



MEMO

Timbercrest Senior Living Community

To: The Timbercrest Community

From: Stanley Noffsinger, CEO

Date: 7/10/2020

Re: The times in which we live.

It is wonderful to be part of the Timbercrest Community during this difficult time. Residents, family members, and employees have all strived to take good care of themselves and each other. To date, we have had only one positive COVID-19 case to report, and due to the professionalism of that individual, we did not experience more. My thanks to you for your efforts to be healthy and respectful of the health of others. Well done, everyone!

We are adjusting to the new Indiana relaxed restrictions on Long Term Care residents, and do so with mixed feelings. On the one hand, strict adherence to guidelines has served us well. On the other hand, freedom of movement places the control of our well-being on everyone. We must trust each other.

Given what we know today about the COVID-19 Virus, we each must take ongoing precautions. Handwashing and the use of alcohol-based hand sanitizer is a proper precaution against all illness. Social distancing and face masks are emerging as effective protection for everyone. These components serve for the continued health and well-being of Timbercrest's residents and staff.

So what is safe? It is safe to wear your mask whenever you are in a closed area like a car, a room, the grocery store – anywhere there are people indoors. It is safe to visit with family wearing masks and maintaining safe distancing. It continues to be safe for residents in the Manor to walk the halls together with masks on. It is safe to meet in the Assembly Room in limited, distanced numbers to play bingo, exercise, and many more activities with masks on. It is smart to be cautious - and wear a mask!

To help with understanding safe activities, I include the COVID-19 Activity Risk Chart (*see reverse side*) produced by the Texas Medical Association. It is a great resource to identify "what's safe for me to do."

My thanks to each of you. WE are in this together, and what one person of this community does can affect us all. Let us continue

*"making good things happen . . . **together!**"*

COVID-19

CORONAVIRUS DISEASE

BE INFORMED:

Know Your Risk During COVID-19

On a scale of 1 to 10, how risky is...

Ranked by physicians from the TMA COVID-19 Task Force and the TMA Committee on Infectious Diseases.

Please assume that participants in these activities are following currently recommended safety protocols when possible.

