

The Timberline

Monthly Newsletter of TIMBERCREST Senior Living Community – November 2022



Note from Stan	2
EvenSong	2
Friends of MU	2
Thrift Shop Trip	2
Sewing Sisters	2
Call Maintenance	2
Lectio Divina	3
Shepherd Trans.	3
Visitation Team	3
Midweek Breaks	3
Parkinson's	3
Breakfast-Brian	3
Second Harvest	3
Walmart	3
Storyteller	4
Book Club	4
Dementia Group	4
Seniors for Peace	4
Coffee In	4
Serendipity	4
Dog Day	4
TUG	5
Days of Prayer	5
TC History	5
Memoir Group	5
Advent Devos.	5
Remembrance	5
Thanksgiving	6
Friendly Lift	6
Drivers Needed	6
Construction	6
Men's Study	6
Quilters Circle	6
TC Library	7
Email Directory	7
NHH Exercise	7
Hymn Sings	7
Center/History	7
Films	7
Indoor Walking	7
Medicare	7
Garden Report	8
Ceramics	8
Bingo	8
Armistice Day	8
Dining Services	8
Ping Pong	8
Giant Crossword	8
Maintenance	8
Ecology Corner	9
Familiar Song	9
Online Church	9
Shopping	9
Exercise Opps	9
Light Up Town	10
Shepherd's Ctr.	10
GrandSpartans	10
TC on YouTube	10
Heifer Market	11
Chapel Speakers	11
MCOB Sunday	11

Notre Dame for All Saints' Day

Attend the All Saints' Day Mass at Notre Dame's Basilica of the Sacred Heart on **Tuesday, November 1**, departing from the Hub at **3:15 p.m.** The Mass begins at 5:15. There will be time before and after the service to explore the artistically impressive church. Going out for supper following the Mass will be to a place mutually agreed upon by the group. Sign up in the Notebooks at Rose Garden and Courtyard. Questions? Contact Laura Stone, 982-3938.

For details about other Spiritual Life programming for All Saints and All Souls Days, see page 5 of your *Timberline*.

All-Resident Meeting Wednesday, November 30 9:30 a.m.

See Channel 98 or your mail box for location and other details.

The Resident Council sets the agenda for All-Resident Meetings. If you have concerns you'd like to have addressed, contact Al Williams, Council president, at (260)414-8715.

All Resident Council members are listed on the Gold Pages of your *Timberline*.



Debra Lynn to Share with Friends of M.U.

See page 2 of your *Timberline* for details!

Election Day is **Tuesday, November 8**. If you did not vote by mail, you can vote in person at any Vote Center in Wabash County. The North Manchester Vote Center is at the Town Life Center, 604 Bond St. See page 10 of your *Timberline* for details.

Veterans Day Observance



Timbercrest honors those who served in various branches of the military in our annual Veterans Day program **Friday, November 11, at 11:00 a.m.** at the flagpole near the main entrance. In case of inclement weather, the service will be in the Assembly Room. There are currently 21 veterans living at Timbercrest.

There will be a bulletin board on A Street near Courtyard Dining Room with a list of veterans and their spouses the week before Veterans' Day.

Lunch Out: 50 East Garden Center and Café

Lunch Out is to 50 East Garden Center and Café, on the campus of Josiah White's and Compass Rose Academy, **Tuesday, November 15**, departing at **11:00 a.m.** from the Hub.

Known for delicious made-to-order sandwiches, soups and salads, there is also a coffee bar that makes up favorite coffee drinks, both basic and fancy.

The café is part of the student vocational training program at White's. Students are certified in their various roles (including as baristas) and are learning life-skills for adulthood.

The Garden Center Gift Shop is top-flight, with many gift ideas for home and garden. Soap-maker Mary Beth Gast has a full-range of soaps, lotions and candles for sale in the Shop. You'll find something for people on your Christmas and birthday-gift list... and maybe a little something for you.

Sign up in the Notebooks by Friday, November 11, so reservations can be made. Meal cost and gratuity are on your own. Questions? Contact Rhonda, 982-3925.

A Note from Stan Noffsinger Woodland Expansion



On October 3, 2022, Timbercrest received the deed to an additional 5.76 acres of woods immediately adjacent to the south of our woodland property. The Board of Directors sees this as an excellent addition to our current wooded property and a future when the last 1.71-acre tract is available.

The Board Chair challenged board members to contribute toward the purchase. The twelve board members pledged gifts to cover the entire \$44,500 price. This makes way for future development of walking paths through the woods, and benches to see natural beauty in this stand of trees!

A restriction requires we leave the woods as they are for two years. In 2024, Timbercrest will be able to develop new paths and resting places.

Please join me in expressing appreciation to the Timbercrest Board of Directors for their leadership and financial support for the future of Timbercrest!



EvenSong

Come for inspiration and reflection every
Wednesday at 4:00 p.m.
in-person in the Chapel.

- November 2** Led Brethren
A worship group from the Church of the Brethren
- November 9** Clarinets in the Afternoon
Lila Hammer & Mark Huntington
- November 16** Original Music, Some Whimsical
Carol Streater & David Hupp
- November 23** James RC Adams String Quartet
Kristen Westover, Joyce Dubach, Margaret Sklenar, Robert Lynn
- November 30** Brian Daniels
The Uncle Barney Story

Come to EvenSong in person. It is also broadcast live on the Timbercrest Senior Living YouTube Channel and can also be viewed at a later time on the YouTube channel.

