

The Timberline

Newsletter of TIMBERCREST Senior Living Community – September 2020





Peace Week
September 21~25.
See page 5 of your
Timberline for
details.

Brown Bag Lunches in the Courtyard

Music in the Courtyard with a picnic is each **Friday at Noon** with music from **Noon to 1:00**; diners can enjoy lunch with friends. Bring a lawn chair and sit “socially distant.” Bring a “brown bag lunch” of your own or order one from Dining Services; brown bag lunches need to be ordered by 5:00 p.m. the Wednesday before the lunch. Sign up in the Notebooks at the Dining Rooms.



The final Brown Bag Lunch of the season is September 25. Diners are encouraged to submit suggestions for the music playlist. Write suggestions on the blank when you order your lunch in the Notebooks.

Music for September includes: **September 4** – Gaither Favorites; **September 11** – Patriotic Favorites; **September 18**– Welsh Choral Music; **September 25** – You Create the Playlist.

Lunch Out...Brought In

Enjoy take-out from the brand new Penguin Point restaurant, North Manchester, **Tuesday, September 15**. A limited menu will be posted on Channel 2 and the bulletin boards. Sign up in the Notebooks outside of the Dining Rooms. Neighborhood Homes residents sign up at the Main Entrance foyer. Indicate the number on the sign-up sheet of the meal you would like. Pick-up time is Noon at the Main Entrance. Meal cost is on your own and tipping is not required. Please have exact change or make check payable to “Timbercrest.” Sign up by **Friday, September 11**. Orders are limited to the first 15 residents that sign up. Questions? Contact Rhonda, 982-3925.

Chanticleer “Virtual” Performance



Chanticleer String Quartet will perform **Friday, September 4, at 2:00 p.m.** by way of internet. The quartet performs all over the country, livestreamed to Timbercrest. You can view the performance in the Assembly Room, the Health Care Family Room and Crestwood Great Room; individuals will also be able to view the performance from their homes on their personal computer. A link will be provided closer to the date.

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Your Help, Please

There are several outside contractors on campus in the Manor and in the Neighborhood Homes. These workers are hired for specific jobs and usually work in other locations in addition to Timbercrest.

Some residents stop the contractors in the middle of their work and ask for work to be done. They are not Timbercrest employees and shouldn't be performing work our own Maintenance team should be doing.

All work requests for maintenance should go through the Receptionist, 982-2118. Thanks for your help!

Christmas Is Coming!

It's just 115 days until Christmas! Which means it's only 85 days until we start decorating for Christmas. Another meeting for wing representatives (or anyone) is **Thursday, September 10, at 10:15 a.m.** in the Assembly Room.

A meeting for Neighborhood Homes representatives will be **Thursday, September 10, at 3:30 p.m.** in the Chapel.

The theme for 2020 is "An Old-Fashioned Christmas." Some Timbercrest "Old Fashioned" decorations will be featured: the Crismon Tree, Helman Pictures, Precious Moments Nativity, International Dolls Wreath, Dave the Reindeer and Nativity scenes.

An inventory of some decorations in "Santa's Workshop" is available. Also, employee departments are being encouraged to decorate a tree or have some sort of Christmas display.

Exercise Classes for All on Campus

Exercise classes are underway! Times have changed in order to accommodate the new dining schedules in the Manor. All classes are in the Recreation Room. Take advantage of these ways to stay healthy:

- Chair Tai Chi, **9:00 a.m., Mondays and Fridays**
- Strength Training. **9:00 a.m., Tuesdays and Thursdays**
- Chair Exercise Classes, **9:30 a.m. Monday through Friday**
- Chair Yoga, **10:00 a.m., Wednesdays**



As long as we remain coronavirus-free, Neighborhood Homes residents can attend these classes (and go to the Fitness Center). Coming to the Main entrance, screen in with the attendant and have your temperature checked. (Be sure that your only destination is the exercise classes and/or Fitness Center.)

