



# The Timberline

Monthly Newsletter of TIMBERCREST Senior Living Community – January 2023

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## Fellowship Hour Resumes January 20

Jim Chinworth will share about his full-length hike of the Way of St. James in Spain at our Fellowship Hour, **Friday, January 20, 2023, at 2:00 p.m.** in the Assembly Room.

This Fellowship Hour will also feature introductions of all (who can come) who have joined the Timbercrest family since March 2020. Fellowship Hours, like other large group activities, were halted due to pandemic precautions.

Because of the uniqueness of this Fellowship Hour, name tags will be available for all to wear. Refreshments will be served: depending on regulatory guidelines on January 20, these will be either served in the Assembly Room or prepared "to go."

We hope to see you there – new residents and old-timers! 😊

New name, Oasis, and new focus for EvenSong:  
See page 2 of your *Timberline* for details

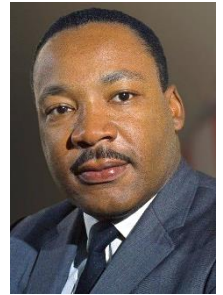
## Timbercrest Bake-Off Begins

Join the Great Timbercrest Bake-Off running for three months, starting **Thursday, January 26, at 2:00 p.m.** The Bake-Off is for all residents and employees. You don't have to bake in order to come share in the baked goods!

If you've seen "The Great British Baking Show" on TV, you'll have an idea of how the Timbercrest Bake-Off will go. See details on page 6 of your *Timberline*. The first installment on January 26 is a "Signature Bake," intended to show your baking skills with cookies.



## Martin Luther King Day Observed



The impact of the civil rights movement in northeast Indiana is the program for Martin Luther King Jr. Day **Monday, January 16, at 2:00 p.m.** in the Assembly Room.

Roberta Ridley from the African-American Genealogical Society in Fort Wayne will present a program on "lost" African-American communities in northeast Indiana. She will share about the impact of "redlining" laws after World War II and where communities once thrived and are no more. She will discuss the impacts these moves had on education and the economy of minority communities, that still impact today.



Ridley, who is retired from Allen County Public Library, is the chair of the AAGS and is on the board of the Allen County African-American Heritage Museum. She has dedicated much of her professional life to research and preserve African-American heritage in Indiana. She is in a fifth-generation African-American Fort Wayne family.

**Thank you and blessings for the New Year!**  
The staff of Timbercrest thank you for the very generous Christmas gift you provided in December. We appreciate the opportunity to work in your home.

## EvenSong to Become “Oasis”

Laura Stone, Timbercrest chaplain, writes, “As we search for a new coordinator (or two) for EvenSong, we have run across this question: “What is EvenSong?” For some, the word denotes a liturgical worship; for others it is simply unfamiliar.

The Chapel and Spiritual Life Committees have decided on a new title for the activity, “Oasis.” The committees seek to continue the same kind of creative, musical, inspirational, reflective presentations that have made EvenSong so loved by those who attend.

The new title, Oasis, invokes feelings like refreshment, calm, relaxation, new-interest, peace, well-spring, depth, and vibrance. Oasis will continue to be a space of inspiration and reflection that soothes and nourishes the spirit.

We hope you will attend on **Wednesdays at 4:00 p.m.** in the Chapel! Please share ideas for presenters or programs with Chapel or Spiritual Life Committee members or Chaplain Laura. If you would like to help coordinate Oasis, talk to David Rogers (chair of the Spiritual Life Committee) or Laura 982-3938.

## Reserve the RAR for Your Group

Why not consider the Residential Activity Room? There is comfortable seating for 15 already present. Chairs and a small table can be added for up to 25.

The Residential Activity Room is decorated seasonally by Rhonda Nettrouer, and you will find it nicely appointed for your event. A Keurig is always available with de-caf K-Cups supplied. Your group can bring your own K-Cups, if you’d like. There is also a drip-brew coffee maker for pots of coffee or hot water for tea or hot chocolate.

Basic set-up and clean-up are for your group to do, but staff will provide a deeper cleaning as needed afterwards. If you remove the décor, you should plan to put it back when you’re finished.