Friends of Manchester University:

November: Debra Lynn,
Composer, Professor



In November Debra Lynn, M.U. Director of Choral Studies, will speak **Tuesday, November 1, at 6:30 p.m.** in the Chapel for Friends of Manchester University. Lynn directs A Cappella Choir, Chamber Singers and the Manchester Symphony Choir. Her ensembles have performed at Carnegie Hall, Sacred Heart Basilica at Notre Dame University and High Masses at the Vatican in Rome. Her father and step-mother, Joe and Norma Driskell, live at Timbercrest.

Madalyn Metzger, from the M.U. Board of Trustees, will be the presenter at Friends of M.U. **Tuesday, December 6 at 6:30 p.m.** in the Chapel. Madalyn is a 1999 graduate of Manchester, and is Vice-president for Marketing for Everance Financial. She has had many leadership roles in the Church of the Brethren and is currently serving as Moderator-elect for the 2024 Annual Conference. Madalyn's father and mother, Dennis and Van Metzger, are residents of Timbercrest.

All of Timbercrest is invited to these programs. A committee of residents leads Friends of Manchester University. Contact Jan Rhoades if you're interested in helping out.

Visit the Thrift Shop November 4

Shop for gently used clothing or household goods at discounted prices at the Manchester Fellowship of Churches' Thrift Shop on **Friday, November 4**, departing from the Hub at **1:30 p.m.** Sign up in the Notebooks at Rose Garden or Courtyard to ride along. (The shopper will not be able to make purchases for you.) The group will return in time for supper. Contact Rhonda 982-3925 for details.

Sewing Sisters

The Sewing Sisters' next meeting is **Monday, November 7, at 1:00 p.m.** in the Quilt Room on A Street. If you have questions or are interested in joining this group, contact Mary Ritchey 982-2112.

Call Maintenance Directly... 982-1147 - Save time! Get the result you want! Call Maintenance directly with your work-order. You may get a recording, but you *will* get an answer.

Praying the Scriptures...*Lectio Divina*

A group of interested residents will be meeting each **Tuesday from 1:00 p.m. until 2:00 p.m.** in **B-Lounge**. They will read scripture, reflect on it, listen for God's invitation to respond, and consider our individual action. Each person offers their own response. Prayer gets us in the habit of looking below the surface of life.

David Doudt is the contact person, 578-4748.

Want a Ride to Shepherd's Center?

There has been interest again in taking the coach to Shepherd's Center programs on the **first and third Wednesdays** of the month.

The coach will depart at **9:10 a.m.** those days and will return after the Adventures in Learning program (about 11:30). Sign up in the Notebooks *each time* at Rose Garden or Courtyard. A group of five is needed to continue for future months.

See details about the November Shepherd's Center programs on page 10 of your *Timberline*.

Visitation Team

The Timbercrest Visitation Team meets **Thursday, November 3, at 11:00 a.m.** in M Wing Lounge. "Fall Prevention" is the topic presented by Stephanie Bowman, assistant director of Nursing.

If you are interested in volunteering in this caring ministry, new members are always welcome. Contact Laura Stone 982-3938.

Midweek Breaks: Enjoy Fall Flavors!

Come to the Nook each Wednesday from 2:00-3:00 p.m. for a tasty treat prepared just for Timbercrest by Rhonda Nettrouer. This month's features include:

November 2 Apricot, Almond, Oatmeal, Iced Sugar and GF Monster Cookies
By Beth Sollenberger

November 9 Nordmann's Nook Pies – a variety will be served

November 16 Pecan Pie Sundaes

November 23 Pumpkin Treats

November 30 Popcorn Parlor

Bring a friend to chat and meet new friends in the Nook each week.

Parkinson's Support Group

Parkinson's and Movement Disorders Support Group will meet **Thursday, November 3, at 2:00 p.m.** in the Chapel. The topic is "Advanced Therapies." Residents with Parkinson's or another movement disorder and their family members are welcome. Laura Stone coordinates this group, (574)306-8768 or lstone@timbercrest.org.

Breakfast with Brian: Wabash Bob Evans

Join Brian Daniels for the "most important meal of the day" – and lively conversation and fun for all – at Breakfast with Brian. **Wednesday, November 9**, departing from the Hub at **8:00 a.m.** heading to Bob Evans Restaurant in Wabash.

Nationally known, Bob Evans started as a sausage and pork producer in southern Ohio. His chain of restaurants grew to 442 locations. Though Evans died in 2007 and the chain has been sold to others, the recipes and flavors are genuine "Bob Evans." The restaurant serves all sorts of breakfast favorites. Beverages (coffee, tea, milk, juice) are Brian's treat. You pay for breakfast and tip.

Sign up in the Notebooks at the Dining Rooms by 9:00 a.m., Tuesday, November 8.

Second Harvest Distribution

The next Second Harvest Tailgate is on **Wednesday, November 9**. See Channel 98 for a schedule of delivery times and locations.

Committee members include: Chris Fisher, Marilyn and Dick Groves, Nan Erbaugh, David Doudt and Mary Ebay. They will be involved with the food distribution.

Walmart Shopping

Shop at Wabash Walmart on **Thursday, November 10**, departing from the Hub at **1:15 p.m.** Sign up in the Notebooks at the Dining Rooms. The group shops for 90 minutes, generally arriving at Walmart at 1:45 p.m. and departing at 3:15 p.m. We are usually back to Timbercrest by 4:00 p.m.