Exercise Opportunities

- **The Fitness Center:** Located in the west basement near the pool tables, workout at your own pace. Need help with how the machines work? Contact Rhonda Nettrouer 982-3925.
- **Walking in the Manor and on campus**
- **Borrow DVDs or CDs from Program and Services:** These are available for a 1-2 day loan.
- Channel 110 (at Timbercrest) PBS 39.4 EXPLORE has exercises from 8-9 a.m., Strength Training at 8:30.

Exercise Opportunities at Home

Be sure to see your June *Timberline* for ideas of how to exercise at home!
Misplaced your *Timberline*? See Brian Daniels for a new copy of this special page!

Seniors for Peace

Timbercrest Seniors for Peace will give a program during Peace Week. Tune in to Channel 2 at **10:00 a.m.** on **Thursday, September 24**, to hear the story about rebuilding in Vienna, Austria, in the 1950s. Buildings damaged during World War II were still being restored, some of them by American men serving in Alternative Service. One of those men is living at Timbercrest now, and there are other Timbercrest connections, too.

Timbercrest Seniors for Peace Programs are open to all. Come to the Chapel and share the time with others.

Book Club to Resume

The Timbercrest Book Club will meet **Monday, September 14, at 2:00 p.m.** in a location to be announced (depending on weather and coronavirus concerns). Contact Marianne Shenefield 982-3959 for details.

Midweek Break

Enjoy these tasty treats **Wednesdays** from **2-3 p.m.** Because everyone is able to get out and about, you're encouraged to come to the Snack Shop to pick up your "treat" and take it to your apartment or a lobby to eat with others (six feet apart ☺). **Sign up in the Notebooks at the Dining Rooms if you'd like a treat!**

September 2 – Apple Fritters

September 9 – Muffins

September 16– Cookies

September 23 – Oreo Sundaes

September 30 – Popcorn Parlor

Midweek Break refreshments are available for Neighborhood Homes residents who sign up for them on the list in the main entrance foyer by Noon on the Tuesday before the date so there is time to have enough supplies ready. Neighborhood Homes residents will be served at the Hub entry.



Coffee In: Rise-N-Roll Doughnuts

Enjoy an afternoon coffee **Friday, September 18, at 2:00 p.m.** Pick treats up in the Snack Shop to go. Sign up in the Notebooks at the Dining Rooms by Wednesday, September 16. Contact Marianne Shenefield 982-3959.

Up-to-Date Coronavirus Information

www.timbercrest.org has updated information regarding coronavirus. Family and residents get a daily call from Timbercrest updating the status of the virus

at Timbercrest. Questions or concerns about our response and actions relating to the pandemic can be addressed to Stan Noffsinger, CEO, at 982-3922.

The Doors Close at Five

Remember: The Main Entrance door closes at 5:00 p.m. and doesn't reopen until 7:30 a.m. the next day. Walking in the Courtyard is encouraged; the interior Courtyard doors are not locked. If you are locked out and have your cell phone, you can call 982-3952, and a Nurse can locate a Maintenance staff member to let you in. *The preferred way is to be back in the Manor by 5:00.*

Weekly Hymn Sings with Channel 2

Sing with your neighbors or in your apartment with our weekly Hymn Sings **Tuesdays at 10:00 a.m.** on Channel 2. The idea is that neighbors in the Manor – and possibly in the Neighborhood Homes – will join together to sing. In the Manor, bring your chair to the doorway and turn on the TV to Channel 2 to fill the corridors with song. In the Neighborhood Homes, find someone with a TV in the sunroom or garage and have a couple people over on the patio (six feet apart), crank up the TV and sing along. Hymn folders are available on the table outside the Chapel.



Having trouble with Channel 2 on your set? Contact Maintenance through the Receptionist, 982-2118.

Be Part of A "Live Studio Audience"

Come sit in while the Timbercrest Chat is being recorded, most **Tuesdays and Thursdays at 2:30 p.m.** in the Chapel. Interviews and other programs about life on campus are featured each week.

TC Chat will be at 3:00 p.m. on September 8 and there will be no Chat on Tuesday, September 15.

