



Buddy Walks

Once upon a time, in our Pre-Covid Era, staff and residents participated in the Buddy Walk program.

Participating staff members would randomly be paired with a resident participant. You are required to walk 15 minutes per week but, of course, we would encourage you to do more. You are welcome to walk the indoor loop of the manor, 15 minutes on the treadmill, or take advantage of the weather and venture outside.

Wheelchairs are welcome to participate!

A walking journal will be given to you with your Buddy assignment. Use the journal to log your time, miles or steps. You can also use your journal to log any feedback, insights or remarks that you like. Every Friday, report your participation to Adrienne in the Hub and claim your weekly prize. You do not have to come together to claim your prize but please remember to bring your journal.

Buddy Walks will begin on **Monday, September 16** and end with a Buddy Luncheon on **Friday, October 18 in the Nook.**

If you would like to participate in our Buddy Walk Program, fill out the registration form inserted in this month's Timberline and return it to Adrienne via Campus Mail or leave it in her office no later than Wednesday, September 11. This will ensure that everyone learns who their Buddy is before Monday.

Questions can be directed to Adrienne by calling (982-3940) or emailing, akamphues@timbercrest.org.

Flash Back to the 1950's

The 1950s was a decade marked by the post-World War II boom, the beginning of the Cold War and the Civil Rights Movement.

The United States was the world's strongest military power. Its economy was booming, and new cars, suburban homes, and other consumer goods were available to more people than ever before.

Come along with us as we flash back to the 1950s throughout the month of September! The "A Street" corridor will display resident and employee pictures from the decade. You should have received a flyer with details on how and when to submit your photos for display.

Timbercrest Community Farmers Market

You read that right, Timbercrest is bringing the Farmers Market to you on **Tuesday, September 17**. Vendors will be set up in the Assembly Room from **5:00 p.m. until 7:30 p.m.** for your shopping pleasure.

The vendor line-up is still a work in progress, however we have a great prospect list. You will need cash for this any purchases as we are unsure if vendors will be able to accept credit or debit cards.

Do you have a prospective ware? We'd love to have you be a part of our market as well. Maybe your garden plot was extra bountiful this year? Talk to Adrienne about booth space!

We are very excited about this event. If all goes well, we will continue it next summer.



SHEPHERD'S CENTER PROGRAMS

Sept 4

Current Events – **Medtalk, Rick Hoover, MD Forensic Pathologist** – “Forensic Pathology – Everything you didn’t want to see”

AiL – **Susan Jones** – “Bringing Nature Home”

SEPT 18

Current Events – **Camilo Velasquez** – “The Ortega Dictatorship: Repression in Nicaragua”

AiL – **Tony Cassel** – Manchester Community Schools Superintendent

The meetings begin at **9:30 AM** for Current Events and **10:30 AM** for Adventures in Learning.

Transportation will be available **leaving from the Hub at 9:15.**

Sign up in the Notebooks at Rose Garden and Courtyard

TUG

Following our summer hiatus, the Technology Users Group (TUG) will resume meeting on **Thursday, September 12, in the Conference Room at 10 AM.**

The focus of this meeting is a "Welcome Back!" discussion about technology-related news/questions/comments. Bring your suggestions for upcoming meeting TUG Tips/Topics.

Our meetings are both for getting technology help/answers and for education about technology usage. All residents who use personal technology devices (computers, printers, smart phones, tablets, etc.) are welcome to attend our monthly meetings.

Giant Crossword

Do you enjoy crossword puzzles? Join Carol in the **Resident Activity Room on Thursday, September 5 and September 19 at 2:00 p.m.** for Giant Crossword.



Oasis

Come for inspiration and reflection every **Wednesday at 4:00 p.m.** in-person in the Chapel.

September 4	EvenSong Anniversary David Lawrenz
September 11	Shared Prayers
September 18	Vocal Solos Jeff Smith
September 25	Word & Music JP Freeman

Come to Oasis in person. It is also broadcast live on the Timbercrest Senior Living YouTube Channel and can also be viewed at a later time on the YouTube channel.