Shopping lists for those unable to go must be in **CAMPUS MAIL ONLY** by **Noon, November 10**. Remember to include a phone number where you can be reached in case the shopper has questions.

For the glory of God and my neighbor's good."

Christopher Sauer

Storyteller: Frances Slocum/Maconaquah

Frances Slocum is the program Sharon Dillman will bring as the Storyteller on **Friday, November 11**. In Health Care and Crestwood her program is at **2:00 p.m.** in the Crestwood Great Room; for the Manor and Neighborhood Homes, the program is at **2:45 p.m.** in the Chapel. Sharon, a retired teacher, used historic character portrayals in her classroom. She is a student of history, especially of the life of Maconaquah, a 19th century Miami Indian, also known by her English name, Frances Slocum.

Refreshments will be served for both groups after their respective programs.

Book Club: *The Nightingale*

The Timbercrest Book Club meets **Monday, November 14, at 2:00 p.m.** in M Wing Lounge.

Our November book is *The Nightingale*, by Kristin Hannah. *The Nightingale* tells the stories of two sisters, separated by years and experience, by ideals, passion and circumstance, each embarking on her own dangerous path toward survival, love and freedom in German-occupied, war-torn France during World War II.

If you enjoy reading, join the Book Club, new members are welcome! Extra books are available. If you are interested, call or text Marilyn Kieffaber, (260)578-5008.

Dementia Learning and Discussion Group

Interested parties, especially friends, family and caregivers, are encouraged to attend a group for Dementia Learning, **Tuesday, November 15, at 3:30 p.m.** in M Wing Lounge. For details, contact Laura Stone 982-3938.

Seniors for Peace: Red Cross Services

Gene and Bev Minton will be sharing about their experience with Red Cross Disaster Response at Seniors for Peace, **Thursday, November 17, at 10:00 a.m.** in the Chapel.

For a number of years, Mintons were supervisors with the program. Both have been educators: Gene served a while as a professor at Eastern Michigan University, Ypsilanti; Bev taught third grade for many years. They co-authored a college-level textbook for teaching training, and each developed strategies for teaching technology and engineering.

Gene and Bev have lived at Timbercrest since December 2017.

[Note: The Seniors for Peace meeting is a week early in November due to Thanksgiving Day.]



“Coffee In” Returns!

After taking a break for good weather, it’s time for “Coffee In.” Beat the cold-weather blues with a cinnamon roll from Nordmann’s Nook and a flavored coffee on

Friday, November 18, at 9:30 a.m. in our Nook. Rolls and coffee are available to eat in, with a friend or to take home for later.

Sign up in the Notebooks at Rose Garden and Courtyard so we can get a good count. Contact Rhonda 982-3925 for details.

Serendipity Bible Study Groups

Everett and Lois Shattuck are leading “Serendipity” Bible studies, which incorporate personal sharing and discussion in the context of Bible passages. They are low-key, geared for people who may be new to Bible study, as well as long-time Bible students. The “serendipity” comes through the process of mutual discovery and reflection.

- The second and fourth Fridays of the month (**November 11 and 25**) at **9:30 a.m.** in M Wing Lounge, led by Everett Shattuck.
- The Thursday groups, led by Lois Shattuck, are currently full. If you are interested, let Lois know and you can be on the waiting list.

Dog Day: Thankful for Pups

We are thankful for the “Dog Man Group” bringing their pets to Timbercrest each month. The next visit is **Friday, November 18, at 2:30 p.m.** to visit with the Timbercrest family. The dogs are all trained to be “visitors” and up-to-date on their appropriate vaccinations.

Dog visitors will also travel to Health Care and Crestwood to visit at **3:00 p.m.** after the HC/CW worship service.

Ever wonder why the name “Dog Man” group? It’s not sexist... it’s a tribute. For many, many years Gary Henderson of LaFontaine led 4-H and other groups in the training and care of dogs. Gary was involved with dog training on many levels and hundreds of pet owners have found guidance and help through his efforts. Gary became known in the county as “the Dog Man.” Though he is no longer able to participate, the group bears his nickname.



TUG: Effective Use of Email Attachments

The Technology Users Group (TUG) will meet on **Monday, November 21, at 10:00 a.m.** in the Conference Room near the Recreation Room. There will be time to ask questions about technology devices and discuss topics of interest.

Residents are invited to ask questions and learn about using their personal technology devices.

The November "TUG Tip" will be a demonstration showing how to send and retrieve e-mail attachments. Both web-based and client-based e-mail systems will be included. There will be time after the meeting to receive individual assistance if you bring your portable device to the meeting.



Days of Prayer for All Saints and All Souls

All Saints' Day (November 1) and All Souls' Day (November 2) stem from Christian belief in the spiritual bond between those in heaven and those living on earth. All Saints' Day remembers and celebrates those who have made particular impact on our lives of faith, the church, or the world; All Souls' Day remembers all departed loved ones. These remembrances can inspire us to live more faithfully.

"Since we are surrounded by such a great cloud of witnesses, let us... run with perseverance the race marked out for us." (Hebrews 12:1).

There will be prayer stations for personal and small-group reflection from the evening of Monday, October 31, through the morning of Thursday, November 3, at the Hub, Chapel, Front Lobby and Health Care Family Room.

TC History Group Break

The Timbercrest History Group will take a break in November and December. There are many things to be done between meetings.

- Pictures to sort and identify
- Documents to read
- Information to identify and prioritize
- Interviews to conduct

If you are interested in helping with any of these projects between now and the January TC History Group meeting, contact Brian Daniels 982-3940.

