

March 18, 2020

Dear Timbercrest Residents;

The Management Team along with the Timbercrest Infection Preventionist and Dr. Pamela Higgins, Medical Director for Timbercrest, continues to monitor the spreading of the coronavirus in Indiana. As the numbers of infection rises closer to home, it is even more important for all of us to do what we can to protect ourselves and our community.

We strongly encourage you to follow these recommendations from the Center for Disease Control:

- Avoid gatherings of 10 or more people and practice social distancing
- Wipe down and disinfect personal spaces
- Frequently wash your hands with soap and water for at least 20 seconds
- Avoid touching your face (mouth, nose, eyes)
- Remain in your home if you experience flu-like symptoms or are sick with respiratory illness, including fever, and cough.

**Most important of all, we urge you to refrain from leaving the facility or the campus. Your coming and going may put yourself as well as others at risk for infection. You may expose yourself unknowingly to the virus.**

Dr. Higgins urges us to “be overly cautious.” If you have shopping needs utilize the Timbercrest Store or the TC Shopping Service. Call Program and Service for names of college volunteers. Call 982-3950 to request assistance with virtual visits with your loved ones.

Please contact any of us on the Timbercrest Management Team if you have questions, concerns or need assistance. We are in this together.

Sabine A. Thomas, HFA  
Director of Resident Care