bus will leave from the Hub at 8:30 a.m. Sign up in the notebooks at Rose Garden or Courtyard.**

Reader's Theater Returns

Timbercrest has offered Reader's Theater in the past. We'd like to do something a little different in 2025. Those interested in Reader's Theater may meet in the **Resident Activity Room on Monday, January 6 at 3:00 PM.**

In 2025, the group will work on partner or small group pieces to perform in Crestwood and in the Assembly Room with Carol during what was the Storytelling performances. During the year, there will be one larger performance of Reader's Theater involving as many as are interested, something like a play but actors read from scripts.

Any who are interested are welcome to attend the meetings in January (Mondays at 3 PM in the RAR). During these initial meetings, we will discuss the needs for the year and the interests of the group. If you would like to do a little, great! If you would like to perform every time, greater! Carol will continue to tell stories which makes the monthly performances Show and Tell!

Weekly Bingo Games

Join the fun at Bingo in the **Resident Activity Room Mondays and Fridays at 11:00 a.m.**

Due to scheduling conflicts, we often find ourselves in need of someone to call Bingo. If you are interested in occasionally being called upon for this favor, please let Jennifer Gearhart know by calling (260-982-3959).

Alumni Showcase Manchester University

You are invited to join Manchester University for their Alumni Showcase Series of 2025. Alumni and students from Manchester will share their experiences and accomplishments.

All of the events are held virtually via Microsoft Teams. Tim Ritchey Martin has graciously offered to be the tech guru for these events, allowing us to participate as a group in the **Timbercrest Chapel**. The schedule is as follows:

Wednesday, January 8 at 7:00 p.m. -

Connie Snyder Mick '94, Ph.D. directs the Poverty Studies Interdisciplinary Minor at the University of Notre Dame and serves as the Director of Academic Affairs for the N.D. Institute for Social Concerns.

Tuesday, January 21 at 7:00 p.m. – Dean Heather Twomey '96 and Gilbert college of Business students will share about their Jan Term travels to Italy, Switzerland, and Paris where they studied international business practices and how they compare to the practices in the United States.

Tuesday, January 28 at 7:00 p.m. – Manchester Model UN Organization recently participated in the Indiana Consortium for International Programs Model UN Security Council conference. They will talk about the 4 delegates that were selected by their peers to receive awards.

Eel River Community CoB Lunch with the Pastors

The Eel River Community Church of the Brethren gathers for lunch with the Pastors on the second Friday (**Friday, January 10**) of every month. They meet at **12:30 p.m. in The Nook**.

Anyone is welcome to attend, especially those with any connections with Eel River Community CoB. The meal includes a salad, entrée, dessert, and beverage. Indicate special dietary needs when you sign up. Cost is \$12 per person, paid to the Timbercrest Receptionist. Residents that have a meal contract do not have to pay! You can call Carolyn Bollinger with any questions at 260-982-2722.

Sign up in the notebook outside the Courtyard Dining Room by Wednesday, January 8.

Our Grocery Cart Food Delivery System

Food distributed on the second Wednesday of the month comes from the Second Harvest Tailgate at the Manchester Church of the Brethren. This is a resident sponsored program with a goal of providing a variety of interesting food choices to encourage us to cook and eat healthy meals and try some new foods.

The schedule for food delivery to apartments in the Manor on **Wednesday, January 8** is:
1:30 – 2:30 p.m. Distribution to Residential Residents in the Manor

2:00 – 3:00 p.m. Neighborhood Home Residents may pick up food in the Resident Activity Room.

If you won't be home, ask a friend to get some food for you. Depending on when the last car comes back with food, the distribution may run a little later than scheduled.

If residents in assisted living want a snack, please tell us what kind of snack items you would like to receive. When the items are available, we can deliver some to your apartment. If residential residents do not want us to stop and offer you food, please let us know. If residents in the neighborhood homes have mobility issues and need some food delivered to your home, please contact us.

If the wind chill factor is below zero, Second Harvest will cancel the tailgate. If we feel it isn't safe for us to be out in the weather, we can cancel the distribution.

