



To: Timbercrest Community
From: Christy Huiras, COO
Date: August 20, 2021
RE: Infection Control Updates

With the rising concern in Indiana for increases in COVID-19 infections and the Delta variant, the Indiana State Department of Health (ISDH) has been reviewing and updating the regulatory guidance for long term care facilities. The guidance for vaccinated healthcare personnel and residents was updated in the spring to allow for times when masks could be removed. The new guidance from ISDH sites the Centers for Disease Control and Prevention's (CDC) new recommendations for all vaccinated and unvaccinated healthcare personnel, residents, and visitors wear masks indoors in consideration of the highly transmissible Delta variant.

The following changes are being implemented for Manor residents (Residential Living, Health Care, and Crestwood) and visitors:

- Well-fitting facemasks are to be worn during all indoor activities and visits, covering both nose and mouth. Masks are encouraged during outdoor interactions.
- Manor residents who leave the facility 24 hours or more will be screened for exposure and COVID tested (rapid test) upon return and again 3-5 days following. If a positive test is received, the resident will be admitted to the COVID wing in Health Care.
- Manor residents who leave the facility for any type of medical appointment will be screened for exposure and COVID tested (rapid test) upon return and again 3-5 days following. If a positive test is received, the resident will be admitted to the COVID wing in Health Care.
- As announced yesterday, community dining returns to eating at a safe distance of 6 feet or more from others, beginning with supper yesterday (Aug. 19th). Masks are to be worn when not actively eating or drinking. Residents who want to leisurely read the newspaper or mail after a meal may do so while wearing a mask.
- Group activities will continue with safe distancing and facemasks.

You may have become aware through a variety of news sources of a COVID-19 vaccine booster being made available in the coming weeks. We do not have any specific information to share at this time about when it will be available to Timbercrest residents. We will update you with more information once we have it.