Contemporary Book Club

The Contemporary Book Club will resume on **September 6 at 3:00 p.m. in the Conference Room.** They are reading and discussing “His Truth is Marching On: John Lewis and the Power of Hope” by Jon Meacham. It’s the story of John Lewis, the Civil Rights Activist. The book is available on Amazon for \$4.96. Contact David Doudt with questions @ 260-578-4748.

Sewing Sisters

Join us on the Monday, **September 9 at 1:00 p.m.** to "tie" comforters for the Linus Project - no experience needed. Quilts and comforters go to children in hospitals and other facilities. (projectlinus.org). As of the end of June we had donated 77 quilts this year.

You can also volunteer to make quilt tops, or finish quilts at home Stop by the Quilting Room, weekday mornings for details.

Jackson Pollock Art Lesson

Channel your inner Jackson Pollock and paint with us on **Friday, September 6 at 3:00 p.m. in the Courtyard.**

Paul Jackson Pollock was an American abstract expressionist painter. He was widely known for his drip technique of pouring or splashing paint onto a horizontal surface. As you can imagine, this is a very messy way to make art. Because of that, we will set up in the grassy area of the Courtyard, weather permitting. As a fun addition we will also throw paint at Carol, rather I mean at a canvas Carol happens to be holding. The canvas will be displayed in Carol's office.

Please sign up in the notebooks at Rose Garden and Courtyard.

Oldies but Goodies

Join us in welcoming the musical group "Oldies but Goodies" on **Monday, September 9 at 2:00 p.m. in the Assembly Room.**

"Oldies but Goodies" is a group of retired citizens of Wabash County. Led by Guitarist, Gary Norman, the group consists of 2 men and 3 women. One of the group members is Lin Metzger, resident of Independent Living here at Timbercrest.

The group was formed out of the original group of "Sharp Creek Singers". "Oldies but Goodies", like their name, love to sing songs from the 50's, 60's and 70's, along with Country and Gospel. They spend most of their time entertaining at First Fridays in Downtown Wabash and singing at special occasions and nursing homes in Wabash and the surrounding areas.

Timbercrest Book Club:

The Timbercrest Book Club will meet **Monday, September 9 in the Conference Room at 2:00 p.m.** If you are interested in joining, text or call Marilyn at 260-578-5008. We love new members!

Memoir Writing Group

We meet on the **second and fourth Tuesdays of the month at 2:00 p.m. in D Wing Lounge.** We choose topics to write about in between times, and then we read to the group at our meetings. Sometimes a member might write about some other topic, or just come to listen. We always have a good time. Questions? Contact Eileen Flory, 982-0088, eflory@peak.org.

An Evening with Pianist Jodie DeSalvo The Honeywell House

On **Tuesday, September 10 at 7:00 p.m.** Jodie DeSalvo will offer a free concert at the Honeywell House.

Jodie will feature classical and jazz interpretations of keyboard masters. Experience her illustrious career and unique stage presence firsthand in the intimate setting of the Honeywell House.

Timbercrest has reserved only 10 tickets so sign up quick! The bus will leave from the Hub at 6:00 p.m. **Sign up in the notebooks at Rose Garden or Courtyard.**

Our Grocery Cart Food Delivery System

Food distributed on the second Wednesday of the month comes from the Second Harvest Tailgate at the Manchester Church of the Brethren. This is a resident-sponsored program.

The schedule for food delivery on **Wednesday, September 11** is:

- 1:30-2:30 p.m. Distribution in the Manor
- 2:00-3:00 p.m. Neighborhood Home residents may pick up food in the Resident Activity Room before or after the snack in The Nook.

If you won't be home, ask a friend to get some food for you. We can use more volunteers to drive a car to the church to get food or to deliver food in the Manor. We can use both regular and substitute volunteers. If you would like to help, please call Mary Ebey at 982-2366.

Walmart, Here We Come!

Shop at Wabash Walmart on **Thursday, September 12 departing from the Hub at 1:00 p.m.**

Shopping lists for those unable to go must be in **CAMPUS MAIL ONLY** by **NOON, September 12.** Remember to include a phone number where you can be reached in case the shopper has questions.

Sign up in the notebooks at Rose Garden or Courtyard.

