SUN	MON	TUE	WED	THUR	FRI	SAT
1 9:30 1-1 Visits * 9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers *	**2** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	**3** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Fit and Fun 10:00 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Crafting Corner - St Patrick's Shamrocks 3:00 Muscle Movers * 3:30 Active games 5:15 Evening Activities - Janice	**4** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	**5** 9:30 1-1 Visits * 9:30 Morning with Staff 10:00 Aroma Pleasers with staff * 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Teaching Kitchen 3:00 Muscle Movers * 3:10 Folding 5:15 Evening Activities - Melissa	**6** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	**7** 9:30 1-1 Visits * 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Melissa 3:00 Muscle Movers * 5:30 Game Show Night*
8 **Daylight Savings Time Begins** 9:30 1-1 Visits * 9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers *	**9** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	**10** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Fit and Fun 10:00 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Gaming with Friends 3:00 Food Social 3:00 Muscle Movers * 3:30 Active games 5:15 Evening Activities - Lorri	**11** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music **2:00 Music with Brian - Irish Songs** 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	**12** 9:30 1-1 Visits * 9:30 Morning with Staff 10:00 Aroma Pleasers with staff * 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 1:30 Baking 3:00 Food Social 3:00 Muscle Movers * 3:10 Folding 5:15 Evening Activities - Jennifer	**13** 7:30 Gentleman Irish Breakfast 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music **2:00 Anna Hagen Harpist (Assembly Room)** 2:00 Storytelling w/Carol 2:30 Praise and Worship 3:00 Muscle Movers * 6:00 Friday Night Movie	**14** 9:30 1-1 Visits * 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Jennifer 3:00 Muscle Movers * 5:30 Game Show Night*
15 9:30 1-1 Visits * 9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers *	**16** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time **1:00 Pre-Schoolers Visits (Crestwood)** 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	**17** **St. Patrick's Day** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Fit and Fun 10:00 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music **2:00 St Patrick's Day Party** 3:00 Muscle Movers * 3:30 Active games 5:15 Evening Activities - Melissa	**18** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	**19** 9:30 1-1 Visits * 9:30 Morning with Staff 10:00 Aroma Pleasers with staff * 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:10 Folding 5:15 Evening Activities - Carol	**20** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music **2:00 Readers Theatre - "The Good Doctor" (Assembly Room)** 3:00 Muscle Movers * 6:00 Friday Night Movie	**21** 9:30 1-1 Visits * 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Carol 3:00 Muscle Movers * 5:30 Game Show Night*

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Crestwood - Scheduled programs subject to change

SUN	MON	TUE	WED	THUR	FRI	SAT
22 9:30 1-1 Visits * 9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers *	**23** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	**24** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Fit and Fun 10:00 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Volleyball 3:00 Muscle Movers * 3:30 Active games 5:15 Evening Activities - Jennifer	**25** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Strength Training 10:30 Java Drip - Snack Time 10:40 Trivia 11:00 Balloon Toss 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 3:00 walking Club 5:30 Active Games *	**26** 9:30 1-1 Visits * 9:30 Morning with Staff 10:00 Aroma Pleasers with staff * 10:00 Hymn Sing or Lively Steppers 1:00 Rest and Reset with soothing music 1:30 Baking 3:00 Food Social 3:00 Muscle Movers * 3:10 Folding **4:30 Date Night** 5:15 Evening Activities - Janice	**27** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Light and Lively 10:30 Java Drip - Snack Time 10:30 Word Games 1:00 Rest and Reset with soothing music 2:00 Praise and Worship 3:00 Muscle Movers * 3:00 Resident Meeting 6:00 Friday Night Movie	**28** 9:30 1-1 Visits * 10:00 Morning with Staff 1:00 Rest and Reset with soothing music 1:15 Afternoon Activities with Activity Staff - Janice 3:00 Muscle Movers * 5:30 Game Show Night*
29 **Palm Sunday** 9:30 1-1 Visits * 9:30 Manchester Church of the Brethren Live Stream 10:30 Morning with Staff 1:00 Rest and Reset with soothing music 3:00 Manicures * 3:00 Muscle Movers *	**30** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Chair Tai Chi 10:30 AXE Throwing 10:30 Java Drip - Snack Time 1:00 Rest and Reset with soothing music 2:00 Bingo 3:00 Muscle Movers * 5:30 Sing-a-long *	**31** 9:30 1-1 Visits * 9:30 Devotions 10:00 Aroma Pleasers with staff * 10:00 Fit and Fun 10:00 Music Memories 10:30 Frisbee Bowling 1:00 Rest and Reset with soothing music 2:00 Crafting Corner - Easter Wreaths 3:00 Muscle Movers * 3:30 Active games 5:15 Evening Activities - Carol				

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