Your group would provide your own refreshments and supplies (plates, etc.). Program and Services also has a supply of glass party-plates and cups available. Your refreshments can be homemade or ordered from one of our local bakeries.

**To reserve the Residential Activity Room,** contact the Receptionist 982-2118. The RAR is also available for card clubs, small-group gatherings for fun, family parties, etc., all year ‘round.

Making good things happen...  
together  
at timbercrest



## Oasis ~ EvenSong

Come for inspiration and reflection every **Wednesday at 4:00 p.m.** in-person in the Chapel.

- |            |  |
|------------|--|
| January 4  | Epiphany<br><i>Laura Stone, chaplain</i>                                     |
| January 11 | Message and Motion<br><i>Laura Stone and Peggy Gilbert</i>                   |
| January 18 | Blessed: A Manuscript on the Sermon on the Mount<br><i>Roseanna McFadden</i> |
| January 25 | A Cappella Singing<br><i>Jeff Smith, maintenance tech</i>                    |
| February 1 | <i>Justin Lasser</i>   |

Come to Oasis in person. It is also broadcast live on the Timbercrest Senior Living YouTube Channel and can also be viewed at a later time on the YouTube channel.

## Midweek Breaks: It’s on Your Diet

Well, no... but a tasty treat is served each **Wednesday from 2:00-3:00 p.m.** in the Nook. This month’s features include:

- |            |   |
|------------|---|
| January 4  | Home-baked Goods<br><i>By Beth Sollenberger</i> |
| January 11 | Finger Snacks                                   |
| January 18 | Ice Cream Sundaes                               |
| January 25 | Popcorn Parlor                                  |

Bring a friend to chat and meet new friends in the Nook each week. Sign up in the Notebooks at Rose Garden and Courtyard so we’re sure to have enough. Neighborhood Homes, sign up, too, or call 982-2118.

## Shepherd’s Center January Recess.

The North Manchester Shepherd’s Center will resume meetings on **February 1**. There are no meetings in January. The response to taking the coach to Current Events on Wednesdays has been very positive. We plan to continue this service in the new semester, as long as there is demand for it. Sign-up sheets will no longer be necessary.

## Visitation Team

The Timbercrest Visitation Team meets **Thursday, January 5, at 11:00 a.m.** in M Wing Lounge. The new Social Service Designee, Sarah Uttinger, will share with the group. New volunteers in this caring ministry are always welcome. Contact Laura Stone 982-3938.

## Friends of Manchester University: Ray Hedstrom



Ray Hedstrom will speak at the **Tuesday, January 3, meeting at 6:30 p.m.** in the Chapel.

Ray's program is entitled *My View From the 50 Yard Line*. For 9 years, Ray has been announcer for Manchester football games. He will share his perspective on his position as announcer, the preparation it takes, game day and what he gets to do.

Ray and his wife, Donna, are 1969 graduates of Manchester. Ray has been actively involved in athletics as athlete, coach, official and announcer since he was in 5th grade. He played football for four years at Manchester College, winning two conference co-championships. Donna played basketball on a team that had one undefeated season.



Madalyn Metzger, from the M.U. Board of Trustees, will be the presenter at Friends of M.U. **Tuesday, February 7, at 6:30 p.m.** in the Chapel. Madalyn is a 1999 graduate of Manchester and is Vice-president for Marketing for Everance Financial. She has had many leadership roles

in the Church of the Brethren and is currently serving as Moderator-elect for the 2023 Annual Conference.

Madalyn's father and mother, Dennis and Van Metzger, are residents of Timbercrest. All of Timbercrest is invited. A resident committee leads Friends of M.U.. Contact Jan Rhoades to help.

## Sewing Sisters

The Sewing Sisters' next meeting is **Monday, January 2, at 1:00 p.m.** in the Quilt Room on A Street. If you have questions or are interested in joining this group, contact Mary Ritchey 982-2112.

## Praying the Scriptures...*Lectio Divina*

*Lectio Divina*, will be taking a break for January, restarting for Lent on February 21. (Ash Wednesday is February 22.) Contact David Doudt for more information.