Teaching Kitchen Coming Up

Dining Services will host a Teaching Kitchen **Thursday, September 19 at 3:00 p.m.** in The **Nook**, for both Manor and Neighborhood Home residents. Group size is limited. **Sign up in the notebooks at Rose Garden and Courtyard.**

Whirled Peace



That is not a spelling error! In conjunction with International Day of Peace and the Church of the Brethren Gun Violence Prevention Action Team, Timbercrest residents will have the opportunity to make pinwheels to display. We will gather in the **Resident Activity Room on Thursday, September 12 at 3:00 p.m.** to craft our whirling gizmos.

Pinwheels will be sturdy enough and weather proof so that they can be displayed outside. International Day of Peace is on Saturday, September 21. **Sign up in the notebooks at Rose Garden or Courtyard.**

Storyteller Showcase

Flashback to the 1950's with Carol, our very own storyteller, on **Friday, September 13 at 2:45 p.m. in the Assembly Room.**

Carol will share stories featuring the 1950's and the James Dean Effect. You may be encouraged to share any personal experiences from that era.

Serendipity Bible Study Groups

Everett Shattuck leads Serendipity Bible studies, incorporating sharing and discussion in the context of Bible passages. These low-key studies are geared for people new to Bible study and long-time Bible students. "Serendipity" comes through mutual discovery and reflection.

- **Fridays, September 13 & 27 at 9:30 a.m. in G Wing Lounge**, led by Everett Shattuck.

Folk Musician Robert Farmer

Robert Farmer will perform in the **Assembly Room on Friday, September 13 at 6:00 p.m.**

Robert is from Fort Wayne, Indiana and performs regularly at Peabody Retirement Community. He plays a variety of folk, country, blue grass and worship music.

Dementia Learning Group

Family, caregivers and friends of persons with dementia are welcome to the Learners' Group, **Monday, September 16 at 6:30 p.m.** in The Nook.

This group is open to Timbercrest and the general public. The mutual sharing and support are positive and helpful for those involved.

Jake Shimabukuro



Jake Shimabukuro is back for an outdoors concert at the beautiful Sweetwater Pavilion on **Saturday, September 14 at 7:30 p.m.**

Jake showcases his tremendous skills in jazz, rock blues, bluegrass, folk and classical music on his ukulele. He has become one of the most exceptional and innovative ukelele players in the history of the instrument, drawing comparisons to artists such as Jimi Hendrix and Miles Davis.

The cost of the trip is \$25 and must be paid to Adrienne no later than Friday, September 6. The bus will leave from the Hub at 6:15 p.m. Sign up in the notebooks at Rose Garden and Courtyard.

Eel River Community CoB Lunch with the Pastors

The Eel River Community Church of the Brethren gathers for lunch with the Pastors on the second Friday of every month. They meet at **12:30 p.m. in The Nook.** This month's luncheon is **Friday, September 13.**

Anyone is welcome to attend, especially those with any connections with Eel River Community CoB. The meal includes a salad, entrée, dessert, and beverage. Indicate special dietary needs when you sign up. Cost is \$12 per person, paid to the Timbercrest Receptionist. Residents that have a meal contract do not have to pay! You can call Carolyn Bollinger with any questions at 260-982-2722.

Sign up in the notebooks at Rose Garden and Courtyard by Wednesday, September 11.

Table Tennis for Fun and Fitness

Table tennis in the Recreation Room is each **Tuesday and Thursday at 2:00 p.m.** All skill levels are welcome, and new players are encouraged.

Lecture Series Manchester University

The Manchester University Lecture Series resumes on Wednesday, September 4 at 11:00 a.m. Timbercrest transportation is not guaranteed. Watch the bulletin boards and notebooks for information.

Crafting with Molly



Crafting with Molly will resume on **Monday, September 16 at 2:00 p.m. in the Resident Activity Room.**

Molly Magnus is the Programming Coordinator of North Manchester Public Library. Molly comes up with fun craft ideas for us every

month. There is no cost to participate and fun is had by all!