Sunday Services for Group Watching

Churches are beginning to open but they are still considered high-exposure risk situations. Timbercrest is showing recordings of three local church services for group gatherings on Sundays. Here is the schedule:

9:00 a.m. - Timbercrest Chapel worship service

9:30 a.m. - Manchester Church of the Brethren livestream, Assembly Room

10:30 a.m. - Manchester Church of the Brethren recording, HC Family Room and CW Great Rooms

1:00 p.m. - First Brethren or NM United Methodist (alternating weeks) HC Family Room, CW Great Room

1:30 p.m. - First Brethren Church, Assembly Room

3:00 p.m. - NM United Methodist Church, Assembly Room



EvenSong

Come for moments of inspiration and reflection every **Wednesday at 4 :00 p.m.** in the Chapel and on **Channel 2.**

- September 2 David Lawrenz
Timbercrest CEO, retired
- September 9 MU Robot Team
God's Timing
- September 16 Janice Bradley
It Takes a Village
- September 23 Jane Starner
From the Memoir Writing Group
- September 30 Jan Smith & Jeanette Lahman
Duets, Duets, Duets

September Chapel Speakers

Watch Channel 2 for the schedule of Chapel speakers, Sunday-Friday (except Wednesday). Speakers are from many churches and ministers who share their messages by recordings. Many Manor residents have also shared a devotion in the Chapel services. In-person attendance for devotions is now possible and encouraged.

Spiritual Care Library

Check out the mini-library Chaplain Laura Stone has begun in the Chapel foyer. The library includes the most recent copies of Portals of Prayer (a Lutheran devotional) and Upper Room, as well as Bibles of various sorts, and many daily devotional books, poetry, and prayer books.

This will also be a place for resources around spiritual and mental health, caregiving and disease, death and grief, aging and relationships, particularly from spiritual and faith-based perspectives. It will not include any biblical interpretation, theology or religious history, and it will be

a supplement to (not a replacement of) the same sections in the Timbercrest Library.

To borrow a book, simply take it with you! If you can use it in the Chapel or the foyer, please do. If you can return it by the end of each day, please do. If you need it for a more extended time and you think you might forget to return it, please mark it down in the check-out folder.



If there is more than one copy of a book, or if it is on the "help yourself" shelf, please feel free to take the book for as long as you need, keeping it if you like, or passing it on to someone else. These are mostly resources around grieving, dying, and caregiving, and are the pastoral care department's gift to anyone who needs them. If you would like to make a monetary donation to the library in lieu of a book, give it to Laura or the front office.

Donations of books in these categories will continue to be directed to the Timbercrest Library. If there are resources in these categories that you have found particularly helpful, please suggest or donate those specific resources, one at a time, directly to Laura. Similarly, Laura will preference resources in the library that have been important to people in this community in their daily walk.

Grief Support

Listen each **Monday at 3:30** for Grief Support on Channel 2. Laura Stone will share readings and insights for anyone needing support. The group will meet in person **Monday, September 14, at 3:30** in B Wing Lounge (and not on Channel 2). Call Laura at 982-3938.

Praying with Scripture: Lectio Divina

"In the silence of the heart God speaks. If you face God in prayer and silence, God will speak to you. Souls of prayer are souls of great silence." ~Saint Teresa of Calcutta

Lectio Divina is praying with Scripture. Texts are read slowly, listening to how God may speak to hearts and minds, trusting the Holy Spirit to speak through the text; we listen with silent and waiting hearts. Listen to Lectio Divina and participate in your apartment by tuning to Channel 2 Tuesday afternoons at 3:30.

Bingo

Have fun at Bingo in the Assembly Room **Wednesdays and Fridays at 11:00 a.m.** Candy and other prizes are awarded and a good time is had by all. Contact Marianne Shenefield for details, 982-3959. Remember to wear your mask. 😊



Civic Band Gives a Toot

Members of the Manchester Civic Band will perform in the Hub parking lot (on the lawn) Wednesday, September 30, at 6:45 p.m. Limited seating will be available. If you have a lawn chair it is recommended that you bring it. This will not be the entire band, but an ensemble of performers.

In case of inclement weather the program will be scheduled for a later date.