We can use more volunteers to drive a car to the church to get food or to deliver food in the Manor and to neighborhood homes. We can use both regular and substitute volunteers.

If you have a special request regarding the food delivery or if you want to volunteer to help, or if you have other questions, please call Mary Ebey at 982-2366.

Show & Tell

Formerly Storyteller Showcase

The Storyteller Showcase on **Friday, January 10** will take on a new structure this month. Carol Gebert has enlisted members of the Reader's Theater to assist her in telling stories each month. Catch their stories at **2:00 p.m. in the Health Care Family Room** and again at **2:45 p.m. in the Assembly Room**.

Pre-School Visitors



Timbercrest has been in a partnership with Manchester Elementary School's Pre-School class for a year now. What began as a one-time visit last Christmas has developed into a monthly chance to

spend an hour with our small friends. We typically do a small activity or craft with them, play with the always loved play-doh, and enjoy a snack. Come have fun with us on **Monday, January 13 at 1:00 p.m. in the Assembly Room.**

Timbercrest Book Club:

The Timbercrest Book Club meets on the **second Monday (January 13) of every month in the Conference Room at 2:00 p.m.**

This month we are reading "The House on Mango Street" by Sandra Cisneros. Structured as a series of vignettes, it tells the story of Esperanza Cordero, a 12-year-old Chicana girl growing up in the Hispanic quarter of Chicago. If you are interested in joining, books can be picked up from Jennifer Gearhart's office in the Hub. We love new members!

Memoir Writing Group

The memoir group extends a special invitation to all Timbercrest people to join us on the **second and fourth Tuesdays of the month at 2:00 p.m. in D Wing lounge.** Here are our topics to write about and then read aloud for upcoming meetings:

January 14: A New Year

January 28: A Success

If you prefer to write about something else, that's fine—or just come to listen.

Questions? Contact Eileen Flory, 982-0088, eflory@peak.org.



National Hot Chocolate Day

Friday, January 31 is National Hot Chocolate Day! Stop by Adrienne's office throughout the day for a steamy cup of goodness!

"What is Friends of Manchester University" for \$200, Ken.



Friends of Manchester welcomes Dr. Kathy Davis on **Tuesday, January 14, 2025 at 6:30 p.m. in the Chapel.** You may have seen Kathy this

fall when she participated on the TV show, Jeopardy...brave woman!

She's titled her speech, "How Good Pedagogy is Like (or Not Like) Jeopardy." Kathy is a chemistry professor at Manchester University and chemistry and TV shows sound like an interesting mix; we'll hear about both. Please join us, whether you've had the Manchester College experience or not, all are welcome for this special evening.

Fellowship Hour New Year – New Information

It's a New Year and we have new groups and clubs to share with you! Come learn all about the various groups and clubs available to you at Timbercrest on **Friday, January 17 at 2:00 p.m. in the Assembly Room.**

We have a full agenda that will begin with the introduction of new family members. We've had several move in since our last gathering in October. Then we will honor Donna Hartog on her recent retirement from Timbercrest nursing. Once that business is out of the way, we will move into information sessions on the various groups and clubs available at Timbercrest followed by the most important part...snacks!

Tuesday Matinee "Wonder"

Spend the afternoon of **Tuesday, January 21 at 2:00p.m. in the Chapel** watching the heartwarming movie "Wonder" starring Jacob Tremblay and Julia Roberts. Born with a facial deformity young Auggie was homeschooled by his mother (Julia Roberts). After lots and lots of surgeries, Auggie and his mother are ready to try attending public school for middle school. His new classmates struggle to find their compassion and accept Auggie. Auggie proves that you can't blend in when you were born to stand out!

Cultivating Life and Light Seniors for Peace



Timbercrest Seniors for Peace invites you to join them in the **Chapel on Thursday, January 23 at 10:00 a.m.** for a presentation by Beate Gilliar.

Beate has been an English Professor at Manchester University for over 30 years. You may have experienced her encouraging and delightful Writing Class at The North Manchester Public Library. She continues many international connections that go way back to being born in Germany. You may have some of her small personal artwork which have been widely distributed at Timbercrest being displayed on a shelf in your home. Come prepared to enter into lively interactive conversations.