## Parkinson's Support Group

Susan Russell, physical therapist, will share with the Parkinson's and Movement Disorders Support Group, which will meet **Thursday, January 5, at 2:00 p.m.** in the Chapel. The topic is "LSVT BIG." Residents with Parkinson's or another movement disorder and their family members are welcome. Laura Stone coordinates this group, (574)306-8768 or [lstone@timbercrest.org](mailto:lstone@timbercrest.org).

## Quilter's Circle "Sew and Tell"

The Quilters' Circle meets **Wednesday, January 11, at 3:00 p.m.** in the Residential Activity Room. Participants should bring a current or finished project for "Sew and Tell."

The program will be on how to repair "great-grandma's quilt." Want to learn to quilt? Come join us! For information call Lois Shattuck 982-6024.

## Our Grocery Cart Food Delivery System

Food distributed on the second Wednesday of each month comes from the Second Harvest Tailgate at the Manchester Church of the Brethren. The food delivery schedule on **Wednesday, January 11** is:

- **1:00–2:00 p.m.:** Distribution in the Manor
- **3:00–3:30 p.m.:** Neighborhood Homes can pick up food in the West side of the Rose Garden Dining Room

Many volunteers help with this resident-sponsored event. We hope to have a distribution of food every month. However, as winter weather approaches, if the temperature is below 0°F, Second Harvest will cancel the tailgate. Also, we value our volunteers and don't want to risk any unnecessary falls or cold exposure.

If it is advisable to cancel a distribution due to weather, we will cancel it and celebrate the times we can more safely provide this service. Cancellation will be announced through the public address system, Channel 98 and OneCall.

**The bad news is time flies.  
The good news is you're the pilot.**  
*Michael Altshuler*

## Walmart Shopping

Shop at Wabash Walmart on **Thursday, January 12**, departing from the Hub at **1:15 p.m.** Sign up in the Notebooks at the Dining Rooms. We generally arrive at Walmart at 1:45 p.m., depart at 3:15 p.m. and back to Timbercrest by 4:00 p.m.

Shopping lists for those unable to go must be in **CAMPUS MAIL ONLY** by **Noon, January 12**. Remember to include a phone number where you can be reached in case the shopper has questions.

## Storyteller: New Year's Picnic

Storyteller Sharon Dillman's next story is about the New Year Chinese Picnic. She will portray a Chinese girl, in traditional Chinese costume, during her **Friday, January 13**, program. In Health Care and Crestwood, the program is at 2:00 p.m. in the Family Room; for the Manor, the program is at 2:45 p.m. is in the Assembly Room. Sharon, a retired teacher, used historic character portrayals in her classroom. She shares about her stories and character portrayals following each program.



## Book Club: Rosa Parks: My Story

Our January book is *Rosa Parks: My Story*. In this straightforward, compelling autobiography, Rosa Parks talks candidly about the civil rights movement and her active role in it. Her dedication is inspiring; her story is unforgettable.

The meeting is **Monday, January 16, at 3:30 p.m.** in M Wing Lounge (after the Martin Luther King Day program). New members are welcome! Extra books are available. Interested? Call or text Marilyn Kieffaber, (260)578-5008.



## Breakfast with Brian:

Enjoy a winter drive to Mentone's Diana's Family Restaurant for Breakfast with Brian **Wednesday, January 11**, departing from the Hub at **8:00 a.m.** Diana's is formerly Teel's.

There are several "senior specials" available. Learn more about Diana's on their Facebook page. Beverages are Brian's treat. You pay for breakfast and tip.

Sign up in the Notebooks at the Dining Rooms by 9:00 a.m. Tuesday, January 10.

## Memoir Group in January

The Memoir Group will meet **Tuesdays, January 10 and 24**, at **2:00 p.m.** in G Wing Lounge. We choose topics to write about and then read them to the group at our meetings. Sometimes members write about some other topic in their own memoir plans, or maybe just come to listen. We always have a good time.

Questions? Contact Eileen Flory, 982-0088, [eflory@peak.org](mailto:eflory@peak.org).

## Lunch Out: Omega

A nice rural drive for Lunch Out at Omega's Family Restaurant, is **Tuesday, January 17**, departing at 11:00 a.m. from the Hub.

Omega's has an extensive menu of breakfast items (served all day), plus American, Mexican and some Italian dishes at reasonable prices. Meal cost and gratuity are on your own.

