

T I M B E R L I N E



1st Annual Tellebration

Timbercrest is hosting the first Tellebration ever in Wabash County on **Friday, November 17 at 7:00 p.m. in the Assembly Room.**

Tellebration is a world-wide storytelling event that happens annually the weekend prior to Thanksgiving. Storytellers share their crafted tales to honor and promote the art of storytelling.

Timbercrest is honored to join this world-wide movement and welcome international storyteller and author **Mike Lockett**.

Mike has published children's books in both Spanish and Chinese. He has performed all over the world touting himself the "Normal Storyteller" from Normal, Illinois.

This event is open to the public and is family friendly. Timbercrest Program and Services Department obtained a grant from the Community Foundation of Wabash County to sponsor this event.



Timbercrest Dubs November Gene Stratton Porter Month

The Timbercrest Program and Services Department has unofficially named

November the Gene Stratton Porter Month. The department has arranged many activities centered around learning about and celebrating the life of the famous author.

Copies of her books are available to you in the Timbercrest Library.

We'll kick start the month with a **nature photo contest**. You may submit your photo to Carol. Photos will be on display in the Assembly Room through the month of November.

On **Tuesday, November 2** we will visit **Gene's cabin in Rome City, Indiana**. While at the cabin, we will meet with a naturalist and do an art project. The trip will include brunch along the way.

Enjoy an afternoon matinee showing of **A Girl of the Limberlost** on **Tuesday, November 7 at 2:00 p.m. in the Chapel**. The movie is based on the life of Gene Stratton Porter.

Tuesday, November 14 at 7:00 p.m. we have the opportunity to visit the **Honeywell House** in Wabash. Shaun Payne, the site director of Limberlost State Historic Site, will speak about the life and legacy of Gene Stratton Porter with an emphasis on her time growing up in Wabash County.

Wednesday, November 15
Nature Photographer James Langham will come to Timbercrest to judge our photo contest.



SHEPHERD'S CENTER PROGRAMS

NOVEMBER 1

Med Talk – Anesthesia, It's More Than Just a Nap – Robert Hathaway, MD, Associated Anesthesiologists

AiL – Melissa Miller, RN, Timbercrest Director of Nursing

NOVEMBER 15

Current Events – Trends in US Politics: The Republican and the Republic – Leonard Williams, Ph.D., Prof. Political Science, Emeritus
AiL – Dr. Stacy Young, Manchester University President

The meetings begin at **9:30 AM** for Current Events and **10:30 AM** for Adventures in Learning. Transportation will be available **leaving from the Hub at 9:15.**

Sign up in the Notebooks at Rose Garden and Courtyard



Immerse yourself in the world of Garrison Keillor's Prairie Home Holiday on **Wednesday, November 29 at 7:30 p.m.** at the Honeywell Center. The evening will be full of laughter and holiday cheer as Mr. Keillor takes the stage with vocalist Heather Masse and pianist Richard Dworsky. Together they will share stories and timeless songs that celebrate the essence of love, family and a Christmas sing-along. **Timbercrest has a set number of tickets available for \$37 that can be paid for at the Reception Desk.** Sign up in the notebooks at Rose Garden and Courtyard.



Oasis

Come for inspiration and reflection every **Wednesday at 4:00 p.m.** in-person in the Chapel.

- November 1 The Washington Cathedral
Tim Ritchey Martin
- November 8 Walking the Camino d'Assisi
Jim & Debby Chinworth
- November 15 Manchester High School
Vocals
- November 22 Giving Thanks
Nan Erbaugh
- November 29 Removing River Dams
Jerry Sweeten

Come to Oasis in person. It is also broadcast live on the Timbercrest Senior Living YouTube Channel and can also be viewed at a later time on the YouTube channel.



75 Years @ Manchester

Manchester University's Peace Studies program is celebrating 75 years of education, programing, influence on generations students. Timbercrest Seniors for Peace Group invites you to join them in welcoming **Libby**

Kreps, Peace Studies Coordinator, Thursday, November 30 at 10:00 a.m. in the Chapel. Libby will share the history of the Peace Studies program, as well as speak on the program as it is today. All are welcome!