Paint Your Partner

There is a fun new trend circulating the internet and Carol has been dying to give it a try. Here's the scoop...come to the **Resident Activity Room at 2:00 p.m. on Thursday, January 23** and bring your partner or a friend.

You will sit across the table from each other with a canvas propped on easels for each of you. Then you will be asked to paint a portrait of your partner. All skill levels are encouraged to try! The worse your painting skills are, the more comical your portraits will be! **Sign up in the notebooks at Rose Garden and Courtyard** to ensure we have enough supplies.

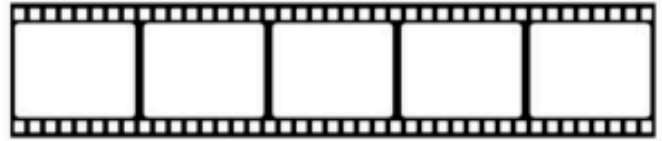
Hymn Sing

The Old German Baptist Brethren

The Old German Baptist Brethren would like to invite you to join them for a Hymn Sing on **Sunday, January 26 at 6:30 p.m. in the Assembly Room.**

Though they currently don't have any church members residing at Timbercrest, they would still love to welcome all of us to participate. They will host this interactive hymn sing every 4 weeks through the winter months. The next one will be on Sunday, February 23.

I encourage you to join them and show their members what a fantastic home we have in Timbercrest!



Timbercrest Film Committee Presents January Films *Come to the Chapel for our films*

Friday, January 3: Won't You Be My Neighbor
7:00 p.m. – Chapel

Run Time: 1:45 hours w/subtitles

This film takes an intimate look at Fred Rogers, a creative genius who inspired generations of children with compassion and limitless imagination. There hadn't been anything like Mister Rogers on television before and there hasn't been since.

Friday, January 17: The March of the Penguins
7:00 p.m. – Chapel

Run Time: 1:20 hours w/subtitles

In the Antarctic, every March since the beginning of time, the quest begins to find the perfect mate and start a family. This courtship begins with a long journey - a journey that will take them hundreds of miles across the continent by foot, one by one in a single file. They will endure freezing temperatures, in brittle, icy winds and through deep, treacherous waters. They will risk starvation and attack by dangerous predators, under the harshest conditions on earth, all to find true love.

Resident E-Mail Directory

Timbercrest maintains a private directory of resident e-mail addresses which is only made available to those residents who choose to be included. Please contact the front desk if you want your name and e-mail address to be listed. Then you will receive a copy of the directory. Also, if your copy of the directory is outdated, you can request an updated version at the front desk.

Game Night with Mike and Lucy

Join Lucy and Mike McKinley for an evening of cards, billiards, shuffleboard, dominoes, board games and refreshments **Wednesday, January 29 at 6:00 p.m.** in the Recreation Room.



Oasis

Come for inspiration and reflection every **Wednesday at 4:00 p.m.** in-person in the Chapel.

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| January 1 | “What’s a Story Worth” –
Doug Reichenbach |
| January 8 | Epiphany – Karen Eberly |
| January 15 | “When God Doesn’t Heal You”
- Ed Gebert |
| January 22 | More about New Zealand –
Graham Groombridge |
| January 29 | Piano Program – Becky Cordes |

Come to Oasis in person. It is also broadcast live on the Timbercrest Senior Living YouTube Channel and can also be viewed at a later time on the YouTube channel.

Exercise Opportunities

Our exercise classes have undergone some exciting changes!

- Chair Aerobics – **Monday through Friday at 9:30 a.m. in the Recreation Room**
- Chair Yoga – **Monday at 10:00 a.m.**
- Strength Training – **Tuesdays and Thursdays at 10:00 a.m. in the Recreation Room**
- Walk & Roll – **Wednesday at 10:00 a.m.; Rose Garden Lounge**
- Chair Tai Chi – **Friday at 10:00 a.m. in the Recreation Room**

Carol will host training sessions in the Fitness Center **Tuesdays and Thursdays, 10:30-11:00**. If the equipment seems intimidating, you find equipment difficult to adjust alone, or you just want company, join Carol for a simple workout in the Fitness Center.

