



To: Timbercrest Residents and Families
From: Christy Huiras, Chief Operating Officer
Date: March 4, 2022
Re: Community Updates

Timbercrest and the surrounding communities are experiencing decreased rates of COVID infection since the spikes seen in January. As a result, we are pleased to announce a couple significant **changes to begin Monday, March 7th**.

Dining Services

Visitors are again able to join residents in the dining room for meals. Additionally, Neighborhood Home residents are able to dine in the Courtyard dining room. The following guidelines will be strictly followed in the Timbercrest dining rooms to ensure everyone's health and safety.

- Reservations are required 24 hours or more in advance.
- For a holiday meal, make reservations 3 days in advance.
- Table size is limited to 4 individuals.
- The total number of reservations available is limited per meal based on the dining room size.
- Health Care and Crestwood residents make reservations through the Health Care administrative assistant.
- Full Service Plan and Option Plan residents can make reservations through the Front Desk. Guest seating times:
 - Dinner Hour - 11:00 a.m. and 12:30 p.m.
 - Supper Hour – 4:15 p.m. and 5:30 p.m.
- Wear masks when not actively eating.
- Contact Timbercrest for special arrangements.
- Payment for meals can be made at the Front Desk or billed to the resident account by resident request.

Neighborhood Home Residents – Expanded Manor Access

In addition to visiting Manor residents, Neighborhood Home residents will again be able to access the Manor for most services and activities available prior to the pandemic. The following guidelines should be observed while in the Manor.

- A destination is required when accessing the Manor. For this reason, walking the hallways for exercise is not available to Neighborhood Home residents at this time. We encourage the use of the Fitness Center and exercise classes for regular exercise.
- Go directly to and from the designated activity or service area (i.e. exercise class, Fitness Center,

Beauty Shop, Neighborhood Market, etc.) using the shortest route possible.

- Observe safe distancing; space for group activities may be limited. You may want to plan ahead and check with Program and Services staff to know if space is available.

These standard COVID-19 infection control practices remain:

- Enter the building at the Hub (5 a.m. until 7 p.m.), or Health Care when the Hub is closed
- Complete the wellness screening prior to entry
- Wear masks at all times in the building
- Hand hygiene before and after a visit, activity, and before and after a meal
- Observe safe distancing whenever possible
- Visits with residents should continue in designated visiting areas or the resident's room
- Visitors should go directly to and from the visiting area or resident's room
- M-lounge is a designated visiting area available for visits or meeting space if desired. It can be reserved through the Timbercrest website, under the COVID-19 information tab. Other lounges are not available for use at this time and overnight guests are not yet permitted.

These are long awaited and welcomed changes for the entire Timbercrest community. It's only because of the deep commitment of the Timbercrest community of residents, families, and employees that we are able to move forward. Thank you.