



The Timberline

Monthly Newsletter of TIMBERCREST Senior Living Community – May 2021

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Memorial Day Observance

Our annual recognition of those who died in serving their country and humanity will be **Friday, May 28**, at **2:00 p.m.** at the flag pole near the Main Entrance. (In case of inclement weather, the service will be in the Chapel.)

This is a quiet, reverent service with prayers, hymns and poetic tributes. Everyone is invited to attend.



Wing-Dings: New Socials to Start!

Ever been to a bona fide “wing-ding?” Here we go!

Each month we’ll be pairing wings and streets for a sort of “mini-Fellowship Hour,” with a program and refreshments. We’re aiming to keep the groups to around 25 so we can maintain good social distancing.

The first Wing-Ding will be **Friday, May 7, at 2:30 p.m.** in the Recreation Room (where the pool tables are). The program will be character impersonator Sharon Dillman, interpreting persons from literature and history.

The May Wing-Ding is for those who live in B, C, D, E and F wings. No need to R.S.V.P. Just come on down!

Future months will feature other wings, streets and combinations of wings and streets. We are hoping to have these the first Friday of each month. Contact Jennifer Gearhart 982-3959.



Timbercrest Film Committee Presents May Films

Loosened restrictions mean that we are able to show films in-person again. Seating will be six-feet apart in the Timbercrest Chapel. Attenders should wear masks. May films are:

- **Friday, May 14, Yesterday; 7:00 p.m.** in the Chapel; *2:00 hours with closed captions*.

After a mysterious blackout, Jack Malik discovers he is the only one on earth who remembers The Beatles. As he rockets to fame by passing off the Fab Four’s songs as his own, Jack risks losing Ellie, the one person whom he has loved and believed in him from the start. Before the door to his old life closes forever, Jack must decide if “all he needs is love” after all.

- **Monday, May 31, Memorial Day, Hachi, 7:00 p.m.** in the Chapel; *1:30 hours, with closed captions*

Young Ronnie reveals to his classmates that his personal hero is a dog named Hachi. Ribbed by his fellow pupils, Ronnie goes on to tell the remarkable story of his grandfather’s friendship with the dog.



Bingo

Bingo is **Monday and Friday at 11:00**, in-person in the Chapel and also live on Channel 3. (Players on Channel 3 call in their wins.) Bingo cards are available at the game or by picking one up at Jennifer Gearhart's office near the Hub. Contact Jennifer 982-3959 for details.

Exercise Updates

- Strength Training – light weights and stretchy bands - is in the Recreation Room on **Tuesday and Thursday at 10 a.m.**
- Chair Tai Chi will be **Monday and Friday at 10 a.m.** in the Recreation Room.
- Exercise videos are on Channel 3 at **9:30 a.m.** Monday through Friday if you can't make it to class in person.
- Enjoy Yoga in person or in the comfort of your home **Wednesdays, 10 a.m.**, on Channel 3.
- Questions about the exercise program or Fitness Center? Contact Rhonda Nettrouer 982-3925.

Sewing Sisters Continue

The important work of the Sewing Sisters continues **Monday, May 3, at 1:00 p.m.** in the Quilt Room on A Street. If you have questions or are interested in joining this group, contact Mary Ritchey 982-2112.



Book Club Meets

Timbercrest Book Club members are going to meet together **Monday, May 10, at 2:00** in the Conference Room (in the west basement), socially distanced. Remember to wear your mask to the meeting.

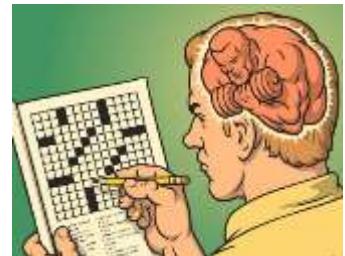
Our May book is *Black Elk Speaks*, a fascinating glimpse into the history of Native Americans in our country. If you are interested but not a member, contact Marilyn for a book, or just show up to listen to our discussion. We love new members! Call or text Marilyn Kieffaber at (260)578-5008 or e-mail marilynkieffaber@hotmail.com Neighborhood Homes members are welcome as long as coronavirus guidelines permit.



Help yourself to lily of the valley from the bed on the north side of the gazebo (toward the Snack Shop). They'll be blooming soon and are a charming aromatic for your home.

Giant Crossword!

The Giant Crossword is **Thursdays at 1:30 p.m.** in the Snack Shop. All residents are welcome, even if you never did a Crossword Puzzle before. Puzzles are generally Easy to Medium.