Parkinson's Support Group

The Parkinson's Support Group meets **Thursday, November 2 at 2:00 p.m.** in the Chapel. Contact Sabine Thomas with questions.

Our Grocery Cart Food Delivery System

Food distributed on the second Wednesday of the month comes from the Second Harvest Tailgate at the Manchester Church of the Brethren. This is a resident-sponsored program.

The schedule for food delivery on **Wednesday, November 8** is:

- 1:00-2:00 p.m. Distribution in the Manor
- 2:00-3:00 p.m. Neighborhood Home residents may pick up food in the Resident Activity Room before or after the snack in The Nook.

If you won't be home, ask a friend to get some food for you.

Walmart, Here We Come!

Shop at Wabash Walmart on **Thursday, November 9 departing from the Hub at 1:00 p.m.** Sign up in the notebooks at Rose Garden or Courtyard.

We generally arrive at Walmart at 1:30 p.m., depart at 3:00 p.m., and return to Timbercrest by 3:30 p.m.

Shopping lists for those unable to go must be in **CAMPUS MAIL ONLY** by **NOON, November 9**. Remember to include a phone number where you can be reached in case the shopper has questions.

Serendipity Bible Study Groups

Everett and Lois Shattuck lead Serendipity Bible studies, incorporating sharing and discussion in the context of Bible passages. These low-key studies are geared for people new to Bible study and long-time Bible students. "Serendipity" comes through mutual discovery and reflection.

- **Fridays, November 10 & 24 at 9:30 a.m.** in M Wing Lounge, led by Everett Shattuck.
- The women's group, led by Lois Shattuck, meets **Thursdays, November 9 & 30 at 3:00 p.m.** in B Wing Lounge. (Note date change due to Thanksgiving Day).

Veterans Day Observance

Timbercrest is blessed to have many veterans living and working amongst us. Join us in honoring them on **Friday, November 10 at 11:00 a.m. in the Assembly Room.**

Be sure to find the bulletin board on A Street for a full display of our honored veterans.

Storyteller Sharon Dillman

Sharon Dillman presents interesting biographies of historical characters, political figures, writers and more each month at Timbercrest. Her visit is **Friday, November 10** in Health Care and Crestwood at **2:00 p.m.** in the **Family Room**; for others, the program is at **2:45 p.m.** in the **Assembly Room.**

Lunch Out with Adrienne

Hop on the Coach **Monday, November 13 at 10:45 a.m.** for lunch out. This month we'll venture to picturesque **downtown Roanoke, Indiana to the Roanoke Village Inn.** Lunch selections vary from \$10 to \$17 plus drink and gratuity. Stop by Adrienne's office for a menu. Sign up in the Notebooks at Rose Garden and Courtyard.

Book Club: *Where the Crawdads Sing*

The Timbercrest Book Club's next meeting is **Monday, November 13 at 2:00 p.m.** in the **Resident Activity Room.** The November book is *Where the Crawdads Sing*, by Delia Owens. If you are interested in joining, text or call Marilyn at 260-578-5008. We love new members!

Knit for Kids

Knit for Kids meets **Tuesday, November 14 at 1:30 p.m.** in the Education Room. Contact Ann Rehrig if you have questions @ 260-982-6058





Friends of Manchester University

Friends of Manchester will meet on **Tuesday, November 14 at 6:30 p.m. in the Chapel**. This month's presenter is Josh Dzurick, Head Coach of the MU Women's

Basketball team. He is in his 19th year at Manchester and has been Head Coach of the women's team since 2005. He is also Associate Director of Athletics for Compliance. He will talk about his experiences at MU, as well as the longstanding Grand Spartans program where MU women's basketball players are paired with Timbercrest residents who attend games and cheer for the team and their player. He will bring several members of his team as well.

James Langham

James Langham will share his photography with us on **Wednesday, November 15 at 3:00 p.m. in the Assembly Room**. He has spent his life capturing the Limberlost and Loblolly in the Berne/Geneva area. While he is here, he will judge our Nature Photo Contest. Winners of the contest will be presented their prizes at this event.

