April 2024

Summer Patio Series

I often find myself with so many ideas bouncing about my noggin that it's hard to make sense of them. One of those that keeps sticking is a Summer Patio Series that runs from May through September and showcases our beautiful Patio and Courtyard.

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Senior Living Community

What does this look like? As of right now, always subject to change, the picture in my mind portrays a beautiful summer evening (probably a Wednesday) sitting around the Patio outside The Nook and among the flower gardens in the Courtyard, enjoying friends, fellowship and some type of local entertainment.

I have a few leads for entertainment but would love any ideas or suggestions you might have! I'd love to have someone that plays the guitar or some other musical instrument. My thought is that this would be a very relaxed, casual experience for all involved.

In my vision you are sitting among the flowers with your friends. Some in camp chairs, some on picnic blankets. Sharing snacks and drinks from your small cooler or basket. Listening, laughing and chatting as the sun sinks behind the Manor walls.

Thanks for allowing me to brainstorm outload and embarking on this journey with me! I am always open to any ideas or input you have to offer. Watch the bulletin boards and channel 98 for details pertaining to May's inaugural evening!

Adrienne



Basking in The Woods

Come, immerse yourself in natural beauty and experience its rejuvenating effects in a person. A focused walk in nature can help you feel better, relax, and be at peace. A walk in the woods can help you absorb the gifts of the trees.

Quite different than hiking, this walk is all about pausing, being present, and connecting mindfully with the forest environment around you. You can expect to breathe more deeply the fresh air offered by the trees. You can learn to use your senses to observe plants and flowers more closely. Allow your mind to wander and focus on the leaves and sounds of the woods and birds. Take time to notice your surroundings and the earth beneath your feet. Spending time in nature can help you feel alive and reduce stress, anxiety and sometimes even depression. A dose of sunshine can help a person sleep well. A walk in the woods can help you feel more connected with others and your community.

David Doudt will guide the group on such a walk on **Thursday**, **April 11, at 3 p.m**. Meet in the Chapel Foyer. **Sign up outside the Courtyard Dining Room**.

Spring Vaccine Clinic Nursing Services will be offering a Spring Vaccine Clinic on Wednesday, April 3 from 9:30 a.m. until 12:00 p.m. in the Rose Garden. Available vaccines include: Updated Covid 19 and RSV. For questions contact Stephanie Bowman, ADON @ 982-3931.

Shepherd's Center Programs

APRIL 3

Current Events - 75 Years of Peace Studies @ MU -Katy Gray Brown, Ph.D., Director of Peace Studies Institute

AiL – Making Stained Glass – Gene Minton

APRIL 17

Current Events – Updates on the State of the US Economy – Matt Hendryx: A.B.D. Economist, Retired AiL – A Manchester Perspective – Matt Mize

The meetings begin at 9:30 AM for Current Events and 10:30 AM for Adventures in Learning. Transportation will be available **leaving from the** Hub at 9:15. Sign up in the Notebooks at Rose Garden and Courtyard

April showers bring May... Do you love flower gardening but aren't thrilled about the



The Courtyard Gardeners have small plots available.

Last fall we hosted a garden party in the Courtyard that was a huge success. We hope to offer that again this year, as well as additional events in the great space that we have. The Courtyard holds endless possibilities for activities!

If you are interested in a plot, joining a fun group of dirt diggers or would like more information, feel free to reach out to one of the following: Beth Mikesell, Cora Deter, David Doudt, Jo Ann Schall, Nan Erbaugh or Joan Fahs.



Oasis Come for inspiration and reflection every Wednesday at 4:00 p.m. in-person in the Chapel.

| April 3 | Mark Eastway - Vocals |
|----------|-------------------------------|
| April 10 | Barry & Drema Drudge – |
| | music & story |
| April 17 | Traveling with Janice Bradley |
| April 24 | El Salvador – Brian Daniels & |
| - | Lin Metzger |

Come to Oasis in person. It is also broadcast live on the Timbercrest Senior Living YouTube Channel and can also be viewed at a later time on the YouTube channel.