Sign up in the Notebooks at Rose Garden and Courtyard by Friday, January 13, so reservations can be made. Questions? Contact Rhonda, 982-3925.

## Serendipity Bible Study Groups

Everett and Lois Shattuck are leading "Serendipity" Bible studies, which incorporate personal sharing and discussion in the context of Bible passages. They are low-key, geared for people who may be new to Bible study, as well as long-time Bible students. The "serendipity" comes through the process of mutual discovery and reflection.

- The second and fourth Fridays of the month (**January 13 and 27**) at **9:30 a.m.** in M Wing Lounge, led by Everett Shattuck.
- New members are welcome to the Thursday women's group, led by Lois Shattuck. The next topic for study is "Women of Excellence: Being A Godly Woman." If you are interested, let Lois know and you can be on the waiting list.

## Volunteer Drivers Needed

Timbercrest needs volunteer drivers to take residents to medical appointments. All levels of driving are needed, from local medical trips to wheelchair-van drivers. If you are interested – or if you know someone from off-campus who may be interested – contact Jennifer Gearhart 982-3959 or Brian Daniels 982-3940. Thanks!

### TUG: Sharing Smartphone Apps

The Technology Users Group (TUG) meets **Monday, January 16, at 10:00 a.m.** in the Conference Room near the Recreation Room. All residents are welcome to attend.

There will be time to ask questions about technology devices and discuss topics of interest. Residents are invited to ask questions and learn about using their personal technology devices.

The January “TUG Tip” is a chance for everyone (who would like) to share about one of their favorite phone applications. You can name the app, explain what it does and why you like it. The time for each person who wants to share may be limited depending on how many people volunteer.

There will be time after the meeting to receive individual assistance if you bring your portable device to the meeting.

### Art Class: Acrylics on Canvas

Molly Magnus, North Manchester Public Library Program Coordinator, will be leading the class in acrylic painting on canvas, **Monday, January 23, 2:00 p.m.**, in the Residential Activity Room. All supplies are provided. See the bulletin board poster as to what we will be painting. Sign-up in the Notebooks outside Rose Garden and Courtyard so supplies can be purchased. Contact Rhonda Nettrouer 982-3925.



### Seniors for Peace: Waypoint Program

WAYPOINT

Marilyn J. Custer-Mitchell, director of Waypoint, a home for women recovering from substance abuse, will speak to Seniors for Peace at the **Thursday, January 26, at 10:00 a.m.** meeting in the Chapel. The program can also be watched online. Waypoint is located in a remodeled home and Custer-Mitchell will tell about their work with those who are beginning to show up in need.

### Game Night with Lucy and Mike

Lucy and Mike McKinley are hosting a game night for everyone in the Recreation Room **Thursday, January 26, starting at 6:00 p.m.** There will be cards to play, billiards and other games available. You can also bring your own game to play, if you like.

Lucy is Timbercrest’s receptionist; her recently retired husband Mike is a pharmacist. Mike will be making homemade refreshments.

### Coffee Cakes for Coffee In

Beat the cold-weather blues with Nordmann’s coffee cakes and flavored coffee, tea or hot chocolate on **Friday, January 27, 9:30 a.m.**, Nook. Cakes are available to eat in, with a friend or to-go. The following flavors will be offered: cinnamon streusel, apple or blueberry. Sign up in the Notebooks outside of the Dining Rooms so we can get a good count. Questions? Contact Rhonda, 982-3925.



### A New “Shop-portunity” at Gabe’s

Shop at Gabe’s Department Store, Warsaw, **Tuesday, January 31**, departing from the Hub at **1:15 p.m.**

Gabe’s opened in October of ’22 in the former Carson’s-Elder Beerman- building. The store is a discount retailer selling clothing, toys, shoes, home goods, electronics, cosmetics, pet supplies and more.

The group will return in time for supper at Timbercrest. Sign up in the Notebooks at Rose Garden and Courtyard. Contact Rhonda, 982-3925.

### Need a Non-Medical Ride?

Transportation Coordinator Jennifer Gearhart keeps a list called “A Friendly Lift” of drivers who are willing to drive residents to non-medical appointments. Contact Jennifer 982-3959 or 578-2119 for more information.