Breakfast Out with Carol

Join Carol for breakfast at the **Fried Egg in Wabash on Thursday, November 16 leaving from the Hub at 7:30 a.m.**

The Fried Egg offers traditional breakfast, brunch and lunch in an upscale dining atmosphere. Dishes range from \$10 to \$15 plus drink and gratuity. **Sign up in the notebooks at Rose Garden and Courtyard by Wednesday, November 15.**

Giant Crossword is Back

Do you enjoy crossword puzzles? Join Carol in the **Resident Activity Room on Thursdays, November 16 and November 30 at 1:30 p.m.** for Giant Crossword.



Teaching Kitchen Coming Up

Dining Services will host a Teaching Kitchen **Thursday, November 16 at 3:00 p.m.** in the **Nook**, for both Manor and Neighborhood Home residents. Group size is limited. Sign up in the notebooks at Rose Garden and Courtyard.

Game Night with Mike and Lucy

Join Lucy and Mike McKinley for an evening of cards, billiards, dominoes, board games and refreshments **Thursday, November 16 at 6:00 p.m.** in the Recreation Room.

No sign-up needed. Just come for a great evening, and maybe learn a new game.

TUG

The Technology Users Group will meet on **Thursday, November 16 at 10:00 a.m.** in the Conference Room. This is a change in our meeting day to avoid conflicts with the broader Timbercrest event schedule. We are optimistic that this change to the third Thursday of every month will be permanent. All residents are welcome to attend and bring questions about your electronic devices. If you have ideas or information to share with others, we'd love to hear them! This month we will explore the annoyance of inconvenient phone **Notifications**. How to regulate them, silence them and stop them. Bring your questions. See you there!

Heifer Living Gift Market

The Heifer Living Gift Market helps benefit Heifer International, a charitable organization that provides the means for raising food in the developing world. Heifer has roots in the Church of the Brethren, founded by its' sea-going cowboys after World War II. Several of these sea-going cowboys have been residents of Timbercrest.

Jim Myer will represent the Living Gift Market at Timbercrest this year. He will have a table set up **in the Hub on Friday, November 17 from 6:00 p.m. until after the Tellabration and on Saturday, November 18 from 9:00 a.m. until 11:00 a.m.** There will also be opportunities to give at the Manchester Church of the Brethren.



Dementia Learning Group

Family, caregivers and friends of persons with dementia are welcome to the Learners' Group, **Monday, November 20 at 6:30 p.m.** in The Nook. This group is open to Timbercrest and the general public. The mutual sharing and support is positive and helpful for those involved. The group moderator is Mari Adkins, from Bickford Cottage, Wabash.

Art Class with Molly

Molly from Manchester Public Library returns on **Tuesday, November 21 at 2:00 p.m. in the Resident Activity Room.** She hasn't divulged all the details but assures me she has a special Thanksgiving craft lined up for us! **Sign up in the notebooks by the Rose Garden and Courtyard by Monday, November 20.**

Quilters' Circle

The Quilters' Circle will meet on **Wednesday, November 22 at 3:00 p.m.** in the Resident Activity Room (RAR). Anyone who enjoys quilting is welcome to come and share ideas; bring a project you are working on or have finished. Beginners are welcome as well! Cathy French will give a presentation. Call Lois Shattuck @ 260-982-6024 with questions

Manchester CoB Pastors Lunch

Members and Friends of Manchester Church of the Brethren will have lunch with their pastors **Wednesday, November 29 at 12:00 p.m.** in the Assembly Room. Timbercrest residents who attend or are affiliated with the congregation are welcome. **Sign up in the notebook at Courtyard by Wednesday, November 15.**

The meal includes a salad, entrée, dessert and beverage. Indicate special dietary needs when you sign up.

The cost is \$12/person, paid to the Timbercrest receptionist. Full-Service residents do not have to pay; neither do those with meal contracts. Guests are welcome and should be listed on the sign-up sheet. Contact Kim Ebersole, 312-333-4545 or David Doudt, 260-578-4748, with any questions.

This is the last luncheon for 2023! Luncheons will resume in January 2024. Watch the Timeberline and Channel 98 for 2024 dates!

Volunteer Drivers Needed

Are you looking for a meaningful way to give back to our community? The Timbercrest Transportation Department is looking for volunteers to drive residents to medical appointments. There is no set schedule; you will be called upon as needed. We need drivers willing to be trained to use the wheelchair van, as well as those willing to drive the 12-passenger coach (no special license required). **Reach out to Adrienne @ 982-3940** if you are interested.