Manchester University Lecture Series

Manchester University's Spring lecture series is in full swing. Lectures are held on Monday mornings at 11:00 a.m. Timbercrest transportation is not promised for each lecture, so watch the notebooks for sign-up sheets!

Storytelling Workshop

There's a little storyteller in all of us! Join Carol Gebert on Mondays, April 22 and 29 at 3:00 p.m. in the Resident Activity Room for a storytelling workshop. Carol is a certified storyteller and is eager to share the craft with Timbercrest!

Bid Euchre Tournament

Per your request, we will host a Bid Euchre Tournament during the month of April. Round 1 will be **Tuesday, April 2 at 2:00 p.m. in the Assembly Room**. Round 2 will be played Friday, **April 5 at 2:00 p.m. in the Assembly Room**. We will jump to the last week of the month for round 3, **Tuesday, April 23 at 2:00 p.m. in the Assembly Room**. See Carol with any questions!

Parkinson's Support Group The Parkinson's Support Group meets Thursday, April 4 at 3:00 p.m. in the Resident Activity Room. Contact Sabine Thomas with questions.

Hot 'N Cole Purdue University-Fort Wayne

Timbercrest will travel to **Fort Wayne on Sunday, April 7** for the musical performance by PU-FW Theatre students celebrating Cole Porter.

Cole Porter was one of the most sparkling melody makers of all time. Impeccably dressed and always the center of attention, Porter was the icon of "High Society." He composed the music and lyrics for some of the most popular songs of the 20th Century.

Tickets are \$16 each and can be paid to Reception desk with a note referring to "Hot 'N Cole." We must have 10 committed people to go. **The bus will leave from the Hub at 1:00 p.m**.

Solar Eclipse

On Monday, April 8^{th} a total solar eclipse will cross North America, passing over Mexico, United States and Canada affecting our area at **approximately 3:05 pm**. It's been determined that the best location for viewing from our campus will be near the Chapel entrance. Viewing an eclipse with the naked eye is very damaging. There are many opportunities in our surrounding areas to view or participate in their programing. We will not have a scheduled event on campus; however, there are a limited number of viewing goggles available for your personal use. Please stop by Adrienne's office in the Hub if you would like a pair.

Timbercrest Book Club:

The Timbercrest Book Club will meet Monday, April 8 in the Resident Activity Room at 2:00 p.m. At this month's meeting they will discuss "Born a Crime: Stories from a South African Childhood" by Trevor Noah. If you are interested in joining, text or call Marilyn at 260-578-5008. We love new members!

Memoir Writing Group We meet on the second and fourth Tuesdays of the month at 2:00 p.m. in D Wing lounge. We choose topics to write about in between times, and then we read to the group at our meetings. Sometimes a member might write about some other topic, or just come to listen. We always have a good time. Questions? Contact Eileen Flory, 982-0088, eflory@peak.org.

Friends of Manchester University



On Tuesday, April 9 at 6:30 pm in the Chapel, Dr. Gabriela Ramalho Tafoya, Assistant Professor of Political Science, along with Manchester University students, will present a program based on their experiences in the Model UN.

The topic is **Homeless at Home: The crisis of internally displaced persons**. Dr. Tafoya is a native of Brazil and teaches Latin American Politics, Global Social Policy, and Environmental Policy with a focus on gender, inequality, poverty, and social rights. All those interested in Manchester University are invited to the programs of Friends of Manchester.

Table Tennis for Fun and Fitness

Table tennis in the Recreation Room is each **Tuesday and Thursday at 2:00 p.m.** All skill levels are welcome, and new players are encouraged.

Weekly Bingo Games Join the fun at Bingo in the Residential Activity Room Mondays and Fridays at 11:00 a.m.

