



Together

Fall 2021 Newsletter

Count Your Blessings

By Stanley Noffsinger, CEO

Timbercrest is in a season of blessings. A large project, the remodeling of A-Street, is underway and promises a beautiful new look. The former Snack Shop is being reimagined, adding a kitchen and a lovely patio space facing the Courtyard. The Neighborhood Market is getting a well-deserved facelift while simultaneously allowing space for a Canteen. The Canteen will offer healthy vending options for residents and staff around the clock. A-Street, the main thoroughfare through the manor, will be updated with a sleek new look to cap the project. Construction is slated to conclude by the middle of January 2022.

Timbercrest is also performing much needed upgrades to the Chapel Audio-Visual system. The project awaits the arrival of several components to commence, but is expected to be completed by the first of December.

Next, we move outside for another exciting project. In 1999 a group of Boy Scouts seeking their Eagle Scout ranking created a beautiful outdoor space and named it Timbercrest Trails. The scouts built a bridge over Swank Creek, created a looped trail, hung birdhouses and built picnic tables. It was a lovely outdoor space, which over time, has become partially reclaimed by nature. This summer, in an effort to maximize outdoor areas for gathering, Timbercrest reached out to local troop 465 who completed the original project. Much to our delight, we learned that there is

currently a group of scouts working toward their Eagle Scout badge and they are excited to breathe new life in to Timbercrest Trails. The scouts will rebuild the bridge and birdhouses this fall. Timbercrest will continue to enhance this project in the future, creating a serene, safe, and enjoyable space for residents and their guests.

Timbercrest's blessings continue as we are the recipient of significant gifts to help offset the

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Residents manage garden clean-up



Timbercrest – Beautifully Seasoned

By David Lawrenz, former Timbercrest Administrator

As I write this we transition from summer to fall. And, as seasons come and go we become “seasoned.”



On a day late in September in 1974 I began my career with Timbercrest and became a part of the Timbercrest family. For the next 43 and a half years I thrived in this community of “seasoned” folks. I had the privilege of serving this special group of folks who had experienced multiple seasonal transitions. I especially remember Janie Brickley, a resident in the late 1970s, who celebrated her 106th birthday with us and thus had lived through 424 seasonal transitions.

Older adults are sometimes referred to as “seasoned citizens.” It’s not a pejorative term but it certainly is not widely accepted by the folks in that age category. But maybe it should be and maybe even welcomed. “Seasoned” has several positive meanings and

connotations. A seasoned person is experienced, knowledgeable, qualified, tested, well versed, skillful, and one that has weathered the elements; in this case the elements of multiple seasons filled with numerous and diverse life events.

Working for and serving seasoned folks over the course of my career was an extremely positive and beneficial experience; especially since almost all of my career was with the Timbercrest community and with the seasoned residents of Timbercrest.

I was extremely blessed by my career at Timbercrest and it was because of its residents. Of course, they all seasoned at the same rate as everyone else but these folks were different; different because of their distinctive seasoning. They were well-seasoned because of their faith and their values. Their many seasons were experienced

within the context of their faith journey. The numerous and diverse events of their seasons were beautifully seasoned by their faith in God and their commitment to love and serve others. That’s why I was blessed. That’s why I thrived.

That was my experience then and I truly believe that continues now. The residents of Timbercrest are well-seasoned folks who use their healthy seasoning to flavor the culture and character of Timbercrest making it a great place to live, work, and thrive.

P.S. Disclaimer: Please understand there were/are some seasoning differences; some sweet, some salty, some spicy, some mild, some intense, but that’s a story for another time.

Blessings

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costs of these projects. The first is a \$200,000 gift from the Paul Speicher-Ralph Naragon Advised Non-Permanent Fund. This generous gift, along with funds made available by Morrison, Timbercrest’s dining services provider, will provide enough resources to pay for the complete renovation of A-Street, Neighborhood Market, the Chef’s Nook, and new Canteen. This gift, paired with individual, designated gifts, will also fully pay for the Chapel Audio-Visual upgrades.

The Timbercrest Trails project is also fully funded by a gift from our electric company, Kosciusko REMC, who is

providing \$10,000 in addition to a \$7,500 grant from the Community Foundation of Wabash County to rebuild the bridge over Swank Creek and revitalize the outdoor space. By partnering with the Boy Scouts, the labor for the bridge rebuild will be donated as they work to complete their Eagle Scout project.

We extend our sincere thanks to the individual donors, the Paul Speicher – Ralph Naragon Advised Non-Permanent Fund, Morrison, Kosciusko REMC, and local Boy Scout Troop 465 for their support of the Timbercrest Community.

The Faces Behind the Food

By Steven Watkins, Director of Dining Services/Morrison Living at Timbercrest

At some point in our lives, we've all prepared a meal, either for just ourselves or possibly for our families.