September's craft will be geometric fruit using paint samples as the medium. To ensure that we have enough supplies, please **sign up in the notebooks at Rose Garden or Courtyard.**

Lunch Out with Adrienne

Join Adrienne for lunch out on **Tuesday, September 17 at Papa Vino's Italian Kitchen** in Warsaw, Indiana.

Papa Vino's boast about their great Italian cuisine and impeccable service. Prices on the lunch menu range from \$10 to \$20. A menu is available in Adrienne's office or on their website.

You are responsible for the cost of your meal & gratuity. **The bus will leave from the Hub at 10:45 a.m. Sign up in the notebooks at Rose Garden or Courtyard.**

Patio Series

Our first annual Summer Patio Series concludes on **Wednesday, September 18 at 6:00 p.m. in the Courtyard.**

For this final event we are inviting back Nate Grossman and friend. These gentlemen played for us at our June event. Because of extreme heat we moved them inside the Hub. I'm excited to welcome them back and hope to be able to experience them in our beautiful Courtyard.

I encourage you to invite your friends and family to enjoy an evening under the setting summer sun with some great music and fellowship. These events are open to the public and free of charge. Remember to bring your lawn chair, picnic blankets, sun hats and maybe bug spray.

Thank you so much for supporting this vision of mine. We've had great attendance at each event. I look forward to continuing this annually and finding more hidden gems in our surrounding communities to perform for us!

Shuffleboard and Lawn Games

Venture out to lawn along Timbercrest Drive on **Thursday, September 19 at 3:00 p.m.** for shuffleboard, Boules, Croquet and Corn Hole.

This is just an opportunity for fellowship and friendly games. We will not play tournament style. You can participate as much or as little as you like. Bring a lawn chair along if you just like to be a spectator.

Reader's Theater Fellowship Hour

Timbercrest Readers Theater group will perform during this month's **Fellowship Hour on Friday, September 20 at 2:00 p.m. in the Assembly Room.**

The group of residents led by Carol Gebert has been working hard on this season's performance titled "You, the Jury". The skit will last approximately 45 minutes with audience participation. Bill is accused by one of his employers of stealing a sum of money. We, the jury, get to hear witness testimonies and determine Bill's fate. You don't want to miss it!

Cast members, **rehearsal dates are September 2, September 9, and September 16 at 3:00 p.m. in the Assembly Room.**

Supper on the Farm

Mike Sheehan, Director of Maintenance, is once again inviting us to his home for supper on **Friday, September 20.**

Mike and his wife Lisa live on an old farm in rural Miami County. They enjoy hosting and are excited to have us. Our meal will consist of Smoked Pork and Beans in a cast iron pot cooked over a wood fire. The Program and Services department will supply cornbread, desserts and lemonade. I encourage you to bring to-go containers, a light jacket and maybe some bug spray.

The bus will leave from the Hub at 4:00 p.m. Drivers are welcome to follow the bus or get directions from Mike. **Sign up in the notebooks at Rose Garden or Courtyard.**



September Chapel Schedule

Come to Chapel to hear thoughts from scripture, prayer and other inspiration. Devotions are **Tuesday, Thursday and Friday at 9:00 a.m.** Oasis (see pg 2) is **Wednesday at 4:00 p.m.** weekly. **Worship Service at Manchester Church of the Brethren is live streamed in the Chapel at 9:30 every Sunday morning.**

September Speakers:

Sept 3 – Rob Miller - CoB Indianapolis
Sept 5 – Amy Gall Ritchie – Manchester CoB
Sept 6 – Nan Erbaugh – Timbercrest Resident
Sept 10 – Corky Cordes – Timbercrest Resident
Sept 12 – Rosanna McFadden – Creekside CoB
Sept 13 – Denver Ayres – South Whitley Comm Ch
Sept 17 – Bryce Landon – Denver Baptist Church
Sept 19 – Cindy Dunk – Lower Deer Creek CoB
Sept 20 – Carol Gebert – Timbercrest Activities
Sept 24 – Marilyn Groves – Timbercrest Resident
Sept 26 – Todd Eastis – Camp Mack Staff
Sept 27 – Dana Hood – CoB, Retired

Thanks to the Chapel Planning Committee for scheduling these dedicated speakers!