Peace Corner

Peace Day is September 21; Activities All Week

Seniors for Peace Steering Committee has talked about Peace Week; here is a schedule:

- **Monday, September 21, 2:00 p.m.** – Prayers for Peace in the Timbercrest Chapel. A service of prayer and hymns for peace in the world and peace at home in the midst of the pandemic.
 - **Tuesday, September 22, all day** – *All About Autumn*, share thoughts of goodwill and peace on the “trees” provided on A Street, in the Front lobby and in Health Care
 - **Thursday, September 24, 10:00 a.m.** - Post-war Peace, the story of Marie and Don Willoughby’s work in Karlschule, Vienna, Austria in the 1950s; in the Chapel and on Channel 2
 - **Thursday, September 24, 2:30 p.m.** – *Reparations: A Tool for Peace*, presented by Jan Rhoades, on Timbercrest Chat
- Dean Beery will be presenting the October 22 program for Seniors for Peace on the issue of white privilege.

Notices

Election Information

The Wabash County Clerk has provided the most up-to-date list of registered voters who live on Timbercrest’s campus. If you have voted in *any* election in recent years, it is likely that you are registered to vote this fall. If you have moved to Timbercrest in the last several months, it is a good idea to check to see if you are on the current list. If you moved from a Neighborhood Home to the Manor, it is good to check. Wanda Miller and Brian Daniels have copies of the list. Voter registration ends October 5.

You may be interested in knowing that more than 75 applications for absentee ballots have gone out from Timbercrest thus far. Timbercrest is not a voting site this fall due to coronavirus concerns.

If you want to submit an absentee ballot, *you must request one* from the county clerk. Request forms for

absentee ballots are available at the tables near the Dining Rooms and on the bench in the Front Foyer. Voters can also print their own absentee-ballot request form at www.indianavoters.in.gov

Requests for absentee ballots *must be received* at the Wabash County Clerk’s Office, 69 W. Hill St., Wabash, Ind., 46992, by **October 22**. Absentee ballots must be received in the clerk’s office by **Noon, Monday, November 2**. In addition to absentee voting, voters may vote early at the Wabash County Clerk’s Office, Wabash County Courthouse, corner of Wabash and Hill Streets in Wabash, beginning October 6.

Election Day voting sites are at Manchester Jr.-Sr. High School and at O.J. Neighbors School (Wabash).

The county clerk sends out absentee ballots by mid-September.

Some have been confused about the controversy with “mail-in voting.” This is not the same as “absentee voting by mail.” You always have the ability to vote absentee by mail; “mail-in voting” refers to a process in which all

voters must vote by mail, without in-person voting sites. At the time of this *Timberline*, “mail-in voting” is only a proposal, not implemented.

Employees to Be Screened Again

In compliance with a mandate from the Indiana State Department of Health, all Timbercrest employees will be screened for coronavirus on September 8 and 9. The employees will be in the Assembly Room for this test, which is by appointment.

Be Sure to Wear Your Mask

Governor Holcomb has extended the requirement to wear masks in public through September 25. When wearing your mask, cover both nose and mouth (expand the pleats); fit it snugly to the sides of your face and chin. Make sure it’s secure with ties or ear loops.



Please wear your mask outside of your home or when others come into your home.

Disposable surgical masks should be changed about every three days. New masks are available at the Receptionist or at the Residential Nurses Station.

If you are leaving campus it is recommended to leave your surgical mask at home and to wear a cloth mask (if you have one) when shopping, at the doctor, etc.

Tele-Health Visits with Physicians

Remember that even though many health care providers are offering in-office visits, many appointments can be conducted online through tele-health. To schedule a tele-health appointment with your doctor, contact Kelli McCombs, transportation

coordinator and scheduler, at 982-3941. As with all medical appointments, please do not schedule your own appointment if you need Timbercrest services or transportation. Thank you.

Visitation Committee

Meetings of the Visitation Committee are suspended for now. If you know someone in Health Care or Crestwood in particular need of a caring visit, contact Lois Davis, 982-4230, or Chaplain Laura Stone, 982-3938.