It's safe to say that there was probably quite a bit of planning and work necessary to prepare that meal. To begin, a trip to the local market to purchase everything. Then comes the preparation and cooking of the assorted foods, followed by identifying all of the plates, bowls, flatware, utensils and glassware needed for everyone. The dining room table needs set up with all of these items. The foods must then be plated or bowled for service and placed on the freshly set dining table for all to enjoy.

After each successful meal, the final part of the process always remains ...the clean-up. Leftover foods must be wrapped for storage or refrigeration. Plates, bowls, utensils and flatware must all be washed, dried and properly stored. Then the table must be washed clean in preparation of the next meal. It is a lengthy process that requires much planning, hard work, and skill.

Imagine doing the above-mentioned steps three times each day for each and every resident that lives at Timbercrest. It is a big job and takes a team of professionals to successfully execute each time.

The individuals that make this happen each and every day is the Morrison Culinary Team! Their familiar faces are currently being displayed on A-Street, along with some of their favorite things, in appreciation of all their hard work.

These smiling faces arrive each day to perform their very best to provide Timbercrest residents and staff with delicious, freshly-made meals, to nourish our bodies and to warm our souls. They strive to make every dining experience at Timbercrest the best part of the day.

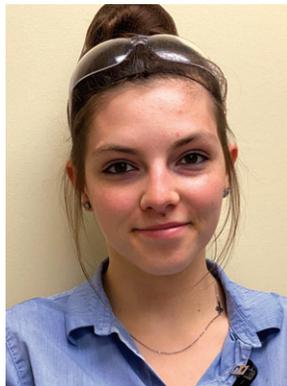
These are the "Faces Behind the Food".



Angel Nance



Noah Stafford



Adrienne Aughinbaugh



Nate Ganz



Terrance Wortinger



Rachel Anthony



Phylcia Witmer



Susie Troyer



Kathy Gahl

Photos provided by Morrison Living at Timbercrest

Bring Your Passions to Timbercrest

By Heather Cruz

Walking in to Dewayne and Sheila “Bubbles” Lynn’s Neighborhood Home the evidence of her passions are everywhere. Each time I have been there, she is busy making something delicious in the kitchen. I asked her if I could share part of her story with our Timbercrest community and she graciously agreed. The stories she told were ones of hard work and a lifetime of learning. She had spent many years in the kitchen of the home she raised her family in. When it came time to consider a move, she knew that their next home would be smaller, but her passions were just as big as they’d always been and there was no way she was giving them up. She shared with me a little bit about how they had been cultivated over a lifetime and how she continues to enjoy them now that she is a part of the Timbercrest community.



Bubbles didn’t listen to her mom when she told her she was going to need to learn her way around the kitchen. She was much more comfortable driving the tractors and feeding the hogs on the farm where she grew up. She never imagined herself canning and cooking and baking. She was too busy keeping the chores up while her dad was out doing custom farm work. In high school, she even raised, bred and sold pigs to make money before finding work off the farm.

At 15, she started waitressing. Her brother would take her until she was old enough to drive herself. She could

have never imagined how much she would enjoy waitressing, but boy, was she a natural. She could talk the customers in to buying a cup/bowl/side of anything! She says she would still waitress today if she could. In fact, she has always dreamt of owning her own restaurant, and she would call it Bubble’s Café.

Waitressing began pulling her in to the kitchen, and she began learning all that her mom told her she would want to know. It started with side salads, but soon she was making entire meals, even menus, and she got really good at it.

Although she never owned her own restaurant, she did get a taste of it over a span of three days, every year, for 10 years. She cooked for the throngs of people that came to the Old Boys Toys Tractor Show at Paradise Springs in Wabash, Indiana. One year she recalls having TEN refrigerators outside the cabin holding all the things she would need to feed thousands of meals in three days.

Somehow she also managed to work at Ford Meter Box Foundry for 12 years. Even there her love for feeding folks was evident. She brought food in each week for her coworkers

to enjoy. Her homemade pies and ice cream were a hit each summer and at Christmas time she made her very popular chocolate fudge to share and sell.

All of the exposure in the kitchen grew in to a passion. Bubbles spends each autumn expertly preserving the

literal fruits of her labor. She preps and cans or freezes corn, tomatoes, green peppers, blueberries and blackberries, peaches, and green beans. These days she gets her produce not from her garden, but from friends

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Meet Timbercrest's Social Service Designees



Kira Wardwell

Social Service Designee since 2004 (17 years)

Why did you choose to become a social worker?

I always knew I wanted a profession where I could help people. After high school I started working as a CNA. In 2004 the employer that I worked for at that time sent me to Indy for my Social Service Designee certificate. I started working for Timbercrest in November, 2006 and have been the Social Service Designee for Health Care and Crestwood ever since. I am currently enrolled at Ivy Tech and working on earning my Associate Degree in nursing so that I can become an RN.

What do you like best about your work?