Shopping Trip to Warsaw

Enjoy shopping in Warsaw, **Tuesday, May 11**, departing from the Hub at **11:00 a.m.**

Shopping opportunities include: Kohl's, TJMaxx, Shoe Carnival, Ulta Beauty Supply, Kay Jewelers, Pet Smart and Dollar Tree.

Before shopping we will have lunch at the Boathouse Restaurant, Winona Lake. (There is also shopping at the Boathouse!) The Boathouse serves American food, with a menu spiced up with unique offerings from around the world. Wrap sandwiches are a specialty at lunch. See a full menu at: www.boathouseatwinona.com

Meal cost and gratuity are on your own. Seating on the coaches is limited due to social distancing. Drivers are welcome to organize carpools to caravan with the coaches. If you plan to carpool or caravan, you should sign up in the Notebooks anyhow so we can give the restaurant an accurate count.

Sign up in the Notebooks outside of the Dining Rooms. Questions? Contact Rhonda, 982-3925.



Art Class with Sharon Fruitt

A two-part series of ink and watercolor work is the next Art Class, **Wednesdays, May 12 and 19, at 2:00 p.m.** in the Recreation Room. Sharon Fruitt is the instructor for these classes in May.

Sharon is well-known at Timbercrest as an interior designer for many homes on campus.

Sign up in the Notebooks at the Dining Rooms to participate so there are enough supplies on hand. Questions? Contact Jennifer Gearhart 982-3959.

Hymn Sing Lifts Spirits!

Hymn Sing on Channel 3 continues weekly **Tuesdays at 3:30 p.m.** broadcast from the Chapel. Find ways to sing to each other over the phone, through the walls, in the hallways, in the garages...



Riders Can Join the Trip for Walmart Shopping

Walmart shopping is **Thursday, May 13**, departing from the Hub at **9:30 a.m.** Great news! Riders can go along – safe distancing in the coach limits us to four riders per vehicle. Sign up to ride along in the Notebooks at the Dining Rooms.

If you are unable to go, Walmart shopping lists are due **in Campus Mail only by 8:00 a.m.** on May 13. It is preferred to order produce, dairy and eggs through the local Neighborhood Fresh Market shopper on Tuesdays. Milk half-gallons and eggs are sold in our Neighborhood Market.

Be sure your note is clear: sizes, quantities, etc. If you write “the largest bottle” of something, you will get the largest bottle, which may be larger than you expected. On your order, be sure to include a phone number where you can be reached while the shopper is at Walmart.

Lunch Out: Salvatori's Authentic Italian Eatery

Enjoy May's Lunch Out in Fort Wayne at Salvatori's **Tuesday, May 18**, departing from the Hub at **11:00 a.m.** Recently, Salvatori's was voted Fort Wayne's Best Italian Restaurant. They have a very large menu of Italian specialties, serving pasta, pizza, sandwiches and salads. A full menu can be seen at www.salvatorisfortwayne.com Meal cost and gratuity are on your own.

Seating on the coaches is limited due to social distancing. Drivers are welcome to organize carpools to caravan with the coaches. If you plan to carpool or caravan, sign up in the Notebooks anyhow so we can give the restaurant an accurate count.

Sign up in the Notebooks outside of the Dining Rooms. Questions? Contact Rhonda, 982-3925.

Coffee In: Dunkin Donuts

Come to Coffee In on **Friday, May 21, at 9:30 a.m.** for a hot cup of Starbucks Coffee (regular or decaf) and a fresh doughnut from Dunkin' Donuts. There will be a variety of choices. Remember, “America runs on Dunkin’.” ☺

Sign up in the Notebooks at the Dining Rooms.

Frauds and Scams at the Nineties Club

Frauds and Scams will be the topic of the **Friday, May 21**, meeting of the Nineties Club. The meeting is at **3:00 p.m.** in the Chapel. It will also be on Channel 3. The meeting will include a video provided by the United States Postal Service, AARP and other resources.

The April AARP Bulletin covered scams and frauds in a thorough manner. Some of the resources named in the article will be available at the meeting. These will also be available for non-Nineties Club members after the meeting.

The Nineties Club is for everyone 90 and older and their spouses.



Join the Teaching Kitchen

Join Dining Services in our second Teaching Kitchen, **Tuesday, May 25, at 2:00 p.m.** in the Snack Shop. Timbercrest chef Cory Seykoski will provide a tasty make-and-take item for participants. Seating is limited. Sign up in the Notebooks at the Dining Rooms to participate.

The program will also be live on Channel 3.