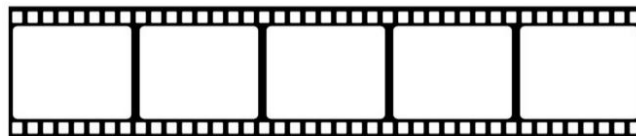
We're All About James Dean!

On **Monday, September 23** the Timbercrest bus will travel to Fairmount, Indiana to explore all things James Dean.

James Byron Dean was born on February 8, 1931 in Marion, Indiana. At 9 years old, James was sent to live with his aunt and uncle on their farm in Fairmount. After graduating from Fairmount High School in 1949, Dean enrolled in and moved to, Santa Monica College.

James Byron Dean died in a tragic automobile accident on September 30, 1955. His funeral was held on October 8 at the Fairmount Friends Church. Our afternoon will consist of a visit to the James Dean Museum, a drive by his family home, burial site at Park Cemetery and a possible stop at Ivanhoe's for ice cream.

The cost of the trip is \$8 and should be paid to Adrienne. The cost of ice cream is on you. **The bus will leave from the Hub at 12:30 p.m. Sign up in the notebooks at Rose Garden or Courtyard.**



Timbercrest Film Committee Presents
August Films
Come to the Chapel for our films

Friday, September 6: One Life

7:00 p.m. – Chapel

Run Time: 1hr 49min

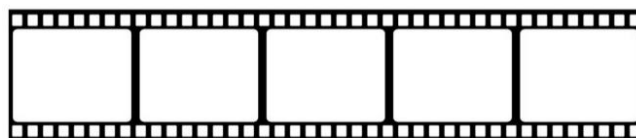
Sir Nicholas “Nicky” Winton, a young London broker who, in the months leading up to World War II, rescued over 600 children from Nazi-occupied Czechoslovakia. Starring Anthony Hopkins, Lena Olin and Johnny Flinn.

Friday, September 20: The Kite Runner

7:00 p.m. – Chapel

Run Time: 2hr 8min

Amir lives in California with his wife Soraya. He receives a call from his uncle Rahim Khan who urges him to travel to Afghanistan and rescue the son of Amir's childhood servant and friend, Hassan. Starring Khalid Abdalla, Ahmad Kahn Mahmoodzada and Atossa Leoni.



Little Friends = Lots of Laughs

School is in session and that means the return of our Pre-School Friends on **Tuesday, September 24 at 1:00 p.m. in the Assembly Room.**

What do these visits bring to Timbercrest? This is a great opportunity for some inter-generational fun. We typically have 15 students, ages 3 and 4, arrive at Timbercrest on the big yellow school bus. For most of them, this is the first opportunity they have to ride the bus. While they are here you will have the opportunity to do a craft or fun activity and we will share a snack with them.

If you have questions or suggestions, please let Adrienne know by calling 260-982-3940 or emailing akamphues@timbercrest.org. **Sign up in the notebooks at Rose Garden and Courtyard.**

Manchester Church of the Brethren Luncheon with the Pastors

Timbercrest residents who are members and friends of Manchester Church of the Brethren are invited to have lunch with their pastors **Wednesday, September 25 at noon, in the Assembly Room.**

The meal includes a salad, entrée, dessert, and beverage. Indicate special dietary needs when you sign up. Cost is \$12 per person, paid to the Timbercrest Receptionist. Residents who have a meal plan do not have to pay. Guests are welcome and should be listed on the sign-up sheet. Cost per guest is \$12.

If you need to cancel your reservation, please do so as early as possible. Contact the Timbercrest Receptionist or Amy Gall Ritchie. If you do not cancel in advance, you may incur a meal charge if you do not have a meal contract.

Sign up in the notebook at Courtyard by Wednesday, September 18. Contact Amy Gall Ritchie, 765-967-0657 or amymcob@gmail.com, with any questions. We hope to see you there!

Civic Band

The Manchester Civic Band will return to Timbercrest on **Wednesday, September 25 at 6:45 p.m. in the Assembly Room.**

If you aren't familiar, The Manchester Civic Band is a volunteer-based concert band that has been providing free music for many public events in our community since 1972. The band continues today with members ranging in age, experience, and musical education. Samantha Howard is the third person to lead and direct the Civic Band in its many years.