The best part about my job is visiting with my residents and hearing their life stories. I love being able to help them every day.

Personal mantra you use often with yourself and/or with those you work with:

F.R.O.G. "Fully Rely On God"

Special interests or hobbies:

I love to kayak, camp with my family and I love cooking especially if it involves using my Air Fryer!!!

Deja Lung

Social Service Designee since 2018

Why did you choose to become a social worker?

I chose to be a social worker to help improve the lives of others. I am a very empathetic person, and I often feel connected to those I am around. I am drawn to help residents and families going through difficult life transitions, assisting people in coping with acute conditions and chronic illness, and advocating for resident rights. I go to IWU in the spring and summer and hope to receive a psychology degree.

What do you like best about your work?

I love the connection I feel with my residents. I learn so much about life, love, and God through their personal experiences and stories.

Personal mantra you use often with yourself and/or with those you work with:

"Where the Elderly are not honored, there is no future for the young" —Pope Francis

Special interests or hobbies:

I enjoy running 5K and longer distances and also weightlifting!

A Lovely Place to Call Home

By David Cox, Timbercrest Board Member

I am in my tenth year as a member of Timbercrest Board of Directors. However, my experience with the community began years earlier when several members of my wife's family moved to Timbercrest in their retirement. There was never any question about the quality of care at Timbercrest and the warmth and care of the community was always evident.

I welcome the opportunity to be a part of the community by serving on such an excellent board. It has been an enriching experience to serve with the engaged and insightful individuals that make up the Timbercrest Board of Directors.

As a group we remain very mindful that, for the residents, Timbercrest is home. I know that the management, staff, and board realize that residents rely on each of us to make the best decisions to care for them and their home. For more than a year, the challenges we have faced have been different than those in the past. I have considered it a privilege to do my part as a member of the board.

I along with those that serve with me are thankful for all the ways Timbercrest has been supported throughout these challenging times.

Please consider giving to Timbercrest, and being a part of what makes it such a lovely place to call home.



For more information on giving to Timbercrest, including bequests and gift annuities, contact Stanley Noffsinger at 260-982-2118.

To give a gift online, visit www.timbercrest.org.

Passions

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and neighbors at Timbercrest, as well as local farms such as RiverRidge and Cordes Berry Farm.

Her strawberry jam has even become somewhat famous among Indiana State Fair goers. Ten years ago she sent some jam with her husband to put on his toast each day as he worked at the fair. He shared some with

a friend and now that friend requests 50 jars each year to give away as gifts! Bubble's passion for canning is shared by her daughter Charlie, a nurse at



Timbercrest, as she has award winning salsa and relish, also renowned at the State Fair.

Bubble's brilliance in the kitchen came with her to Timbercrest in 2019 as she and her husband started yet another season in their lives by moving in to a Neighborhood Home. She has a beautiful kitchen that is brimming with the incredible smells of her most recent project. Her freezers are full and her pantry boasts beautiful cans of tomatoes, juice and green beans.

The passion she has for food, from preparation to preservation, is obvious as she talks about it all. Although her mother was never able to see her daughter's prowess in the kitchen come to fruition, Bubbles admits, albeit a bit misty-eyed, that her mother would be proud.



A Winter Wonderland with Less Worries

Timbercrest is a lovely campus all year long. Beautiful blooms make spring alive and colorful. The lush green of the trees and grass that blanket our campus during summer almost sparkle in the sunlight. In the fall, all of those trees come alive in vibrant hues of gold, amber and ruby. As those leaves fall to the ground, Timbercrest prepares to be covered in the icy silk of snow.

As the winter season nears, Timbercrest maintenance department is busy getting ready by servicing the plows that will move the snow. Bins of ice melt are placed at each entrance, ready to be used at the first sign of inclement weather. Maintenance is charged with making sure the entire manor and each Neighborhood Home is weatherized and ready to face the elements. Heating systems are checked and then maintained all winter long, ensuring that over 400 people stay comfortable and safe for months. Maintenance employees know they will be called upon to come in early, or even the middle of the night to make our grounds safe for residents and employees that must come and go, even in adverse weather.

Mary Beth Gast
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Timbercrest is grateful for the maintenance team that takes such good care of the community all year long, but especially in the winter season. Winter care for a home is challenging, especially as we age. If the thought of maintaining your home through this upcoming winter feels daunting, reach out to Timbercrest to discuss a Winter Stay.

A Winter Stay offers a warm, maintenance-free solution, alleviating the need to replace furnace filters or the need to clear sidewalks. Nursing staff is available 24 hours a day, even in the worst of weather, meaning you won't have to brave the elements to see your doctor for routine treatments.

If you think a Winter Stay is a great option for you or a loved one, contact Mary Beth Gast, Director of Admissions and ask about current incentives.



*Making good things
happen... together!*

Our Mission

To be an innovative, collaborative
and trustworthy resource that
enables adults to experience
aging with peace of mind.



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