Praying with Scripture/Lectio Divina

“Silence is not an absence of sound but rather a shifting of attention toward sounds that speak to the soul” - Thomas Moore

Join a prayerful encounter with scripture, silence and reflection at Praying with Scripture, **Thursday, May 27, at 3:30 p.m.** in the Chapel. In this practice, also known as Lectio Divina, we listen together for the still, small voice of the Spirit.



Seniors for Peace: Growing Grounds

Growing Grounds, an outreach project of the Wabash Church of the Brethren, is the May Seniors for Peace program

Thursday, May 27, at 10:00 a.m. The program format has not been finalized yet (video recording or in person), so the location is to be announced.

Carol and Dennis Horn will be the main presenters. The following is taken from the Wabash COB Growing Grounds web site:

Wabash Church of the Brethren has partnered with Education for Conflict Resolution to form Growing Grounds with the support and cooperation of the County Sheriff, Jail Staff, and other community agencies to offer resources and skills for the successful transition from incarceration into positive participation in the community of Wabash. The project focuses on women while in jail and following their release.

Spiritual Life Programming on Channel 3

View these Spiritual Life programs on Channel 3; many are in-person also.

- † Devotions in Chapel, **9:00 a.m.**, Sunday, Monday, Tuesday, Thursday and Friday; in-person and Channel 3
- † Praying with Scripture in-person, **3:30 p.m., Thursday, May 20**, in the Chapel
- † Hymn Sing, Channel 3, **Tuesdays at 3:30 p.m.**
- † Local church services on Sundays are on Channel 3; schedule is on page 5 of your *Timberline*
- † EvenSong, **Wednesdays at 4:00 p.m.**, locations depend on the speaker/program; check Channel 2, the bulletin board and your *Timberline* calendar.

Funerals and Memorial Services on Channel 3

When families or funeral homes provide recordings of services honoring Timbercrest residents, we will show the services at 2:00 p.m. Saturdays on Channel 3 (as long as there are no activity conflicts). Watch Channel 2 for details. We especially appreciate Joe Egner of McKee Mortuary for helping initiate this option.

Midweek Breaks

Enjoy these tasty treats **Wednesdays from 2-3 p.m.** Come to the Snack Shop to pick up your "treat." Limited seating is permitted as long as coronavirus restrictions apply. Treats can also be taken to your apartment or a lobby to eat with others (six feet apart). *Sign up in the Notebooks at the Dining Rooms if you'd like a treat!*

May 5 – Puppy Chow

May 12 – Finger Snacks

May 19 – Root Beer Floats

May 26 – Popcorn Parlor

As long as coronavirus restrictions allow Timbercrest to have visitors in the Manor, residents of Neighborhood Homes may come for these snacks.



Comment Cards Help Dining Services

Dining Services wants to hear from you! If you have any thoughts, comments, or suggestions; there are now comment cards available in Courtyard Dining Room. Cards are located at the entrance to the dining room or you can ask your server. Once you have filled it out, place in the box provided. Cards can be anonymous or signed. All cards will be reviewed and considered to help us improve your dining experience. Any questions, reach out to Amanda Burns at 982-3964. See you in the dining room!

Welcome to the Family

Welcome to these new members of the Timbercrest family:

Sandy and Jim Grossnickle moved to 8 Chestnut Court on March 15 from their home in North Manchester. Jim worked in dairy and grain farming, and Sandy was trained in elementary education. They are members of the Church of the Brethren.

Timbercrest Chat

Each **Thursday at 2:30 p.m.** tune in to Channel 3 for the Timbercrest Chat. You are also welcome to come watch 'live' in the Chapel. This program highlights special people and aspects of life at Timbercrest with host Brian Daniels.



EvenSong

Come for moments of inspiration and reflection every **Wednesday at 4:00 p.m.** in-person in the Chapel or live on **Channel 3**.

Check the bulletin board and Channel 2 for each week's program location.

May 5	Carol Young Lindquist and Ruth Ann Bever <i>Duets, Duets, Duets</i>
May 12	Jim Nutt <i>An Astronaut's View of God's Universe</i>
May 19	Kurt Borgmann <i>Lessons from the Backyard</i>
May 26	Mark Eastway <i>Old-Time Gospel Music</i>

Sunday Services on Channel 3

Tune in to Channel 3 for Sunday worship services from these local congregations:

9:30 a.m. – Manchester Church of the Brethren

1:00 p.m. – Manchester First Brethren Church

2:15 p.m. – Eel River Community

Church of the Brethren

3:00 p.m. – Zion Lutheran Church

4:00 p.m. – North Manchester United Methodist Church

Memoir Writing Class

Memoir Writing Class begins again in person starting **Wednesday, May 26, at 1:30 p.m.** in the D Wing Lounge. Instructor Jane Starner leads the group through meaningful ways to create a memoir for future generations.