Game Night with Mike and Lucy

Join Lucy and Mike McKinley for an evening of cards, billiards, dominoes, board games and refreshments **Thursday, September 26 at 6:00 p.m.** in the Recreation Room.

No sign-up needed. Just come for a great evening, and maybe learn a new game.

Maintenance Request Line

For Maintenance concerns, call the Work Order Request Line @ 982-1147. Questions? Call Maintenance!

Prayer or Copper? Seniors for Peace

Timbercrest Seniors for Peace are back in action in September! They will kick-off their programming on **Thursday, September 26 at 10:00 a.m. in the Chapel.**

Prayer or Copper? Which has priority in our culture? Oak Flat, Arizona is an Apache stronghold, the home of the oak trees and a very spiritual place. Hear Cliff Kindy speak on the years long struggle between Native American groups and mining parties that both consider it a part of their future.

Cliff was part of a Peace Maker Team that stood with Native Americans early this year in a Prayer Journey to keep the land preserved for religious ceremonies.

The battle continues as their case was appealed to the Supreme Court earlier this month.



Prevention is Key!

September is National Fall Prevention Month! Timbercrest staff celebrates this key tool every day of the year. Emily from HTS Therapy will be offering a Fall Prevention Wellness program for residents on **Thursday, September 26 at 2:00 p.m. in the Assembly Room.**

I can not stress enough how important Fall Prevention is, not just for our facility, but for you in your daily lives. Many factors contribute to balance issues and fall hazards surround us in our daily environments.

I urge you to take the time to come to this wellness session with Emily. She will have new tools for us to use in our daily lives and be available for any questions you might have.

Special Edition Matinee

Join us in the Chapel on **Monday, September 30 at 2:00 p.m.** for a special showing of "East of Eden" starring James Dean.

September 30 is the 69th anniversary of the Hoosier actor's death.



The Honeywell Center

Catch Timbercrest’s resident thespian, Lin Metzger, on **Sunday, September 29 at 2:00 p.m.** in “9 to 5, the Musical”.

The production is based on the 1980 film with music and lyrics by Dolly Parton. The musical premiered in Los Angeles in 2008 and opened on Broadway in 2009. Set in the late 1970s, this hilarious story of friendship and revenge in the Rolodex era is outrageous, thought-provoking and even a tad bit romantic.

Wabash Area Community Theater has graciously provided Timbercrest with 20 free tickets. To the Sunday showing. **Tickets can be reserved through Carol by calling (982-3925) or emailing (cgebert@timbercrest.org).** Please indicate if you would like to ride the bus or are willing to drive separately.

Weekly Bingo Games

Join the fun at Bingo in the **Resident Activity Room Mondays and Fridays at 11:00 a.m.**

Due to scheduling conflicts, we often find ourselves in need of someone to call Bingo. If you are interested in occasionally being called upon for this favor, please let Jennifer Gearhart know (260-982-3959).

Midweek Breaks

A tasty treat is served each **Wednesday from 2:30-3:30 p.m.** in The Nook. This month features:

- September 4 Treats from *Beth Sollenberger*
- September 11 Cupcake Buffet
- September 18 Pineapple & Strawberry Dole Whip
- September 25 Popcorn Parlor

A Friendly Lift Will Get You There

Friendly Lift drivers take non-drivers to non-medical destinations. They are paid independently to take people shopping, visit family and friends, for joy rides and more. For details, see Jennifer Gearhart.

- Carolyn Bollinger, 982-2722
- Tim Ritchey Martin, 982-0031
- June Stealy, 982-0055
- Marie Willoughby, 982-6970

Shopping Guidelines

Weekly Local Shopper

- 1) **Tuesday is the only day for local shopping.**
- 2) Shopping lists are due at Jennifer Gearhart’s office **by 8:00 p.m. Monday evening.**
- 3) Shopping pick-up time is **after 2:00 p.m.** on Tuesday.
- 4) Items will be clearly labeled and available for **pick up in the Resident Activity Room.**
- 5) **All purchases will be charged to your Timbercrest account.**

Exercise Opportunities

Our exercise classes have undergone some exciting changes!