Timbercrest Film Committee Presents
September Films
Come to the Chapel for our films

Friday, November 10: A Beautiful Mind

7:00 p.m. - Chapel

2:15 hours - w/captions PG-13

From the heights of notoriety to the depths of depravity, John Forbes Nash Jr. experienced it all. A mathematical genius, he made an astonishing discovery early in his career and stood on the brink international acclaim. But the handsome and arrogant Nash soon found himself on a painful and harrowing journey of self-discovery. – A human drama inspired by events in the life of John Forbes Nash Jr., and in part based on the biography “A Beautiful Mind” by Sylvia Nasar.

Thursday, November 23: My Big Fat Greek Wedding

7:00 p.m. - Chapel

2 hours - w/captions PG-13

Nia Vardalos stars as a girl who creates a stir within her traditional Greek family by falling for a guy with one flaw—he's not Greek!



November Chapel Schedule

Come to Chapel to hear thoughts from scripture, prayer and other inspiration. Devotions are **Monday, Tuesday, Thursday and Friday at 9:00 a.m.** Oasis (see pg. 2) is **Wednesday at 4:00 p.m.** weekly. **Worship Service at Manchester Church of the Brethren is live streamed in the Chapel at 9:30 every Sunday morning.**

November Speakers:

- November 2** – **Travis Hartman**– North Liberty CoB
November 3 – **Joe Driskell** – Manchester CoB
November 6 – **Stan Escott** – Zion Lutheran Church
November 7 – **Steve Barht**–United Methodist Church
November 9 – **Rosanna McFadden**–Creekside CoB
November 10 – **Chuck Bell**–Manchester CoB
November 13 – **Michael Cook** – German Baptist Brethren
November 14 – **Sebrena Cline** – Congregational Christian
November 16 – **Ryan Langeland**- Warsaw Community Church
November 17 – **Chris Brock** – Eel River CoB
November 20 – **Corky Cordes** – Roann CoB
November 21 – **Brian Smith**–Warsaw UMC
November 23 – **Thanksgiving Day**
November 24 –
November 27 – **Doug Veal** – Wabash CoB
November 28 – **Anna Lisa Gross** –Beacon Heights CoB
November 30 – **David Sullivan** – Silver Creek Church of God

Thanks to the Chapel Planning Committee for scheduling these dedicated speakers!

A Friendly Lift Will Get You There

Friendly Lift drivers take non-drivers to non-medical destinations. They are paid independently to take people shopping, visit family and friends, for joy rides and more. For details, see Jennifer Gearhart.

- Carolyn Bollinger, 982-2722
- Tim Ritchey Martin, 982-0031
- Wanda Miller, 982-6189
- June Stealy, 982-0055
- Marie Willoughby, 982-6970

Exercise Opportunities in the Rec Room

Our exercise classes have undergone some exciting changes!

- Chair Aerobics – **Monday through Friday at 9:30 a.m.**
- Chair Tai Chi – **Monday at 10:00 a.m.**
- Strength Training – **Tuesdays and Thursdays at 10:00 a.m.**
- Walk & Roll - **Wednesdays and Fridays at 10:00 a.m.**; Rose Garden Lounge
- Chair Yoga – **Friday at 10:00 a.m. in the Assembly Room**

Coming Soon!

We are currently working with a community partner to bring a viable Yoga program to Timbercrest. Stay tuned as Adrienne and Carol work out the logistics and make this happen!



Midweek Breaks

A tasty treat is served each **Wednesday from 2:00-3:00 p.m.** in The Nook. This month features:

- November 1** Home-baked goods
Made by Beth Sollenberger
- November 8** Finger Snacks
- November 15** Ice Cream
- November 22** Thanksgiving Themed Snacks
- November 29** Popcorn Parlor – Hosted by First Financial Bank / Yellow Cardinal



Wabash County Public Transit

Offers Seniors rides within Wabash County Monday – Friday for a small donation. Call to schedule 888-498-4400

Ceramics in the Craft Room

Painting ceramics is fun and relaxing. Painting is on **Mondays at 1:30 p.m.** in the Craft Room.