Our Grocery Cart Food Delivery System

Food distributed on the second Wednesday of the month comes from the Second Harvest Tailgate at the Manchester Church of the Brethren. This is a resident-sponsored program.

The schedule for food delivery on

Wednesday, April 10 is:

- 1:00-2:00 p.m. Distribution in the Manor
- 2:00-3:00 p.m. Neighborhood Home residents may pick up food in the Residential Activity Room before or after the snack in The Nook.

Distribution in the Manor may run a little later than scheduled. If you won't be home, ask a friend to get some food for you.

TUG

The Timbercrest User Group (TUG) will meet on **Thursday, April 11 at 10:00 a.m. in the Conference Room**. TUG is a resident-led user group helping residents fix problems and answering questions about their personal technology devices (computers, printers, tablets, and smart phones). Education is also a purpose of our meetings.

This month's TUG Topic will be Electronic Calendars: advantages, disadvantages, how to create and manipulate them. All residents are welcome to attend and bring questions about your electronic devices (computers, phones, tablets). If you have ideas or information to share with others, we'd love to hear them. Bring your questions, see you there!

Walmart, Here We Come! Shop at Wabash Walmart on Thursday, April 11 departing from the Hub at 1:00 p.m.

We generally arrive at Walmart at 1:30 p.m., depart at 3:00 p.m., and return to Timbercrest by 3:30 p.m.

Shopping lists for those unable to go must be in **CAMPUS MAIL ONLY** by **NOON**, **April 11**. Remember to include a phone number where you can be reached in case the shopper has questions.

Sign up in the notebooks at Rose Garden or Courtyard.

Pre-School Visitors

Our Pre-School friends from Manchester Elementary School will be here on **Thursday**, **April 11 at 1:30 p.m. in The Nook.** These visits are a fun way to spend 45 minutes of your afternoon. Their teacher, Mrs. Johnston, usually brings a craft or a game for us to play together. There are on average 15 kids that come full of love and energy. Guaranteed to put a smile in your heart! Join Us!

Sign up in the notebooks at Rose Garden or Courtyard.

Serendipity Bible Study Groups

Everett and Lois Shattuck lead Serendipity Bible studies, incorporating sharing and discussion in the context of Bible passages. These low-key studies are geared for people new to Bible study and long-time Bible students. "Serendipity" comes through mutual discovery and reflection.

- Fridays, April 12 & 26 at 9:30 a.m. in M Wing Lounge, led by Everett Shattuck.
- Thursdays, April 11 & 25 at 3:00 p.m. in B Wing Lounge, led by Lois Shattuck

Eel River Community CoB Lunch with the Pastors

The Eel River Community Church of the Brethren gathers for lunch with the Pastors on the second Friday of every month. They meet at **12:30 p.m. in The Nook**. This month's luncheon is **Friday, April 12.**

Anyone is welcome to attend, especially those with any connections with Eel River Community CoB. The meal includes a salad, entrée, dessert, and beverage. Indicate special dietary needs when you sign up. Cost is \$12 per person, paid to the Timbercrest Receptionist. Full-service residents do not have to pay; neither do those with meal contracts (counts as their daily meal). You can call Carolyn Bollinger with any questions at 260-982-2722.

Sign up in the Notebooks at Rose Garden and Courtyard by Wednesday, April 10.

Backyard Bird Watching @ Timbercrest Come to the Assembly Room at 2:00 on Friday, April 12th at 2:00 p.m. where Dianne Wichern will share with you her photos of the birds that she feeds on Hawthorn Trail. All pictures are taken from her sun room window. The program will help you identify the birds, and we will talk about feeders and bird food. You will also be able to share your experiences with "back yard birding" if you wish.

Dementia Learning Group

Family, caregivers and friends of persons with dementia are welcome to the Learners' Group, **Monday, April 15 at 6:30 p.m**. in The Nook. This group is open to Timbercrest and the general public. The mutual sharing and support are positive and helpful for those involved. The group moderator is Mari Adkins, Dementia Specialist.