- Chair Aerobics – **Monday through Friday at 9:30 a.m. in the Recreation Room**
- Chair Yoga – **Monday at 10:00 a.m.**
- Strength Training – **Tuesdays and Thursdays at 10:00 a.m. in the Recreation Room**
- Walk & Roll - **Wednesdays and Fridays at 10:00 a.m.; Rose Garden Lounge**
- Chair Tai Chi – **Friday at 10:00 a.m. in the Recreation Room**

Carol will host training sessions in the Fitness Center **Tuesdays and Thursdays, 10:30-11:00.** If the equipment seems intimidating, you find equipment difficult to adjust alone, or you just want company, join Carol for a simple workout in the Fitness Center.



If you have something you would like featured in the Timberline or a group you would like highlighted, please email Adrienne @ akamphues@timbercrest.org



WATCHWORD:

And I will give them one heart, a new spirit I will put within them. I will remove the heart of stone from their flesh and give them a heart of flesh. Ezekiel 11:19

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come. 2 Corinthians 5:17

Create in me a clean heart, oh God, and renew a right spirit within me. Psalm 51:10,

Meditation:

Change of Heart

How do you change a person's heart? I can understand how someone could change another's mind with facts and a persuasive argument. But how does one change a person's heart?

There is a difference between a mind-set and a heart-set. I believe that our mind-set is something over which we have control. You make up your mind to take a stand, or to do something, to say something, or to believe something. Your decision might be influenced by others, or by circumstance, or even by the weather. You could be firm and unmovable on your mind-set and it will continue to direct other decisions that you make. Or, you might be more flexible, open to new ideas, new facts. An exciting adventure that completely changes your schedule and your mind-set.

In your heart-set, there is a real difference. Your heart-set is influenced by factors that might have been placed on your heart at a very early age. For example, in my years of growing up I learned from my parents that the word "hate" was evil and as a child there was a penalty for using it. To this day, I have an almost visceral reaction when people use the word "hate", even in casual conversation.

Heart-set is related to faith and belief. When we accept Jesus Christ as Lord and Savior, we are committing ourselves to an adjustment in our heart-set, a change in our lives, a repentance, a turning from evil ways. We are a new person, and the strength of our heart-set is directly related to the depth of our relationship with the Lord.

Peter said, "*I would die rather than deny you, Lord*". When he said that he believed it. Yet, he denied Jesus. His boast was his mind-set, sadly, his actions revealed his heart-set. It took the encounter with Jesus there on the beach in Capernaum to change his heart-set.

I often think of Rachel Scott when I consider the strength of my faith. I'm not sure it holds a candle to the faith of that 15-year-old girl. You may recall that terrible experience at Columbine High School in Colorado when Rachel Scott, a gun to her head, was confronted with a choice of denying her Lord, or dying. She chose to follow her heart-set.

It occurs to me that is exactly what our Lord had in mind when he instructed us with the Great Commission, to go and make disciples. To share our faith with others, to tell of our faith journeys, to live our lives as imitations of Christ. He spoke of our planting seeds, and those that fell on good soil brought about a change in heart-set. That is no small task, my friends. But guess what? He's right here with us, He's in charge, He loves us. He is with us always, even to the end of the age. Amen.

Beautiful Fall is upon us:

- "I love autumn, the one season of the year that God seemed to have put there just for the beauty of it." — Lee Maynard
- "Autumn lingered on as if fond of its own perfection." — Winston Graham, "Ross Poldark"
- "And the sun took a step back, the leaves lulled themselves to sleep and autumn was awakened." — Raquel Franco

A Morning Prayer:

Almighty God, by the power of your Holy Spirit open our eyes, ears, hearts, and very lives to Your presence so that today we may worship and serve You in faithfulness, be blessings and healing reminders of Your love to all whose lives we touch. We offer our prayers in the name of Christ. Amen.

NOTE: Watchwords are sent out in e-mail every Monday, Wednesday and Friday. To subscribe to this free devotional with your e-mail address, go to bosworth30.com/watchwords, and enter your e-mail address; or call Stan Escott (578-2519).