Contact Jane (423)298-4569 or by email at bjstarner55@gmail.com.

Ceramics Are Great Fun!

Come paint ceramics **Mondays at 2:00 p.m.** in the Craft Room (west basement). It is a creative way to make items for sale in the Neighborhood Market or as gifts. No experience necessary! Contact Jennifer Gearhart, 982-3959, for a quick orientation.

Knit for Kids

Hand-crafted knitted items for children around the world go to Knit for Kids. Knitting projects can be taken to Knit for Kids coordinator Ann Rehrig. Ann also has plenty of extra yarn for use; contact her at 982-6058 to get some.

Notices

Memorial Services

Timbercrest has two memorial services each year to remember and honor those who have died. Our next one will be at the end of July. In the past these memorials have been planned by the chaplain and a group of residents, and we'd like to resume that tradition. If you feel called to help provide this service for the community, let Laura Stone know by May 15, 982-3938.

Center for History Exhibits Eberly Wares

There are exhibits of Bill and Eloise Eberly's china and silver and of Edward Kintner's glass negatives now on display at the North Manchester Center for History, 122 E. Main St. The Center is open Tuesday through Friday 10 a.m. to 4 p.m. and Saturdays 10 a.m. to 2 p.m. Admission is free; donations accepted.

The Center is replete with popular standard exhibits about North Manchester history and people. This would certainly be a great day excursion for individuals or a carpool of friends.

New Director of Dining Services Steven Watkins

Steven Watkins is our new Director of Dining Services. Steven has over 30 years' experience in hospitality management, including a time owning his own restaurant.



Steven comes to Timbercrest via Morrison. Most recently he served with Munson Health Care System in Manistee, Mich. He served at Holland Home, a continuing care retirement community in Grand Rapids, and oversaw six separate communities.

A life-long fan of the Liverpool (England) Football Club, Steven has coached youth soccer many years, especially when his three daughters were young. He is an amateur photographer and a "budding writer" (as he phrases it).

His wife, Tracy, is still teaching in their home community in Mount Pleasant, Mich.; she and Steven will be completely moved into a home in Fort Wayne at the end of the school year.

Contact Steven at 982-3964 or by email at:
StevenWatkins@morrisonliving.com

Courtyard Dining Room Service

Everyone who lives in the Manor (Residential, Option Plan, Health Care and Crestwood) is welcome to dine in the Courtyard Dining Room! Option Plan residents in the Manor, call extension 3962 to let Dining Services know which meal you would like to eat.

The best time to come for dinner is before 12:00 p.m. and after 12:45 p.m. If you arrive and there is a line, be patient and wait to be seated. You will be seated as soon as possible.

Meal prices for persons without a contract are:

- Breakfast: \$7.50 per person
- Dinner: \$9.50 per person
- Supper: \$8.75 per person

Contact the Receptionist at the Front Desk with any meal billing questions or meal contract information.

Unfortunately, outside guests and Neighborhood Homes residents are still not permitted in the dining room. Any questions, please reach out to Steven Watkins (3964) or Amanda Burns (4595).

Weekly Shopping Trips

Residents can now ride along with the shopper and make their own purchases. There is a limit of four persons per coach to allow for social distancing, and masks are required.

Tuesday – Neighborhood Fresh Market, Dollar General and The Hardware for all Manor residents (there are times when shopping demand creates overflow shopping on Wednesdays)

Thursday – CVS, Manchester Marketplace, Allen Feed, other stops for all residents

If you are unable to go along, you can submit shopping lists at Jennifer Gearhart's office at the Hub. **Shopping lists are due the day before shopping.**

Important Reminder about Appointments, Transportation and Tele-Health Visits

All medical appointments for Manor residents should be scheduled by the Transportation Coordinator Kelli McCombs 982-3941. If you need Timbercrest transportation - whether you live in an Option Plan apartment, a full-service home, Health Care or Crestwood - Kelli should scheduling them.

Now that many are able to drive on their own or go with family members, it is still vitally important to let Kelli know of these appointments. In the event of another shut-down, it is best to know about these appointments rather than to be surprised by them at the last minute.

Many health care appointments are via tele-health. Schedule a tele-health appointment with your doctor through Kelli McCombs, transportation coordinator and scheduler, at 982-3941.

Up-to-Date Coronavirus Information

Visit www.timbercrest.org for the latest on coronavirus and its impact on the Timbercrest family

Resident Council: How It Works

The Timbercrest Resident Council represents concerns of the whole campus, representing various areas on campus: Neighborhood Homes, Option-Plan Apartments, Full-Service Apartments and Health Care-Crestwood. Members are elected at All-Resident Meetings. Council members are listed in *The Timberline* on the Gold Page.