Memoir Group Welcomes You

All are welcome to join the Memoir Group. Meetings are the **second and fourth Tuesdays** of each month at **2:00 p.m.** in G Wing Lounge, or in the gazebo if the weather is nice. We choose topics to write about and then read them to the group at our meetings. Sometimes members write about some other topic in their own memoir plans, or maybe just come to listen. We always have a good time.

Questions? Contact Eileen Flory, 982-0088, eflory@peak.org.

Advent Devotional Books

"Every part of the Christmas story is miraculous. God's love was made manifest in a lowly barn, in the dark of night, for ordinary people. We need not believe that we must do anything extraordinary to make this season magical. There's no need to worry about shopping for it or allowing the stresses of life to weigh us down. Perhaps if we practice leaning into the simplicity of the holy story and the sacredness of our ordinary lives, we will find joy and peace."

2022 Advent Devotional Books from the Church of the Brethren (Brethren Press), entitled *Simple Gifts*, have been written by Kathy Guisewite. The books will be available the week before advent begins. A devotional group will meet for 15-30 minutes in G lounge at 1:30 p.m. each afternoon during Advent until Epiphany (November 27 through January 6).

Kathy Guisewite is founder of Beautiful Tendings, a spiritual direction service, and is CCN Director at James Madison University.

Ornament Making for "Tree of Remembrance"

This year residents will get a chance to make angel ornaments to honor members of this community who died in 2022. Laura Stone will be in the Assembly Room, **1:00-2:00 p.m. on Wednesday, November 30** (before the All-Resident Meeting) and **Friday, December 2, from 2:00-3:30 p.m.** showing how to make lace angel ornaments to hang on the remembrance tree. The ornaments will be given to the family when the remembrance tree is taken down. You can make an angel ornament to keep, too, if you like.



Make Thanksgiving Plans Now

On Thanksgiving Day, November 24, feast on a traditional Thanksgiving Day Dinner, complete with all of the trimmings, prepared by our chefs in the Courtyard Dining Room for the Noon meal. The menu features:

- Roasted Turkey with Gravy
- Homemade Stuffing
- Mashed Sweet Potatoes
- Fresh Green Beans with Bacon and Onion
- Corn
- Cranberry Salad or Cranberry Sauce
- Dinner Roll
- Fresh Baked Pumpkin or Apple Spice Pie

If you plan to have guests in any dining room for Thanksgiving, please make your reservation early, no later than Noon, Tuesday, November 22. (As always, guest reservations are required in the Dining Room for all meals.)

Also, if you plan to go out with family or friends on Thanksgiving, please notify Dining Services via the Receptionist 982-2118.

As has been done for many years, a Boxed Supper will be delivered to your room in the evening on November 24. Delivery will occur between 2:00-3:00 p.m. on Thanksgiving evening. The Boxed Supper menu includes:

- Ham Salad Croissant Sandwich
- Carrots and Celery with Ranch Dip
- Chips
- Cookie
- Juice Box

Need a Non-Medical Ride?

Transportation Coordinator Jennifer Gearhart keeps a list called "A Friendly Lift" of drivers who are willing to drive residents to non-medical appointments. Contact Jennifer 982-3959 or 578-2119 for more information.

Volunteer Drivers Needed

Timbercrest is in need of volunteer drivers to help take residents to medical appointments. The only qualifications are to be a licensed Indiana driver and to have auto insurance. All levels of driving are needed, from local medical trips to wheelchair van drivers. If you are interested – or if you know someone from off-campus who may be interested – contact Jennifer Gearhart 982-3959 or Brian Daniels 982-3940. Thanks!

Construction Update from Stan

If you have not peeked into the E and F Wings lately, now is not the time to go there! The dry walling and plastering crews are hard at finishing the necessary wall work in the apartments and the hallways. Their work in the E Wing is complete, and they are well into finishing the F Wing. Painting the walls is followed by new ceilings, lighting and reinstalling handrails.

Mary Beth Gast has been busy working with residents selecting flooring for their apartments.

In mid-October, a leak occurred in the ceiling of D Wing. We discovered that much of the main copper pipe running the length of that hall is deteriorating. It is good that it happened now, as we will be removing the ceiling in the D Wing ahead of schedule so plumbers can install new water mains before the new ceiling is installed. Residents in D Wing will need to endure this work, and we will provide information for them as time draws near. Every effort will be made to minimize the interruption of water service.

It continues to be very important that residents and staff stay out of the construction areas at this time. Workers are busy and need to remain focused in order to complete the work as soon as possible. For right now, construction work is on schedule!

Ella Baker & Black Freedom Movement Study

The Men's Book Group will be reading and discussing Barbara Ransby's book *Ella Baker and the Black Freedom Movement* on Fridays from **3:00-4:30 p.m.** in the Neighborhood Homes Clubhouse.

Baker (1903-1986) was an African-American Civil Rights leader, influencing many of the more visible leaders from behind the scenes. She was an organizer, teacher and intellectual during the 1950s and 1960s. David Doudt is the group coordinator. Contact him at kedd812@gmail.com or 578-4748.

Quilters Interest Group

The Quilters' Circle, a group for quilters (current and former), meets **Wednesday, November 9, at 3:00 p.m.** in the RAR.

Cathy French will bring a sampler quilt and share about how to make one. Attendees are encouraged to bring a current or finished project for "Sew and Tell." Want to learn to quilt? Join us! For info call Lois Shattuck 982-6024.