Knit for Kids

Sweaters, blankets, scarves and mittens for children around the world go to Knit for Kids. Knitting projects from Neighborhood Homes can be brought to the Main Entrance; Manor residents can be taken to Knit for Kids coordinator Ann Rehrig. Ann also has plenty of extra yarn for use; contact her at 982-6058 to get some.

Churches Offer Online Services

Several local churches are recording and/or live streaming their worship services which can be viewed on your computer, tablet, or smart phone by entering the church’s home page address (shown below) in your preferred Internet browser (for example: Google Chrome, Microsoft Edge, Apple Safari, Mozilla Firefox).

- 1) Manchester Church of the Brethren: manchestercob.net; click the YouTube button at the bottom of the page.
- 2) Manchester United Methodist Church: northmanchesterumc.com; click Worship and then Worship Live links.
- 3) Manchester First Brethren Church: nmfbc.org; click the “Worship with us ONLINE” graphic.
- 4) Eel River Community Church of the Brethren: YouTube.com, search for Audri Svay, and click her name.
- 5) Liberty Mills Church of the Brethren: libertymillscob.org; click LMCOB YouTube Channel and then Liberty Mills YouTube Channel.

Memoir Writing Class

The Memoir Writing Class is meeting “virtually,” as instructor Jane Starner has sent assignments and suggestions through email to regular class members. If you would like ideas for writing Memoirs, contact Jane at (423)298-4569 or by email at bjstarners55@gmail.com. Under Jane Starner’s guidance, the group chronicles life-stories and shares mutual experiences. By writing the “memoir,” participants find fulfillment in their own history and create a valuable asset for the coming generations.



Ceramics Continue

Paint plain greenware and see how beautiful it becomes in the Craft Room. The group will not be meeting, but new individuals interested in painting ceramics can contact Marianne Shenefield, 982-3959, for a quick orientation to the Craft Room and how to get started.

Yarn Sought

Help Knit for Kids and knitting and crocheting classes by donating yarn. Donations can be brought to the Timbercrest receptionist or dropped off in the Main Entrance. Let family and friends know our need.



Walmart Shopping

Walmart shopping is stepping back to normalcy. In September there will be only one shopping trip, **Thursday, September 10**. Residents can't ride along. You will be telephoned when your order is ready. Walmart shopping lists are due ***in Campus Mail only by Noon*** on September 9.

You will be telephoned when the order is in. Here are guidelines for placing a Walmart order:

- 1) **You can now order produce, dairy and eggs**, but it is preferred to get these items through Neighborhood Fresh Market shopper on Tuesdays. Milk is sold in our Neighborhood Market in half-gallons.
- 2) **There are still no returns**. This is a *temporary* Walmart policy during the COVID-19 crisis, but it means when you place your order for Walmart through Timbercrest you must give as many details as possible.

Weekly Shopping Trips

Tuesday – Neighborhood Fresh (New) Market, Dollar General and The Hardware for all Manor residents

Thursday – CVS, Manchester Marketplace, Allen Feed, other stops for all residents

Shopping lists are due the day before shopping in the box at Marianne Shenefield's office at the Hub. To use a personal discount card at CVS, you must call the store and place your order and pay for it with your credit card. The shopper can pick up your order and you will get your discount. If you have an order to pick up, you must let the shopper know by 8:00 a.m. Thursday morning with a note in campus mail or Marianne's office.

Prescription medications cannot be picked up for anyone.

Resident Council: How It Works

The Timbercrest Resident Council represents concerns of the whole campus. The CEO and administration staff meet with the Council to listen and provide direction for resolutions. The Council represents various areas on campus: Neighborhood Homes, Option-Plan Apartments, Full-Service

Apartments and Health Care-Crestwood. Members are elected at All-Resident Meetings.

Resident Council will meet **Tuesday, September 8, at 8:45 a.m.** in the Chapel. Visitors are welcome. Council members are listed in *The Timberline* on the Gold Page.