Tuesday Matinee

Join us for an afternoon matinee and popcorn on **Tuesday, April 16 at 2:00 p.m.in the Chapel.** This is in addition to the Friday evening films offered twice a month.

This month's flick is **"My Fair Lady,"** an American musical comedy-drama starring Audrey Hepburn and Rex Harrison. This year marks the 60th Anniversary of the film.

Teaching Kitchen Coming Up

Dining Services will host a Teaching Kitchen **Thursday, April 18 at 3:00 p.m.** in **The Nook,** for both Manor and Neighborhood Home residents. Group size is limited. **Sign up in the notebooks at Rose Garden and Courtyard**.

Fellowship Hour

April Fellowship Hour will be on **Friday**, **April 19 at 2:00 p.m. in the Assembly Room**. This month will feature a special performance of the 1945 radio script *The Case of the Careless Client* read by the Timbercrest Readers Theatre group.

Breakfast Out with Carol

Join Carol for breakfast at **Omega's (corner of 114 & 15) on Wednesday, April 24 leaving from the Hub at 8:00 a.m.**

Sign up in the notebooks at Rose Garden or Courtyard.

Game Night with Mike and Lucy

Join Lucy and Mike McKinley for an evening of cards, billiards, dominoes, board games and refreshments **Thursday, April 25 at 6:00 p.m.** in the Recreation Room.

No sign-up needed. Just come for a great evening, and maybe learn a new game.

The Rock Snake Continues Join Carol on Tuesday, April 9 and 30 at 2:00 p.m. in the Resident Activity Room to paint a portion of the growing Timbercrest Rock Snake.

Manchester Church of the Brethren Luncheon with the Pastors

Timbercrest residents who are members and friends of Manchester Church of the Brethren are invited to have lunch with their pastors **Wednesday, April 24** at **noon**, in the Assembly Room. **Sign up** in the notebook at Courtyard **by Wednesday, April 10**.

The meal includes a salad, entrée, dessert, and beverage. Indicate special dietary needs when you sign up. Cost is \$12 per person, paid to the Timbercrest Receptionist. Full-service residents do not have to pay; neither do those with meal contracts (counts as their daily meal). Guests are welcome and should be listed on the sign-up sheet. Cost per guest is \$12.

If you need to cancel your reservation, please do so as early as possible. Contact the Timbercrest Receptionist, Kim Ebersole or David Doudt (numbers below). If you do not cancel in advance, you may incur a meal charge if you do not have a meal contract.

Contact Kim Ebersole, (312) 339-4545, or David Doudt, (260) 578-4748, with any questions. We hope to see you there!

NEW CHAPEL SCHEDULE

A new Morning Devotions schedule will go into effect in April. <u>Morning Devotions will no longer</u> <u>be held on Monday morning.</u>

The new schedule will be Tuesday, Thursday and Friday for Morning Devotions at 9:00 a.m. for 20 minutes. Oasis will continue on Wednesday afternoons at the same time, 4:00 p.m. Monday seems to be a lower attendance day, therefore the change.

Chapel Committee has been in conversation about how a more effective program might be developed to focus the faith life of the Timbercrest Community. The goal is to find a "means" that will create greater interest, more involvement, and larger numbers.

Chapel Committee welcomes ideas, suggestions, longings, dreams for our devotional life together. Please feel free to speak to any member of the Chapel Committee to share ideas and feedback.

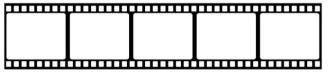
April Chapel Schedule

Come to Chapel to hear thoughts from scripture, prayer and other inspiration. Devotions are **Tuesday**, **Thursday and Friday** at **9:00 a.m.** Oasis (see pg 2) is Wednesday at **4:00 p.m.** weekly. Worship Service at Manchester Church of the Brethren is live streamed in the Chapel at **9:30 every Sunday** morning.