Get to Know the Timbercrest Library

Did you know that the Timbercrest Library has a wide-range of books – from autobiographies to zoology. Most of the novels are large print for easier reading. There is a collection of Manchester University Yearbooks and some from area high schools. There is a large section for faith-based reading and study. A large Brethren collection includes all volumes of *The Brethren Encyclopedia*.

In addition, every other month new large-print books are brought in from the North Manchester Public Library, and others circulate regularly from the Indiana State Library. Several periodicals are available for your reading enjoyment.

The Timbercrest Library is open 24/7, 365 days a year! It is run by the Library Committee: Joan Fahs (501)889-4277, Mim Eberly 982-0084, Arlene Deardorff 982-1637 and JoAnn Schall 901-0139. Rhonda Nettrouer is the staff liaison for the Timbercrest library at 982-3925.

Resident E-Mail Directory Available

A Timbercrest resident e-mail directory is distributed only to residents who have agreed to have their e-mail address included. It is not available to the general public. To add your e-mail address and receive a printed copy of the e-mail directory, pick up an application form at the front desk, complete it, and return it to the front desk.

Neighborhood Homes' Exercise Classes

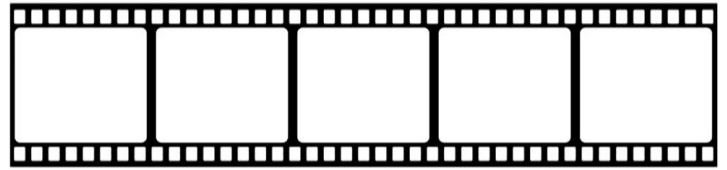
Exercise classes for Neighborhood Homes residents meet each **Tuesday and Thursday at 10:00 a.m.** in the Neighborhood Homes Clubhouse (Crestwood basement). Everyone in Neighborhood Homes is welcome to attend. The class uses exercise videos and audio recordings.

Hymn Sings

Every **Thursday** there is a Hymn Sing at **10:15 a.m.** in the Crestwood Great Room. Piano music is provided and everyone sings along.

Center for History Online

North Manchester Center for History programs are available online. Visit the website: northmanchestercenterforhistory.org Click the events tab for a full list of programs.



Timbercrest Film Committee Presents November Films

Come to the Chapel for our films

Friday, November 4: *The Sting*

7:00 p.m., Chapel

2:10 hours - w/captions

Following the murder of a mutual friend, aspiring con man Johnny Hooker (Robert Redford) teams up with old pro Henry Gondorff (Paul Newman) to take revenge on the ruthless crime boss responsible, Doyle Lonnegan (Robert Shaw). Hooker and Gondorff set about implementing an elaborate scheme, so crafty that Lonnegan won't even know he's been swindled. As their big con unfolds, however, things don't go according to plan, requiring last-minute improvisation by the undaunted duo.

Thursday, November 24: Thanksgiving Day

The Great Gilly Hopkins

7:00 p.m., Chapel

1:30 hours - w/captions

Troublemaker Gilly Hopkins has been shuffled from one foster home to another. When she arrives at Maime Trotter's, she plans to escape and reunite with her birth mother, unintentionally ruining her only chance to be part of a real family.

Fit and Fun with Indoor Walking

A fun way to get to know others and to get "fit" is with the Indoor Walking Group **Wednesdays and Fridays at 10:00 a.m.** starting from the Rose Garden Lounge. The group normally walks four laps. Join or peel off when you reach your desired distance. Contact Rhonda at 982-3925 to get set up.

Medicare Open Enrollment Runs October 15 through December 7.

Sabine Thomas, director of Resident Care, and certified State Health Insurance Program counselor, shares important information for all Medicare beneficiaries. Detailed information was in your October *Timberline*. Questions? Contact Sabine at 982-3938 or by email at stthomas@timbercrest.org

Making good things happen... together

Garden Annual Report

Thanks everyone for one of the best gardening seasons in recent years! Thank you:

- Dean Beery for turning the compost pile every week.
- Ed Kreider and Everett Shattuck for weed whacking under the electric fence as needed and replacing 2 strands of the electric fence which really helped.
- Sally Welborn for turning off the electric fence and opening the gate every morning. (Ed subbed when Sally was not available.)
- Dick Groves cut the swine fencing down to more manageable and usable size.
- Mary Ebey is working to rejuvenate the rhubarb patch.
- Stan Beery mowed the grass around the garden and the entrance to the gardeners' storage area.
- Timbercrest pays the water bill and reimburses for fence posts, electric fence replacement wires and electricity for the fence.
- Maintenance (mostly Scott) takes care of the tilling and the used carpet strips. It takes a community to have a superior garden like ours!

Maintenance will do the fall tilling in about a month. Let Gary Heisler know if you have tomato cages, posts or climbing fences to store in the gardeners' storage area in the woods at the end of the garden lane. Some reorganizing is needed there to make more room. Label your items with your name so you can retrieve them next spring.

Ceramics in the Craft Room

Painting ceramics is fun and relaxing. Painting is on **Mondays at 1:30 p.m.** in the Craft Room in the west basement. Contact Rhonda Nettrouer 982-3925.

Bingo Makes Us Thankful

Thankful for Bingo? Thankful you can see the numbers (and identify them)? Thankful for the people who are happy when you win? Thankful for the fellowship before the game begins? Thankful for Jennifer's kind manner in calling numbers?