Memoir Writing Group

We meet on the **2nd and 4th Tuesdays** of the month at **2:00 p.m. in D Wing Lounge**. December 12 will be the last meeting for 2023. We choose topics to write about in-between times, and then we read them to the group at our meetings. Sometimes a member might write about some other topic, or just come to listen. We always have a good time. Questions? Contact Eileen Flory, 982-0088, eflory@peak.org.

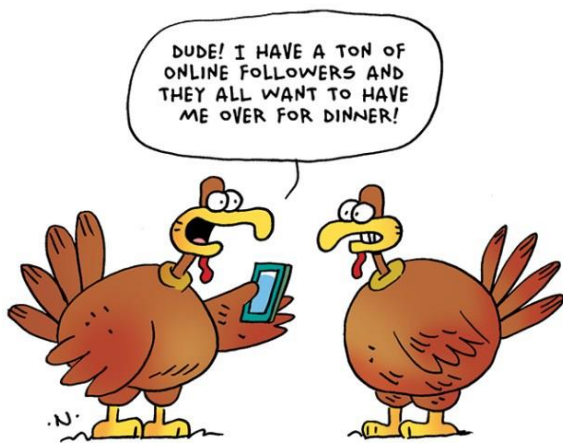
Table Tennis for Fun and Fitness

Table tennis in the Recreation Room is each **Tuesday and Thursday at 2:00 p.m.** All skill levels are welcome, and new players are encouraged.

Dining Services Notes

Call the Receptionist (982-2118) to make guest-meal reservations for the Courtyard Dining Room. For Sunrise Dining Room (Health Care) and Crestwood Dining Room, call 982-3960. Reservations should be made 24 hours in advance. Guest-meal prices are: Breakfast: \$10 Dinner: \$12 Supper: \$11

The deadline for Thanksgiving Dinner Reservations is Wednesday, November 15!



Weekly Bingo Games

Join the fun at Bingo in the **Residential Activity Room Mondays and Fridays at 11:00 a.m.**

Postage Stamps Still Requested

Commemorative and foreign/international stamps are collected in boxes at Rose Garden and Courtyard. Contact Grace Voorheis, 982-2844, for details.

Massage Therapy

Did you know that Timbercrest employee Nikki Walls is now a licensed Massage Therapist? Nikki offers 30-minute, 45-minute or 60-minute massages in the comfort of your apartment. Call or text her today to set something up! 260-418-6267

Shopping Guidelines

Here is guidance for our weekly shopping trips:

- 1) **Tuesday is the only day for shopping.**
- 2) Shopping lists are due at Jennifer Gearhart's office by **8:00 a.m. each Tuesday.**

Shopping pick-up time is at 3:00 p.m. that day at Jennifer's office in the Hub.

Contemporary Book Club

20 Myths About Religion and Politics in America by Ryan P. Burge is the next book being studied by the Contemporary Book Club. The club meets every **Friday at 3:00 p.m. in the Timbercrest Conference Room. (Lower Level)** **We will not meet on Friday, November 24.** An e-book is available for Kindle, and the audio book is available at www.amazon.com Contact David Doudt with questions @ 260-578-4748

Manchester University Lecture Series

Manchester University has opened their Values, Ideas and Arts (VIA) presentations to the public. Timbercrest provides transportation on **Monday mornings leaving from the Hub @ 10:45 a.m.** Sign up in the notebooks at Rose Garden and Courtyard.



Out and About in the Community

Manchester High School Drama Presents: Radium Girls

Radium Girls follows four women who worked with a watch company painting radium on the dials. The radium seeped into their bodies stealing their health, but not killing their spirit.

Cost is \$5. Show times are Friday, November 10 @ 7 p.m.; Saturday, November 11 @ 7 p.m.; Sunday, November 12 @ 2 p.m.

Timbercrest transportation is available for the Sunday afternoon show @ 2:00 p.m. Sign up in the notebooks at Rose Garden and Courtyard.



It's Komets Hockey Time!

The Komets are back in action at the War Memorial Coliseum and Timbercrest is getting in on the action. The first of several outings is planned for **Sunday, December 10**

leaving from the Hub at 3:30 p.m. for a 5:00 game. The Komets are hosting the Iowa Heartlanders! Tickets will be approximately \$25 but we have to get them early for a group rate. **If you are interested in going, let Adrienne know as soon as possible** by calling (982-3940) or emailing (akamphues@timbercrest.org).