### Hymn Sings

Every **Thursday** there is a Hymn Sing at **10:15 a.m.** in the Crestwood Great Room. Piano accompaniment is provided and all sing along.

### Resident E-Mail Directory Available

A Timbercrest resident e-mail directory is distributed only to residents who have agreed to have their e-mail address included. It is not available to the general public. To add your e-mail address and receive a printed copy of the e-mail directory, pick up an application form at the front desk, complete it, and return it to the front desk.

## Timbercrest “Bake-Off” Details

Here are guidelines for our first ever “Bake-Off.”

- 1) Bakers must sign-up... and when you sign up, you agree to participate in all three “Bake-Off” sessions, **January 26, February 23 and March 23**, in the Assembly Room at **2:00 p.m.**
  - a. January 26 – *Signature Bake*: bake two dozen cookies (only) from a recipe that will show off your creative baking skills. Be ready to share a little about them with the audience (in writing or verbally).
  - b. February 23 – *Technical Challenge*: Bakers will all receive the exact same ingredients for an unannounced baked-good that they will present for judging. This will be an honor system – no Google or Pinterest for tips! 😊
  - c. March 23 – *Showstopper*: any baked good you’d like, sweet or savory, that will show of the best of your baking skills. Should serve at least 20 people (small servings).
- 2) Baking supplies will be available to bakers (as it is requested): eggs, flour, oil, butter, etc., for the *Signature* and *Showstopper* bakes.
  - a. All ingredients for the *Technical Challenge* will be provided (and only those ingredients can be used).
  - b. Decorative features are at your own expense.
  - c. You will receive a “shopping list” from Program and Services after you sign up.
- 3) Baking will be judged by a panel. There will be no eliminations (as the TV show does).
- 4) All baked-goods will be shared with the audience. Leftovers can be taken home by the bakers, but only after sharing.
- 5) This “Bake-Off” is just for fun and a friendly competition. Prizes given will be in the spirit of good-natured fun and light-hearted amusement.

## Timbercrest Library

New books, many in large print, are in the Timbercrest Library all the time, on a rotating basis through the North Manchester Public Library and the Indiana State Library. Check-out instructions are posted in the Library, on A Street in the Manor.

The Timbercrest Library is open 24/7, 365 days a year! It is run by the Library Committee: Joan Fahs, Mim Eberly, Arlene Deardorff and JoAnn Schall. Rhonda Nettrouer is the staff liaison for the Timbercrest library at 982-3925.

## Neighborhood Homes’ Exercise Classes

Exercise classes for Neighborhood Homes residents meet each **Tuesday and Thursday at 10:00 a.m.** in the Neighborhood Homes Clubhouse (Crestwood basement). Everyone in Neighborhood Homes is welcome to attend. The class uses exercise videos and audio recordings.

## Center for History Online

North Manchester Center for History programs are available online. Visit the website: [northmanchestercenterforhistory.org](http://northmanchestercenterforhistory.org) Click the Events tab for a full list of programs.

## Fit and Fun with Indoor Walking

A fun way to get to know others and to get “fit” is with the Indoor Walking Group **Wednesdays and Fridays at 10:00 a.m.** starting from the Rose Garden Lounge. The group normally walks four laps. Join or peel off when you reach your desired distance. Contact Rhonda at 982-3925 to get set up.

## Ceramics in the Craft Room

Painting ceramics is fun and relaxing. Painting is on **Mondays at 1:30 p.m.** in the Craft Room in the west basement. Contact Rhonda Nettrouer 982-3925.

## Table Tennis for Fun and Fitness

Table tennis in the Recreation Room is each **Tuesday and Thursday at 2:00 p.m.** Players of all skill levels are welcome and new players are encouraged. Paddles, ping-pong balls and seating are available. Contact Jim Flory 982-0088.