April Speakers:

- April 2 David Lawrenz Zion Lutheran
- April 4 Dana Hood Guernsey CoB
- April 5 Joe Driskell Faith Baptist Church
- April 9 Jim Chinworth Manchester CoB
- April 11 Todd Hammond Agape CoB
- April 12 Deanna Beckner Camp Mack
- April 16 Suzanna Hicks First Brethren
- April 18 Geoffrey Vaughn Warsaw
- Community Church
- April 19 Cheryl Thomas Pleasant Chapel CoB
- April 23 Dennis Beckner Columbia City CoB
- April 25 Gene Hollenberg Camp Mack
- April 26 Brian Smith Warsaw 1st UMC
- April 30 Beth Sollenberger Creekside CoB

Thanks to the Chapel Planning Committee for scheduling these dedicated speakersI



Timbercrest Film Committee Presents April Films Come to the Chapel for our films

Friday, April 5: Won't Back Down

7:00 p.m. - Chapel 2.00 hours - w/subtitles

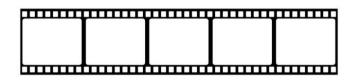
Jamie Fitzpatrick (Maggie Gyllenhaal) and Nona Alberts (Viola Davis) are two women from opposites sides of the social and economic track, but they have one thing in common: a mission to fix their community's broken school and ensure a bright future for their children. The two women refuse to let any obstacles stand in their way as they battle a bureaucracy that's hopelessly mired in traditional thinking, and they seek to re-energize a faculty that has lost its passion for teaching.

Friday, April 19: The Rookie

7:00 p.m. - Chapel

2.08 hours - w/subtitles

A true story about a coach who discovers that it's never too late for dreams to come true. Jim Morris (Dennis Quaid) never made it out of the minor leagues before a shoulder injury ended his pitching career twelve years ago. Now a married-with-children high-school chemistry teacher and baseball coach in Texas, Jim's team makes a deal with him: if they win the district championship, Jim will try out with a major-league organization.



Contemporary Book Club <u>How to Know A Person</u> by David Brooks is the next book being studied by the Contemporary Book Club. The club meets every **Friday at 3:00 p.m. in the Timbercrest Conference Room.** An e-book is available for Kindle, and the audio book is available at <u>www.amazon.com.</u> Contact David Doudt with questions @ 260-578-4748.

Seniors for Peace Globalization at What Price?

Timbercrest Seniors for Peace presents Pamela Brubaker, PhD (Manchester College '68) on **Thursday, April 25 at 10:00 am in the Chapel**. Pam is the author of *Globalization at What Price? Economic Change and Daily Life*, along with a published



article "Indigenous Women Act to Defend Mother Earth: Empowerment and Solidarity." Pam will share from her experiences with peoples' organizations around the globe working toward economic justice. Pam taught Religion and Ethics at California Lutheran University. Everyone is welcome to this program

Storytelling Showcase

A fun group of Timbercrest residents have been learning and practicing the art of storytelling under the tutelage of our very own certified storyteller, Carol Gebert. Join us as they showcase their new skills on **Friday**, **April 26**. Health Care and Crestwood residents at **2:00 p.m.** in the **Health Care Family Room**; for Residential residents, the program is at **2:45 p.m.** in the **Assembly Room**.

Volunteer Drivers Needed

Are you looking for a meaningful way to give back to our community? The Timbercrest Transportation Department is looking for volunteers to drive residents to medical appointments. There is no set schedule; you will be called upon as needed. We need drivers willing to be trained to use the wheelchair van, as well as those willing to drive the 12-passenger coach (no special license required). **Reach out to Adrienne @ 982-3940 or Jennifer @ 982-3959** if you are interested.