Timbercrest Film Committee Presents "Coronavirus Close-Down" Films



During the coronavirus health crisis, no films will be shown in large groups at Timbercrest. However, there are many ways to enjoy favorite films in the comfort of your own home. On several Timbercrest channels, movies are available:

Basic programming: Channel 13 (TNT), Channel 19 (A&E – biographies and special movies), and Channel 20 (the History Channel – documentaries and special movies)

Antenna programming: Channels 107 and 119 (PBS – special movies); Channel 114 (Movies)

Premium programming: Channels 40-48 offer a wide range of movie options; Channels 58 (Bravo), 61 (Comedy Central), 65 (Inspiration), and 66 (Lifetime Movies) also offer a wide range of films.

Microwave popcorn is available by the packet in the Neighborhood Market to enjoy with your films!

Be Careful in the Heat

There are still many days in September where heat can be a danger to good health. Watch Channel 2 or your favorite weather station to be prepared. If you go out in the sun and heat, remember the following:

- You may be taking medication that reacts to sunlight. If you are, stay in as much as you can.
- Wear protective clothing.
- Wear a hat.
- Use sunscreen as much as possible.
- Drink lots of water!
- Come inside as soon as you feel that you've had enough.
- If you are outdoors, take a cell phone with you.



Ecology Corner September 2020

Dripping faucets or drinking fountains account for a lot more wasted water than one would think: up to 15 gal/day, 105 gal/week, 5,475 gal/year! Please report these to Maintenance as soon as noticed. Contact the Receptionist, 982-2118. Thank you.

Take a Golf Cart Ride Around Campus ☺

Schedule a Golf Cart ride by calling Rhonda Nettrouer 982-3925. The golf cart is sanitized after each rider. The rides are conducted as scheduled, weather permitting.

Welcome to the Family

Thanks to the new residents for patience to be introduced. There are additional new members of the Timbercrest family; look for updates as they become available.

- **Dick and Marilyn Groves** moved to 316 Hickory Lane on March 30 from their home in New Paris. Dick worked as a carpenter and Marilyn was in nursing. They met and worked together at Camp Mack and are members of the Church of the Brethren.
- **Ed and Jo Ann Kreider** moved to 216 Willow Way on April 29 from their home in Metamora, Illinois. They met at McPherson College in Kansas and have lived and worked throughout the Midwest. Ed and Jo Ann are members of the Church of the Brethren.
- **Jane and Mike Frieden** moved to 304 Hickory Lane on July 27 from their home in North Manchester. Both Jane and Mike grew up here, attended Manchester College, and worked in town. They are members of

North Manchester United Methodist Church.

More complete life stories of Timbercrest residents, plus photos, can be found in binders on the desk across from the Timbercrest library.

New Chef-Dining Services, Facilities Maintenance Directors Come Aboard

Ryan Robinson is the new Director of Dining Services. He is a Certified Executive Chef and Certified Food Protection Manager with a B.A. in Business Administration from Florida State College at Jacksonville; he has and certificates in Hospitality Management and Culinary Arts. His food service experience includes the University of Idaho/Moscow, the Jacksonville Jaguars football team, and Cypress Village and Osprey Village (retirement communities both in Florida).

Harry Barrett was named Director of Facilities Maintenance, replacing Steve Searles. He is an eight-year Timbercrest staffer. A 1988 graduate of Manchester High School, he is EPA Refrigeration and HVAC certified. More personal introduction of Ryan and Harry will be in October *Timberline*.

Out and About in the Community

Legion Auxiliary Hosts Fish Fry

Help support the community work of the Laketon American Legion Auxiliary at their Fish Dinner, **Friday, September 4, from 4-7 p.m.** in the Neighborhood Fresh (New Market/Lance's) parking lot. The \$10 dinner includes fish, baked beans and chips (beverage not included).

For orders brought-in, pay \$10 at the Receptionist to get on the list by **9 a.m. September 4.** (Neighborhood Homes put money in envelope in mailbox in the Main Entrance foyer.) Meals will be brought to the Main Entrance at 4:30 p.m.