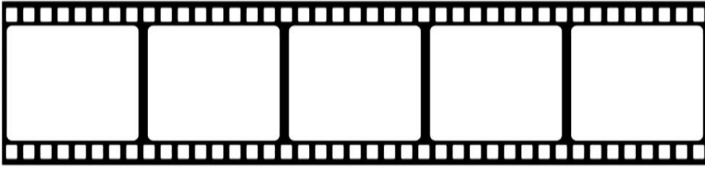
## Giant Crossword: Word-Lovers Wanted

Come to Giant Crossword **Thursdays at 1:30 p.m.** in the Residential Activity Room for fun! Newcomers are always welcome! Puzzle clues are shared with everyone, and the group comes up with the solutions together. Contact Rhonda for details, 982-3925.

## Dining Services Notes

Make guest-meal reservations for the Courtyard Dining Room with the Receptionist 982-2118. For the Health Care and Crestwood Dining Rooms, call the Health Care Desk at 982-3960. Reservations should be made 24 hours in advance. Prices for guests and non-Full-Service Residents:

- ✓ Breakfast: \$9.00
- ✓ Dinner: \$11.00
- ✓ Supper: \$10.00



**Timbercrest Film Committee Presents  
January Films**

*Come to the Chapel for our films*

**Sunday, January 1: New Year's Day**

**Blind Side**

**7:00 p.m.**, Chapel

2:08 hours - w/captions

Michael Oher (Quinton Aaron), a homeless black teen, has drifted in and out of the school system for years. Then Leigh Anne Tuohy (Sandra Bullock) and her husband, Sean (Tim McGraw), take him in. The Tuohys eventually become Michael's legal guardians, transforming both his life and theirs. Michael's tremendous size and protective instincts make him a formidable force on the gridiron, and with help from his new family and devoted tutor, he realizes his potential as a student and football player.

**Friday, January 20: Selma**

**7:00 p.m.**, Chapel

2:00 hours - w/captions

Although the Civil Rights Act of 1964 legally desegregated the South, discrimination was still rampant in certain areas, making it very difficult for Blacks to register to vote. In 1965, an Alabama city became the battleground in the fight for suffrage. Despite violent opposition, Dr. Martin Luther King Jr. (David Oyelowo) and his followers pressed forward on an epic march from Selma to Montgomery, and their efforts culminated with President Lyndon Johnson signing the Voting Rights Act of 1965.

**“In 2023, I Resolve to  
Bingo”**

Start the New Year right with a win at Bingo in the Residential Activity Room **Mondays and Fridays at 11:00 a.m.** Bingo is also played regularly in Health Care and Crestwood. Check your calendar for dates and times.



**Welcome to the Family**

Be sure to check *The Timbercrest Story* notebooks on the rolltop desk near the TC Library at the junction of B Wing and A Street.

**Maintenance Door Hangers**

If Maintenance visits your home while you're out, they leave a door hanger on the door knob, so you know someone visited and if they could complete your request. **Reminder:** for Maintenance concerns, call the Work Order Hotline 982-1147. Questions? Just let Maintenance know.

**Ecology Corner: Food Waste**

Food waste has a huge impact on the environment: the world wastes \$750 billion+ worth of food yearly, with 1.6 billion tons left in farm fields or sent to landfills, plus 7,000,000 tons of fishery discards at sea. Prevent food waste by:

- “Smart Shopping” – do a quick inventory of your needs before going to the store, rather than guessing and buying too much or the wrong item.
- Proper food storage: be sure things are kept in the right container, at the right temperature, for the right amount of time.
- Share or donate surplus edible food.
- In restaurants or Courtyard, only order what you will realistically eat (unless you plan to take some home with you).
- Kitchen Creativity: Rather than scrapping small amounts of leftovers, make soups, stews or meatloaves. Share with friends and neighbors.

**The Recycling Hutch** in the Residential Activity Room takes batteries, light bulbs, egg cartons, plastic bags, orange prescription bottles (labels need not be removed) and lids. You can also recycle in the **Yellow Bins** in each wing. No food debris should be in cans, paper, plastics, leftovers-boxes and pop cans.