Satisfaction Surveys

Timbercrest has hired We Care Connect to facilitate satisfaction surveys for both residents and employees. The surveys will be sent out to residents (or identified family representatives) by email and text on November 6th. The request is legitimate, and we ask that you take a few minutes to complete the survey to let us know how we're doing. The survey will take about 10 minutes to complete.

Are you a Grand Spartan?

The Grand Spartans is a partnership that blossomed many years ago between Timbercrest Residents and Manchester University's Women's Basketball Team. The program has had some lean years through covid and population variances on both sides of State Road 13, but we are hitting the hardwood strong this season! As the season gets started, you will receive a Welcome letter from your Spartan. You may respond as you like. From there we have several game nights planned with our Spartans coming to Timbercrest, and of course we'll be going to all the home games. If you wish to join in the fun and be adopted by a Lady Spartan, let Carol Gebert know by calling (982-3925) or emailing (cgebert@timbercrest.org).

Dates:

11/21	7pm	Game Night @ Timbercrest
11/22	2pm	MU game vs Concordia Chicago
11/25	1pm	MU game vs Kalamazoo
12/9	1pm	MU game vs Transylvania
12/11	Finals	Week-Send a note to your Spartan
12/15	7pm	Game Night @ Timbercrest
12/16	1pm	MU Game vs Franklin
1/3	7pm	MU Game vs Defiance
1/6	4pm	MU Game vs Hanover
1/20	3pm	MU Game vs Mount St Joseph Grey Out to Fight Brain Cancer
1/24	7pm	MU Game vs Rose-Hulman
1/26	7pm	Game Night @ Timbercrest
1/27	1pm	MU Game vs Earlham
1/31	7pm	MU Game vs Bluffton
2/16	7pm	MU Game vs Anderson



Words from The Basement

We're in the heart of fall now with visions of upcoming holidays filling our thoughts. For me it's holiday cookies, but for most, we start turning our attention to decorating our homes and living spaces for Thanksgiving and Christmas. I'd like to go over a few decorating tips to help keep the festivities lively and safe.

Evergreen wreaths are a well-known and welcomed symbol of eternal life. However, wreaths made from real evergreen branches and cut trees can be extremely hazardous items to have inside or in one's home. Evergreen trees contain a volatile oil which makes them extremely flammable, especially as they dry out. Did you know some varieties of evergreen trees are somewhat resistant to low-level fires? Fires are common in pine forests. Also, evergreens even have a way to protect their seeds from fire – pine cones! The cones act as a protector during fire and also is the mechanism to help disperse the seeds when ready. Some species need fire to release the seeds held within the cones. Serotinous cone species, such as the Jack Pine, will only release their seeds after a fire has melted the protective wax coating as opposed to when they mature on the tree. The bottom line with pines is to keep them outside, away from the house and disposed of properly after use.

Decorations on the walls of our homes is another welcome sight as we celebrate the Christmas season. Lights outside are admired by many. However, we must remember all decorations are to be placed without the use of nails, screws or other means which permanently alter siding, brick and mortar, eaves and gutters. There are many types of passive fasteners on the market which can be used to hang items. Fasteners such as command strips and plastic hooks are designed to hold items firmly yet can be removed easily while leaving no marks or holes. Residents are solely responsible for hanging and placing decorations. It is also

suggested to keep in mind the maintenance crew uses mobile equipment to remove leaves and snow and can be hampered by items placed on porches or walks.

Enjoy the natural beauty of autumn around us and have a great holiday season.

The 12 Days of Christmas Safety		Keep lit candles away from real trees, wreaths, boughs and garlands	Keep poisonous sweets and chocolates away from your pets
 1	 2	 3	 4
 3	 4	 5	 6
 7	 8	 9	 10
 11	 12	Merry Christmas 	

Maintenance Hotline!

For Maintenance concerns, call the Work Order Hotline 982-1147. Questions? Call Maintenance!

If you have something you would like featured in the Timberline or a group you would like highlighted, please email Adrienne @ akamphues@timbercrest.org