Bingo in the Residential Activity Room **Mondays and Fridays at 11:00 a.m.** Bingo is also played regularly in Health Care and Crestwood. Check your calendar for dates and times.

Welcome to the Family

Be sure to check *The Timbercrest Story* notebooks on the rolltop desk near the TC Library at the junction of B Wing and A Street.

Armistice Day Proclamation

At the North Manchester Town Council meeting on October 5, an Armistice Day Proclamation was read into the meeting minutes by Council President Jim Smith. The proclamation is a project of Veterans for Peace and was submitted to the council by the Seniors for Peace Steering Committee.

Signed copies of the official proclamation are posted on the bulletin boards at Rose Garden and Courtyard.

Dining Services Notes

Make guest-meal reservations for the Courtyard Dining Room with the Receptionist 982-2118. For the Health Care and Crestwood Dining Rooms, call the Health Care Desk at 982-3960. Non-holiday reservations should be made 24 hours in advance.

Prices for guests and non-Full-Service Residents:

- ✓ Breakfast: \$9.00
- ✓ Dinner: \$11.00
- ✓ Supper: \$10.00

For holiday guest reservations (like Thanksgiving), a three-day notice is requested.

Table Tennis for Fun and Fitness

Table tennis in the Recreation Room is each **Tuesday and Thursday at 2:00 p.m.** Players of all skill levels are welcome and new players are encouraged. Paddles, ping-pong balls and seating are available. Contact Jim Flory 982-0088.

Giant Crossword: Word-Lovers Wanted

Come to Giant Crossword **Thursdays at 1:30** in the Residential Activity Room for fun! Newcomers are always welcome! Puzzle clues are shared with everyone, and the group comes up with the solutions together. Contact Rhonda for details, 982-3925.

Maintenance Door Hangers

If a Maintenance staff member visits your home while you're out, they will leave a door hanger on the door knob. This way you will know someone visited and whether or not they were able to complete your request. **Reminder:** for Maintenance concerns, call the

Work Order Hotline 982-1147.

Questions? Just let Maintenance know.



Ecology Corner: Eating Ecology

Have you ever thought of “eating” as “ecology?” Food waste is a significant problem in the U.S. How can you help our world with “eating ecology?”

- Cook and bake in bulk: Cooking for one can be difficult. Instead, make a full-size dish, eat one serving, share one serving with a friend or neighbor, and freeze the rest in single-portion containers. Sharing and/or freezing single-portion dishes reduces food waste significantly.
- Create a circle of friends/neighbors to share with. Knowing who will receive part of your cooking, you are less likely to throw out extra. Buying and sharing groups can be large or small.
- Cool foods before putting them in the refrigerator or freezer to prevent thawing other items and causing the machine to run extra.
- Portion larger items to share or freeze. E.g., buy a large bag of chicken breasts; put them in separate containers to freeze or share rather than freezing a large bag. Some will likely go unused and trashed if only buying for yourself.
- Store and thaw foods correctly. See package instructions for details. Most food waste at home is caused by improperly handled foods.

Recycling Reminders:

- The Recycling Hutch in the Residential Activity Room takes batteries, light bulbs, egg cartons, plastic bags, orange prescription bottles (labels need not be removed) and lids.
- No food debris in cans, paper, plastics, leftovers-boxes and pop cans. Food containers should be cleaned before going into the yellow bins.

Can You Still Sing it?

We are going on 30 months without a Fellowship Hour... do you still know the tune of this song we always sang to welcome new members of the Timbercrest family?

Welcome to the family!
We're glad that you have come
to share your life with us,
As we grow in love.
And may we always be to you
what God would have us be,
A family, always there, to be strong
and to lean on.

Churches Offer Online Services

Local church worship services online include:

- 1) Manchester Church of the Brethren:
manchestercob.net
- 2) Manchester United Methodist Church:
northmanchesterumc.com
- 3) Manchester First Brethren Church: nmfbc.org
- 4) Eel River Community Church of the Brethren:
YouTube.com
- 5) Liberty Mills Church of the Brethren:
libertymillscob.org

Shopping Guidelines

Manor residents are encouraged to ride along with the shopper every Tuesday. Shopping for your own items not only guarantees that you get what you want, it is a refreshing break in your week, a chance to see others in town and a good way to get to know others in the Timbercrest family. If you'd like to ride along, simply let Jennifer Gearhart know. If you can't ride along, here is guidance for shopping trips:

- 1) ***Tuesday is the only day for shopping.***
- 2) You are welcome to ride along with Jennifer to shop. Please let her know where you'd like to go before 5:00 p.m. on Monday. She will drop you off and pick you back up. This helps plan out the shopping trip for Tuesday morning.
- 3) Shopping lists are due at Jennifer Gearhart's office by **8:00 a.m. each Tuesday.**

Shopping pick-up time is at 3:00 p.m. at Jennifer's office at the Hub. *Purchases will not be available before 3:00 p.m.*

Exercise Opportunities

- Chair Aerobics – **Monday through Friday at 9:30 a.m.** in the Recreation Room.
- Strength Training – in the Recreation Room on **Tuesdays and Thursdays at 10:00 a.m.**
- Chair Tai Chi is **Mondays at 10:00 a.m.** in the Recreation Room.
- Neighborhood Homes Exercise Group, **Tuesdays and Thursdays, 10:00 a.m.** in the NHH Clubhouse (Crestwood basement).
- Indoor Walking Club, **Wednesdays and Fridays at 10:00 a.m.**; meet in Rose Garden Lounge.
- Questions?
Contact
Rhonda
Nettrouer
982-3925.