**Churches Offer Online Services**

Local church worship services online include:

- 1) Manchester Church of the Brethren: [manchestercob.net](http://manchestercob.net).
- 2) Manchester United Methodist Church: [northmanchesterumc.com](http://northmanchesterumc.com)
- 3) Manchester First Brethren Church: [nmfbc.org](http://nmfbc.org)
- 4) Eel River Community Church of the Brethren: [YouTube.com](http://YouTube.com)
- 5) Liberty Mills Church of the Brethren: [libertymillscob.org](http://libertymillscob.org)
- 6) Peoria Church, on Facebook at the Peoria Church page (Brian Daniels is pastor)
- 7) Paw Paw United Methodist Church, find Paw Paw UMC on YouTube (Mike Sheehan is pastor)



## Birthday Dinners to Resume

Celebrate with others celebrating their birthday in the same month as you at twice-monthly Birthday Dinners. Hosted by volunteers from area churches, birthday dinners are a time of fun and celebration. Dining Services provides the meal; hosts bring cake, party favors, etc. Birthday honorees (and spouses) receive an invitation for their birthday month. Return them to Melissa Shorter with your reservation.

### Exercise Opportunities In the Recreation Room

- Chair Aerobics – **Monday through Friday at 9:30 a.m.**
- Strength Training – **Tuesdays and Thursdays at 10:00 a.m.**
- Chair Tai Chi is **Mondays at 10:00 a.m.**
- Neighborhood Homes' Exercise Group, **Tuesdays and Thursdays, 10:00 a.m.** in the NHH Clubhouse (Crestwood basement).
- Indoor Walking Club, **Wednesdays and Fridays at 10:00 a.m.**; Rose Garden Lounge
- Contact Rhonda Nettrouer 982-3925.



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## Out and About in the Community

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### Support Manchester High School Basketball

Word is out that there are basketball fans at Timbercrest. You can support Manchester High School basketball teams by going to their games. People from Timbercrest (and Peabody) who attend are admitted free. Here are **home games** for January:

Saturday, January 7, 2:30 p.m. – North Miami (girls)  
Friday, January 13, 7:45 p.m. – Wabash (boys)  
Tuesday, January 17, 7:30 p.m. - Churubusco (boys)  
Friday, January 20, 7:45 p.m. – Rochester (boys)  
Saturday, January 21, 7:45 p.m. – Rochester (boys)  
Tuesday, January 24, 7:30 p.m. – Bluffton (girls)  
Friday, January 27, 7:45 p.m. – Tipp. Valley (boys)

Timbercrest may provide transportation for demonstrated interest in going to these games. Carpooling is encouraged.

### GrandSpartans Home Game Schedule:

Wednesday, January 11, 7:30 p.m. – Rose-Hulman  
Wednesday, January 18, 7:30 p.m. – Bluffton  
Saturday, January 21, 1:00 p.m. – Franklin  
Saturday, January 28, 1:00 p.m. - Defiance

## Important Reminder about Appointments, Transportation and Tele-Health Visits

Medical appointments for Manor residents in need of transportation should be scheduled by Jennifer, the Transportation Coordinator 578-2119.

### Watch TC Programing on YouTube

Watch some Timbercrest programs on YouTube, both live and recorded. To access them:

1. Open your internet browser as usual.
2. In the address bar type YouTube.com; press Enter.
  - For Seniors for Peace, type “Seniors for Peace” in the YouTube search box and hit Enter.
  - For devotions/other programs, type “Timbercrest Senior Living Community” and hit Enter.
3. For both of these, several videos will appear, in no particular order. To watch a video, just click on it.
5. Be sure to click “**Like**” and “**Subscribe**” to get updates in your email and on Facebook.

### Shopping Guidelines

Here is guidance for our weekly shopping trips:

- 1) ***Tuesday is the only day for shopping.***
- 2) You are welcome to ride along with Jennifer to shop. Please let her know where you'd like to go before 5:00 p.m. on Monday. She will drop you off and pick you back up. This helps plan out the shopping trip for Tuesday morning.
- 3) Shopping lists are due at Jennifer Gearhart's office by **8:00 a.m. each Tuesday.**

**Shopping pick-up time is at 3:00 p.m.** at Jennifer's office at the Hub.

### Helpful Abbreviations

AR – Assembly Room  
C/B or COB – Church of the Brethren  
CW – Crestwood  
CY – Courtyard  
HC – Health Care (note, two words, not one)  
MHS – Manchester High School  
MU – Manchester University  
NHH or NBH – Neighborhood Homes  
NM – Neighborhood Market, or...  
NM – North Manchester  
NMHS – see MHS above  
RAR – Residential Activity Room (on A Street)  
Rec Room – west basement (by pool tables)  
RG – Rose Garden  
SCL – Spiritual Care Library  
TC – Timbercrest  
TUG – Technology Users Group  
UMC – United Methodist Church