Hog Roast at South Pleasant

South Pleasant United Methodist Church hosts a Hog Roast **Saturday, September 12, at 5:00 p.m.** at the church, at the corner of State Road 15 and County Road 1400 North. The meal is a benefit for the church's mission fund and a free-will offering is accepted. The menu includes roasted pork, scalloped potatoes, baked beans and cookies. (Beverage is on your own for carry-out.)

Delivery of meals to Timbercrest Main Entrance will be at **5:00 p.m.** (or shortly thereafter). To get on the list, make your donation at the Receptionist. South Pleasant is the home church of Maintenance Tech Dave Stafford and Dining Services employees Noah and Hannah Stafford.

Shepherd's Center Fall Program Begins

North Manchester Shepherd's Center conducts *Current Events* and *Adventures in Learning* programs on **Wednesdays at 9:00 a.m.** at the North Manchester Public Library in the Blocher Room, at the corner of Market and Fourth Streets. *Current Events* are talks based on news and issues of the day, presented by authorities on those topics. *Adventures in Learning* is a weekly presentation on a very wide range of topics, often having to do with local interests, hobbies, personal stories and new experiences by Shepherd's Center members and friends.

The September schedule includes:

- **September 2, 9:00 a.m.:** *Current Events (CE)* –Leonard Williams, retired MU Political Science professor
10:15 a.m.: *Adventures in Learning (AIL)* – Diane Randall, *North Manchester Library*
- **September 9, 9:00 a.m.:** *CE* – Matt Hendrix, retired MU Economics professor
10:15 a.m.: *AIL* – Mark and Diane Henderson, *Frosty and Friends Bird Rescue*
- **September 16, 8:30 a.m.:** *Medtalk* – Wilbur McFadden, M.D., and Eric Riechenbach, M.D. – *COVID-19*
9:30 a.m. – *CE* – David Swartz, retired U.S. State Department
- **September 23, 9:00 a.m.:** – *CE* – Leonard Williams
10:15 a.m. – *AIL* – Judy Gump, *85 Hope*
- **September 30** – No Shepherd's Center due to the Friends of the Library Book Sale

Notes from the Center for History

Local Women in History

The North Manchester Center for History celebrates the 100th anniversary of the 19th Amendment with an exhibit retrospective of over 20 women past and present from our community. Stories of women include everyday women from all walks of life. In many cases their experiences were an outgrowth of the 19th Amendment.

The 19th Amendment was officially adopted August 26, 1920, more than 40 years after women's suffrage was first introduced to Congress. Indiana was the 26th state to ratify the amendment. Wyoming was the first state to grant voting rights in 1869; the last state was Mississippi on March 22, 1984. The suffrage movement opened doors for women including: health care for mothers, labor reform for women, education reform and participation in judicial processes in many states.

Among the featured women Mary Travelbee ran away to join the circus at age 16 and Sarah Kelton Browne, thought to be the only female attorney in Wabash County for over 30 years, passed the bar without attending law school at age 38. Contemporary women included in the exhibit are; Alison Metheny, Peggy Lewis, Carrie Mugford, Nancy Alspaugh, Christa Kolster-Frye, Doris Ebbinghouse, Pam Higgins, Susan Ring, and Jena Oke.

The Center for History is open Tuesday through Friday 10 a.m. to 4 p.m., Saturdays from 10 a.m. to 2 p.m. Visit us at 122 E Main Street, North Manchester or visit: www.northmanchestercenterforhistory.org

Many Thanks to *The Timberline* Team

The Timberline is always a group effort each month. Brian Daniels serves as editor, but it wouldn't work without the help of the following;

- Melissa Shorter: calendar and facility coordination, printing and distribution
- Janice Bradley and Deja Lung: Crestwood and Health Care calendar preparation
- Rhonda Nettrouer, Marianne Shenefield, Kelli McCombs and Laura Stone: content contribution
- Marie Willoughby: Seniors for Peace articles and information
- Gary Heisler: TUG and garden articles and information

- Proofreaders Wanda Miller and Lucy McKinley (and others as available)
- Wanda Miller: Ecology Corner and Film Committee content
- Management Team members: information pertaining to life on campus
- Manchester Alive and local organizations and churches: community activity information