Midweek Breaks

A tasty treat is served each **Wednesday from 2:30-3:30 p.m.** in The Nook. This month features:

| April 3 | Home-baked goods |
|----------|-------------------------------------|
| | Made by Beth Sollenberger |
| April 10 | Spring Treats for Everybunny's Diet |
| April 17 | Bunny Tracks Ice Cream (Dairy Free |
| | Available) |
| April 24 | Popcorn Parlor |

Shopping Guidelines

- 1) Tuesday is the only day for local shopping.
- 2) Shopping lists are due at Jennifer Gearhart's office by 8:00 p.m. Monday evening.
- 3) Shopping pick-up time is *after 2:00 p.m.* on Tuesday.
- 4) Items will be clearly labeled and available for *pick up in the Resident Activity Room*.
- 5) All purchases will be charged to your Timbercrest account.

A Friendly Lift Will Get You There

Friendly Lift drivers take non-drivers to nonmedical destinations. They are paid independently to take people shopping, visit family and friends, for joy rides and more. For details, see Jennifer Gearhart.

- Carolyn Bollinger, 982-2722
- Tim Ritchey Martin, 982-0031
- Wanda Miller, 982-6189
- June Stealy, 982-0055
- Marie Willoughby, 982-6970
- Lynn Blocher, 982-0057

Exercise Opportunities

Our exercise classes have undergone some exciting changes!

- Chair Aerobics Monday through Friday at 9:30 a.m. in the Recreation Room
- Chair Tai Chai Monday at 10:00 a.m.
- Strength Training Tuesdays and Thursdays at 10:00 a.m. in the Recreation Room
- Walk & Roll Wednesdays at 10:00 a.m.; Rose Garden Lounge
- Chair Yoga Friday at 10:00 a.m. in the Recreation Room



2024 May Primary Elections

Primary voting will be held at The Town life Center on Tuesday, May 7 from 6:00 a.m. until 6:00 p.m. Make sure you have a valid photo id with you. A list of candidates is available from Adrienne.

Ice Cream Floats

Yellow Cardinal Advisory Group would like to invite you to join them for Ice Cream Floats in **The Nook on Friday, May 3 at 2:00 p.m.** Yellow Cardinal is a subsidiary of First Financial Bank.

Dining Services Notes

Call the Receptionist (982-2118) to make guestmeal reservations for the Courtyard Dining Room. For Sunrise Dining Room (Health Care) and Crestwood Dining Room, call 982-3960. Reservations should be made 24 hours in advance. Guest-meal prices are: Breakfast: \$10, Dinner: \$12, Supper: \$11.

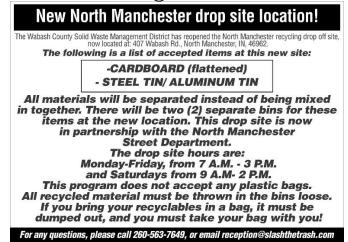
Please submit your Mother's Day dinner reservations to the receptionist by Wednesday, May 1!

One Man's Garbage...

Do you have something that you no longer wish to keep but do not want to throw away? In the past, Timbercrest residents utilized "Free Tables" located near the Rose Garden and at the Hub. We've relocated these two locations into one location in the **Resident Activity Room**. You are welcome to place items or perhaps you'll find a treasure! Please utilize this location instead of the tables previously used. Note, this is not a place for Lost and Found items. That location continues to be the Work Room located across from the reception desk.



Recycling Returns to North Manchester Now Located @ 407 Wabash Road



Feedback Request!

Should Timbercrest participate in the North Manchester Town Wide Garage Sales? The event takes place in late June. Timbercrest residents would have the option to rent table space in the Assembly Room for any items they wish to sell. You would be responsible for working your table, and any sales would be your profit to do with as you please. Staff will not be available to help organize and price your items. It will take a substantial number of participants to make this project worthwhile. Please let Adrienne know if you are interested by emailing akamphues@timbercrest.org, calling 260-982-3940, or dropping her a note!

If you have something you would like featured in the Timberline or a group you would like highlighted, please email Adrienne @ <u>akamphues@timbercrest.org</u>