## January Chapel Speakers

Come to Chapel to hear thoughts from scripture, prayer and other inspiration. Devotions are **Monday, Tuesday, Thursday and Friday at 9:00 a.m.** (Oasis) EvenSong is **Wednesday at 4:00 p.m.** weekly. **Sunday** worship is weekly at **9:00 a.m.**

*Speakers for the coming month include:*

- January 1: Sunday Service: John Shoue  
Liberty Mills COB
- January 2: Joe Driskell, Faith Baptist Church
- January 3: Brian Daniels, Peoria Church
- January 4: Oasis (formerly EvenSong)
- January 5: Michael Cook, German Baptist Brethren
- January 6: Andrew Beverly, Bethany Fellowship
- January 8: Sunday Service: Laura Stone  
Timbercrest Chaplain
- January 9:
- January 10: Helen Beery, Manchester COB
- January 11: Oasis
- January 12: Mike Sheehan, PawPaw UMC (new  
Director of Facility Management)
- January 13: Phillip Troxell, Peru COB
- January 15: Sunday Service: Tim Morphew  
COB pastor (retired)
- January 16:
- January 17: Max Milton, Argos UMC
- January 18: Oasis
- January 19: Christy Huiras, Liberty Mills COB
- January 20: Todd Eastis, North Winona COB
- January 22: Sunday Service: Mark Bendes  
Huntington COB
- January 23: Stan Escott, Zion Lutheran Church
- January 24: Luke Rumble, South Whitley UMC
- January 25: Oasis
- January 26: Seth Hendricks, Manchester COB
- January 27: Bruce Russell, Faith Baptist Church
- January 29: Sunday Service: Nan Erbaugh  
COB pastor (retired)
- January 30: June Stealy, Eel River Community COB
- January 31: Bruce Mohler, Pipe Creek COB

*Thanks to the Chapel Planning Committee  
for scheduling these dedicated speakers!*

**Every Sunday:** livestream of  
Manchester Church of the Brethren  
in the Timbercrest Chapel at 9:30 a.m.,  
after the interdenominational Chapel service  
at 9:00 a.m.

## Peace Corner: Wintering Peace

The serenity of chilly vistas and snowy flora is a good time to reflect on peace in the world, the community, at Timbercrest and even in the soul. Here are four “plums” for your hibernating pleasure:

- \* **Journal your thoughts** on days snow keeps you in... what feelings does winter bring out in you?
- \* **Write letters.** Anyone under 50-years-old will tell you that writing a letter by hand is a lost art. Many children have never received hand-written notes or cards.
  - o *Want to send a note to a child?* Contact Brian Daniels; he will serve as a liaison to students at Manchester Elementary.
  - o Do you have an old friend who could use a pick-me-up?
  - o *Write to office-holders.* While all now have email and internet connections, word is that first-class mail still draws officials’ attention.
- \* **Check-in on neighbors by phone.** Maybe you know them, maybe not-so-well, but that same lonely feeling you may be having is likely something they’re having, too. A quick “Hi Neighbor” might be just what they need.
- \* As James Oppenheim writes in the poem (below), *“kindle peace with vision, invite joy and adventure... build while there is yet time, a creative Peace.”*

### 1914 - and After

*By James Oppenheim*

Would you end war? Create great peace...

The peace that demands all of a man,

His love, his life, his veriest self;

Plunge him into the smelting fires of a work that  
becomes his child...

Give him a hard Peace;

a Peace of discipline and justice

Kindle him with vision, invite him to joy and  
adventure;

Set him to work, not to create *things*

But to create man; yea, himself.

Go search your heart, America...

Turn from machine to man,

Build, while there is yet time, a creative Peace,

While there is yet time!

[**Nota bene:** Written in the 1920s, Oppenheim uses the masculine to refer to all people. We have chosen not to change this, in order to keep the poem’s rhythm. This poem is found in *100 Poems of Peace* in the Timbercrest Library.]