January Chapel Schedule

Come to Chapel to hear thoughts from scripture, prayer and other inspiration. Devotions are **Tuesday, Thursday and Friday at 9:00 a.m.** Oasis (see pg 2) is **Wednesday at 4:00 p.m.** weekly. **Worship Service at Manchester Church of the Brethren is live streamed in the Chapel at 9:30 every Sunday morning.**

January Speakers:

- Jan 2 – Brian Smith – Warsaw UMC
- Jan 3 – Cora Deter – message from Frances Townsend
- Jan 7 – Audri Svay – Church of the Brethren
- Jan 9 – Linda Immel – First Brethren Church
- Jan 10 – Ray Hedstrom – Timbercrest Resident, UMC
- Jan 14 – Brice Bedke – Church of Jesus Christ of Latter-Day Saints
- Jan 16 – Marilyn Kieffaber – Manchester CoB
- Jan 17 – David Wagner – Collamar Christian Ch
- Jan 21 – Jack Fisher – Timbercrest Resident, CoB
- Jan 23 – Ron Burns – First Brethren Church
- Jan 24 – JP Freeman – Interim Zion Lutheran
- Jan 28 –
- Jan 30 – Mike Sheehan – Paw Paw Community Church
- Jan 31 – Doug Reichenbach – Eel River CoB

Thanks to the Chapel Planning Committee for scheduling these dedicated speakers!

Midweek Breaks

A tasty treat is served each **Wednesday from 2:30-3:30 p.m.** in The Nook. This month features:

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| January 1 | No Treats – New Year’s Day |
| January 8 | Treats from <i>Beth Sollenberger</i> |
| January 15 | Hot Chocolate Bar |
| January 22 | Ice Cream Truck |
| January 29 | Popcorn Parlor |

Shopping Guidelines

Weekly Local Shopper

- 1) *Tuesday is the only day for local shopping.*
- 2) Shopping lists are due at Jennifer Gearhart’s office **by 8:00 p.m. Monday evening.**
- 3) Shopping pick-up time is **after 2:00 p.m.** on Tuesday.
- 4) Items will be clearly labeled and available for **pick up in the Resident Activity Room.**
- 5) ***All purchases will be charged to your Timbercrest account.***

Chinese New Year

Celebrate the Chinese New Year with us on **Wednesday, January 29**. There will be several ways to celebrate throughout the day.

Make Chinese Calligraphy Art with Adrienne at **10:00 a.m. in the Resident Activity Room**. We will use stencils to paint traditional Chinese characters for “good fortune”, “spring”, and other well wishes.

During the Popcorn Parlor in the **Nook (2:30 p.m. – 3:30 p.m.)** have some fun with a Chinese Tea Tasting. Tea plays a major role in Chinese culture and there’s no better way to celebrate than by sampling a selection of traditional Chinese teas such as jasmine, oolong, or chrysanthemum.

As you walk around the manor throughout the day, be sure to stop by the display table across from Adrienne’s office for more Chinese New Year fun!

A Friendly Lift Will Get You There

Friendly Lift drivers take non-drivers to non-medical destinations. They are paid independently to take people shopping, visit family and friends, for joy rides and more. For details, see Jennifer Gearhart.

- Carolyn Bollinger, 982-2722
- Tim Ritchey Martin, 982-0031
- June Stealy, 982-0055
- Marie Willoughby, 982-6970

New Transportation Service Available

We recently became aware of a transportation service available to Veterans in our area. Disabled American Veterans of Wabash County is now offering transports to any doctor appointments **free** of charge.

They do ask for at least a two-week advance notice when possible. Unfortunately, at this time, they are not equipped to transport wheelchairs. Arrangements can be made through Jennifer Gearhart by calling 260-982-3959 or directly with the DAV coordinator, Janice Azbell at 765-251-5908.



If you have something you would like featured in the Timberline or a group you would like highlighted, please email Adrienne @ akamphues@timbercrest.org