May Chapel Speakers

Devotions are shared **Monday, Tuesday, Thursday and Friday at 9:00 a.m.** in person in the Chapel and live on Channel 3. EvenSong is Wednesday at **4:00 p.m.** weekly.

Speakers for the coming month include:

May 2 - Laura Stone (Sunday worship)
May 3 - David Doudt
May 4 - Liz Hoffman Bauer
May 5 - EvenSong
May 6 - Tim Ritchey Martin
May 7 - Helen Beery
May 9 - Laura Stone (Sunday worship)
May 10 - Stan Escott
May 11 - Esther Hamer
May 12 - EvenSong
May 13 -
May 14 - Gospel Music with Joe Driskell
May 16 - Laura Stone (Sunday worship)
May 17 - Marie Willoughby
May 18 - Doris Carpenter and Eileen Flory
May 19 - EvenSong
May 20 - Dick Long
May 21 - Kent Harting
May 23 - Laura Stone (Sunday worship)
May 24 - Mike (or Marie) Willoughby
May 25 - Amy Gall Ritchie
May 26 - EvenSong
May 27 - Dwight Beery
May 28 - Gospel Music with Joe Driskell
May 30 - Laura Stone
May 31 - David Rogers

Churches Offer Online Services

Several local churches have worship services which can be viewed on your computer, tablet, or smart phone:

- 1) Manchester Church of the Brethren: manchestercob.net; click the YouTube button at the bottom of the page.
- 2) Manchester United Methodist Church: northmanchesterumc.com; click Worship and then Worship Live links.
- 3) Manchester First Brethren Church: nmfbc.org; click the "Worship with us ONLINE" graphic.
- 4) Eel River Community Church of the Brethren: [YouTube.com](https://www.youtube.com), search for Audri Svay, and click her name.
- 5) Liberty Mills Church of the Brethren: libertymillscob.org; click LMCOB YouTube Channel



Ecology Corner –May 2021

Where to Recycle

Special-handling items (egg cartons, batteries, plastic bags, lightbulbs, orange prescription bottles and caps & lids) are currently collected **in the SNACK SHOP**. These items should not be placed in the trash.

Other items can be recycled in the yellow containers in each wing's janitorial closet.



TC Library Notes

- We hope to resume carrying titles from the North Manchester Public Library and the Indiana State Library soon. Please watch Channel 2 for notification of this.
- Vivian Ogden, Mim Eberly, Arlene Deardorff, Joann Hill and Joan Fahs assist staff member Rhonda Nettrouer on the Library Committee.

Garden Notes: Vegetables and Flowers

Gary Heisler and Joan Fahs have been diligent about gardens this spring. Here are a few notes:

- Residents who did not have a **vegetable garden** plot last summer and want one this summer, contact Gary Heisler (517)420-2956. The garden is downhill to the north of the Willow Way loop.
- There is room to expand the garden area. New gardeners are welcome!
- Rabbit fencing, an electrical deer barrier and water hydrants are all provided.

In the Manor Courtyard, Joan Fahs shares that the center flowerbed will be tended by Doris Carpenter, Esther Keaffaber, Danna Walters, Cora Deeter, Ann Rudig and herself. They are grateful for the years of tending this flowerbed by Lois Snyder and Don Beckner.

NEEDED: Someone strong enough to dig, divide and replant in the area around the Courtyard Gazebo. Contact Joan if you're interested!

Peace Corner

Spring is in full swing. The following thoughts come from *The Peace Book* by Louise Diamond.

"To know and express our love for peace we express our love for all who share this planet with us, for all who live, for our relatives. In respecting life, we honor that potential for peace that is within us all. In respecting the whole family of life, we honor the sacred circle of all that is."

- Hug a tree, bless a star, say "thank you" to a butterfly, cherish a worm, caress a leaf, blow a kiss to a bee, tickle the grass, pat a cat, Treat all of life as your favorite relative.
- If there is any creature that you are afraid of... find something to like about them. Spend one hour getting to know all you can about them. Pretend that this creature is your new best friend.
- When you awaken in the morning, offer a prayer of gratitude to God that you are alive. Fill your lungs with fresh air.
- When you go to sleep at night, list the highlights of your day. What were the nest moments? What can you celebrate?
- Make an offering of your joy. Whenever something happens during the day that beings you happiness, important life lessons or a moment of peace, dedicate the benefit of it to others.
- Make a simple prayer that whatever good you are experiencing might ripple out from you and bring the same good to others.