Out and About in the Community

Light Up the Town Coming December 2

A relatively new tradition has taken root in North Manchester, “Light Up the Town,” featuring a parade of lighted floats and groups and other chilly, but heart-warming events. Light Up the Town will be **Friday, December 2**, and details will be in the *News-Journal* and your December *Timberline*.

Shepherd’s Center November Schedule

North Manchester Shepherd’s Center meets in the Blocher Room of North Manchester Public Library the first and third Wednesdays monthly. Current Events begins at **9:30 a.m.** and Adventures in Learning follows. This month:

November 2: CE: Dawn-Marie Bass, Bass Audiology: *New Advances in Hearing Technology*

AiL: Jim Smith, president, North Manchester Town Board

November 16: CE: Leonard Williams, visiting professor, Doha Qatar; *Post-Election Analysis*

AiL: Lisa Ulrey, Hot Off the Press Apparel and Sign Making

Timbercrest transportation is available. Sign up in the Notebooks at Rose Garden and Courtyard each time. Contact Brian 982-3940.



GrandSpartans Looking for Team Members!

Manchester University Women’s Basketball Team and Timbercrest residents are partnering again to support the team. “GrandSpartans” have a long history creating memories for students and residents alike. GrandSpartans attend

home games and visit with team members. Parties and other gatherings are part of the fun.

The 2022-23 squad includes players from all over Indiana and one from Tennessee. Josh Dzurick has been head coach since 2005 and looks forward to the team’s Timbercrest fans’ return.

Timbercrest will furnish the vehicle and a volunteer will drive the group to home games! The first game is Wednesday, November 16, at 7:00 p.m.

Sign up in the Notebooks at Rose Garden and the Courtyard if you want to be a GrandSpartan! Contact Jeanette Lahman for more information.

Broaden Your Library Access

The Indiana Library Passport gives access to 236 Hoosier library districts and 400 different libraries through an app on smart phones or tablets. The passport is easy to access on your mobile device: visit <http://passport.library.in.gov>

Download and stream free videos, music, audio books, comics and eBooks to smart phones, tablets or computers through an easy service called Hoopla. Information is at www.hoopladigital.com.

Important Reminder about Appointments, Transportation and Tele-Health Visits

Medical appointments for Manor residents in need of transportation should be scheduled by Jennifer, the Transportation Coordinator 578-2119.

TeleHealth and MyChart visits with doctors’ offices must be scheduled through the Nursing Department, 982-3952.

Watch TC Programing on YouTube

Watch some Timbercrest programs on YouTube, both live and recorded. To access them:

1. Open your internet browser as usual.
2. In the address bar type YouTube.com; press Enter.
 - For Seniors for Peace, type “Seniors for Peace” in the YouTube search box and hit Enter.
 - For devotions/other programs, type “Timbercrest Senior Living Community” and hit Enter.
3. For both of these, several videos will appear, in no particular order. To watch a video, just click on it.
5. Be sure to click “Like” and “Subscribe” to get updates in your email and on Facebook.

Election Day is November 8

The Fall General Election is Tuesday, November 8. Many at Timbercrest are voting by mail. Mail-in ballots are due to the county clerk’s office by 6:00 p.m., November 8. The last day to apply by mail for a mail-in/absentee ballot was October 27. An absentee ballot can be picked up in-person at the County Clerk’s office, 69 W. Main St., Wabash. In-person voting can be done during the Clerk’s office hours (8:00 a.m.- 4:00 p.m.), weekdays through Monday, November 7. Election Day, local in-person voting is at the Town Life Center, 604 Bond St., 6:00 a.m. to 6:00 p.m. Fall Election Information is posted on the bulletin boards at Rose Garden and Courtyard, including a sample ballot.

Heifer Living Gift Market

The Heifer Living Gift Market helps benefit Heifer International, a charitable organization that provides the means for raising food in the developing world. Heifer has roots in the Church of the Brethren, founded by its' sea-going cowboys after World War II. Several of these sea-going cowboys have been residents of Timbercrest.



HEIFER[®]
INTERNATIONAL

Marie Willoughby will represent the Living Gift Market at Timbercrest, from **10:00 a.m. to Noon** in the Hub on **Saturday, November 12**. A table will be there for you to donate chickens, ducks, lambs or more.

At Manchester Church of the Brethren, the Living Gift Market will feature live animals, display tables and other media for the benefit of Heifer, also on Saturday, November 12.

Helpful Abbreviations

These are abbreviations used at Timbercrest:

- AR – Assembly Room
- C/B or COB – Church of the Brethren
- CW – Crestwood
- CY – Courtyard
- HC – Health Care (note, two words, not one)
- MHS – Manchester High School (not to be confused with NMHS – North Manchester Historical Society)
- MU – Manchester University
- NHH or NBH – Neighborhood Homes
- NM – Neighborhood Market, or...
- NM – North Manchester
- NMHS – see MHS above
- RAR – Residential Activity Room (on A Street)
- Rec Room – west basement (by pool tables)
- RG – Rose Garden
- SCL – Spiritual Care Library
- TC – Timbercrest
- TUG – Technology Users Group
- UMC – United Methodist Church



