



To: Timbercrest Community
From: Christy Huiras, Chief Operating Officer
Date: June 18, 2021
Re: Visitation Guidance Documents

We continue to be grateful for the ability to see so many families and friends visiting again. However, we want to keep everyone well informed of the visitation policies so that we can continue to remain diligent in keeping everyone safe and well. Attached to this memo are two new documents designed to provide you with this information.

- *Visitation Guidance for Residents and Families* was developed to pull all the Timbercrest visitation information communicated to you over the last few months into one document. We hope you find it helpful to have one place to reference.
- Additionally, the Indiana Department of Health provided a one-page information page, *Visitation Requirements Guidelines for Long-Term Care Facilities*, as well.

These documents will be made available on Timbercrest's COVID-19 Information webpage as well.

Although the state and federal regulatory changes have been gradual, we are glad we are getting to a more familiar environment in the dining room and with social activities. We've done a great job over the course of the pandemic and, like you, we look forward to more changes yet to come. Thank you for your part in keeping our community well.

Timbercrest...making good things happen...together. ©



Visitation Guidance for Residents and Families

Posted June 18, 2021

Designated indoor and outdoor visiting areas are available to reserve through the Timbercrest website, <https://timbercrest.org/timbercrest-senior-living-communitys-response-to-covid-19/>. Outdoor visits remain preferred due to the decrease in potential exposure to infection. These spaces allow up to 6 individuals (including residents) to visit.

Residents are able to receive visitors in their accommodations based on vaccination status of the resident and visitors.

Unvaccinated Resident: The unvaccinated resident may host up to 2 visitors in their apartment or room. Face masks and social distancing are required.

Vaccinated Resident with Unvaccinated Visitors: The vaccinated resident may host up to 2 visitors in their apartment or room when the visitor/visitors are unvaccinated. Face masks and safe distancing are required. However, the vaccinated resident may choose to have physical contact with the visitor. However, be mindful to limit close contact to 15 minutes or less in a 24-hour period to reduce potential exposure.

Vaccinated Resident with Vaccinated Visitors: The visitor group size is only limited by the size of the resident's private room or the visitation area. Face masks and safe distancing are not required. When a staff member is present, masks must be worn and social distancing must be observed with the staff member. The resident's door to the hallway must be closed during the visit. The group size may be limited to 2 visitors if a resident is not in a private room and resident is not able to visit in an alternate location.

Fully vaccinated resident may eat with fully vaccinated visitor/s in resident room or private dining room in Health Care and Crestwood, or designated visitation space.

All visitors must continue to follow the core principles of infection prevention and established guidelines:

- Enter and exit through the Hub Entrance during established visiting hours (7 a.m. to 7 p.m. daily)
- Pass a COVID screening questionnaire upon arrival
- Check out at screening station is required
- Perform hand hygiene before and after visit

- Wear face mask properly over the nose and mouth when required (must be worn going to and from the visiting area or room)
- Children under age 2 are not required to wear a mask
- Social distance from other residents, staff, and visitors.
- Go directly to and from the visit area or room
- Overnight visits are not permitted
- Visitation privileges may be suspended for noncompliance
- Special arrangements as needed. Contact visits@timbercrest.org

Regardless of vaccination status, visitors may be restricted from visiting based on their screening results. Visitors who have a current COVID infection, symptoms of COVID-19 or prolonged contact with someone with COVID in the past 14 days or are in quarantine for any other reason will not be permitted to visit.

Some circumstances will require limiting indoor visitation per ISDH guidelines. These scenarios include limiting indoor visitation for:

- Residents with confirmed COVID-19 infection, whether vaccinated or unvaccinated until they have met the criteria to discontinue Transmission-Based Precautions; or
- Residents in quarantine, whether vaccinated or unvaccinated, until they have met criteria for release from quarantine.
- Suspension of all indoor visits during outbreak testing.

Outdoor visits are still available during suspension of indoor visits.

Visitation Requirements Guidelines

for Long-Term Care facilities

OUTDOOR VISITATION



- Create accessible & safe spaces
- **MUST** continue except during inclement weather or resident health status changes
- **NOT** permitted for confirmed COVID-19 infection or in quarantine
- COVID-19 outbreak status is **NOT** considered a reason to suspend outdoor visitation



INDOOR VISITATION

****Indoor visitation MUST always be allowed. (**Visitation Limitation & **Indoor Visitation During an Outbreak)**

- Length of visit should **NOT** be limited
 - o Semi-private room – More than one visitor/per resident must be allowed if desired but must be able to ensure social distancing. The privacy curtain should be pulled
 - o Private room – Vaccinated resident any number of vaccinated visitors as space allows
 - o No limit to number of visits per day/week, including same visitor daily



****Visitation limitation – due to high risk of COVID-19 transmission:**

- o Unvaccinated residents, if county positivity rate is > 10% & < 70% of resident in facility are fully vaccinated.
- o Any residents with confirmed COVID-19 infection – until criteria to discontinue transmission-based precautions; or

****INDOOR VISITATION DURING AN OUTBREAK**

(this section only pertains to SNF/NFs):



When a new case of COVID-19 among residents or staff is identified, a facility should begin outbreak testing and suspend all indoor visitation immediately until at least one round of facility-wide testing is completed.

VISITATION CAN RESUME BASED ON THE FOLLOWING CRITERIA:

- If the first round of outbreak testing reveals no additional COVID-19 cases in other areas (e.g., units) of the facility, then visitation can resume for residents in areas/units with no COVID-19 cases. However, the facility should suspend visitation on the affected unit until the facility meets the criteria to discontinue outbreak testing.
- If the first round of outbreak testing reveals one or more additional COVID-19 cases in other areas/units of the facility (e.g., new cases in two or more units), then facilities should suspend visitations for all residents (vaccinated and unvaccinated), until the facility meets the criteria to discontinue outbreak testing, meaning every 3-7 days until no new COVID-19 case is identified in a 14-day period.