*Continuing the work of Jesus.
Peacefully. Simply. Together.*

November Chapel Speakers

Come to Chapel to hear thoughts from scripture, prayer and other inspiration. Devotions are **Monday, Tuesday, Thursday and Friday at 9:00 a.m.** EvenSong is **Wednesday at 4:00 p.m.** weekly. **Sunday** worship services are weekly at **9:00 a.m.**

Speakers for the coming month include:

- November 1 Steve Bahrt, North Manchester UMC
- November 2 EvenSong
- November 3 Doug Veal, Wabash COB
- November 4 David Doudt, Manchester COB
- November 6 Sunday Service: Russ Reahard
Retired UMC pastor
- November 7 Cheryl Thomas, retired COB pastor
- November 8 Tori Eikler, District Minister,
Northern Indiana COB
- November 9 EvenSong
- November 10 Kurt Borgmann, Manchester COB
- November 11 Kelly Beutler, Liberty Mills COB
- November 13 Sunday Service: Laura Stone
Timbercrest Chaplain
- November 14 Tom Anders, Plymouth COB
- November 15 Todd Hammond, Agape COB
- November 16 EvenSong
- November 17 Anna Lisa Gross, Beacon Heights
- November 18 Joel Kline, retired COB pastor
- November 20 Sunday Service: Mary Riccius
COB lay leader
- November 21 Doug Reichenbach, COB retired
- November 22 Brian Smith, Warsaw UMC
- November 23 EvenSong
- November 24 Thanksgiving Day
Marie Willoughby, COB retired
- November 25 Laura Stone (hymn sing)
- November 27 Sunday Service: June Stealy
Timbercrest resident
- November 28 Jim Smith, Manchester UMC
- November 29 Herman Kauffman, COB retired
- November 30 EvenSong

*Thanks to the Chapel Planning Committee
for scheduling these dedicated speakers!*

Every Sunday the video livestream of Manchester Church of the Brethren will be viewable in the Timbercrest Chapel at 9:30 a.m., following the interdenominational worship service at 9:00 a.m. (in the Chapel). **Everyone is welcome to attend this service.**

The Adventures of Big Rabbit at Timbercrest

By Gary Heisler, gardener and rabbiteer

When I went to our garden plot just before supper, I spotted Big (or Lil) Rabbit sitting on the carpeting strip on the east side of our plot... *inside the fence!*



After I stepped over the (so-called) rabbit fence, Big Rabbit scurried to the west while Lil Rabbit, previously hidden, scurried east from Jo Ann's plot,

There were at least *two* rabbits inside the (so-called) rabbit fencing, even with our best efforts to keep them out! It is nearly impossible to catch them or chase them through an open gate, or even find them when they hide amongst the plants.

Later, on another morning, I went to our garden plot to do some cleanup work. Dean and Reba were already there doing the same. The gate next to their plot was open, as they had moved the wheelbarrow inside to take their garden debris to the brush pile. Everett was at his end of the garden.

As I stepped over the (so-called) rabbit fence at our plot, Big hurried away toward the back. I also saw Lil scurrying away to the east.

I called to Dean and Reba that I saw a rabbit: *“There’s a rabbit!”*

Big moved on to the east. Uncharacteristically, it sat right out in the open, on the carpet strip between Ed's and Dick and Marilyn's plots. Dean and Reba saw it, too.

Carefully, I opened the gate next to our plot, angling it toward the east (since I had previously seen a rabbit run away from me along the fence row). We herded Big toward the south fence where there were now two open gates. Big ran along the fence. Upon coming to my angled gate, paused briefly, and then ran through it!

I raised my arms in a victory celebration and quickly closed the gate.

But was my celebration premature? Big went along the fence to the west feverishly trying to get back inside. Dean followed behind, encouraging Big to dash for the woods like the other wild rabbits do when they are outside the garden's rabbit fence.

At the end of the fence, Big turned north along the west fence row and then turned east along the north fence row. Dean was right behind as B. scurried east and then suddenly disappeared!

Had it wriggled under the fence? Upon further investigation, Dean discovered a small hole in the fence near Ed's plot, just big enough for Big to wiggle through.

With a racing pulse, Big was relieved to be back home again hiding safely among the plants from those huge, two-legged monsters.

What a great, morning adventure for Big!

Sigh.

We gave up and went back to our clean-up work.

Peace Corner: Findlandia

Sibelius was a rebel. In the late 19th century, Finland was a territory of the Russian Empire,



and music, arts and speech were strictly controlled by the monarchy in St. Petersburg. But the Finns wanted peace. They wanted freedom, to express their thoughts and dreams without the restrictions of the Czar. In his day, he would perform his tune, “Finlandia,” under the title *Happy Feelings at the awakening of Finnish Spring*, in order to elude the censors. As one of the most noted composers of the time, Sibelius knew the chains of censorship. Rather than fight, Sibelius chose to use his talent to create music of peace for his people.

Lloyd Stone, a Missouri-turned-Hawaiian poet, had hopes for peace at the dawn of World War II. For his 1934 graduation from the University of Southern California, Stone wrote “A Hymn of Peace,” which he set to Sibelius’ tune.

This is my song, O God of all the nations,
A song of peace for lands afar and mine.
This is my home, the country where my heart is,
Here are my hopes, my dreams, my holy shrine.
But other hearts in other lands are beating,
With hopes and dreams as true and high as mine.

My country's skies are bluer than the ocean,
And sunlight beams on clover leaf and pine.
But other lands have sunlight too, and clover,
And skies are everywhere as blue as mine.
O hear my song, thou God of all the nations,
A song of peace for their land and for mine.