

# The Timberline



Monthly Newsletter of *TIMBERCREST Senior Living Community*  
**March 2020**



## Wilbur McFadden's Spirit of the Community

Manchester Alive's 2020 winner of the "Legacy Award" is Wilbur McFadden, a retired family physician and member of the Timbercrest Community. Wilbur will be interviewed about his life and the meanings of the Legacy Award at Fellowship Hour, **Friday, March 13, at 2:00 p.m.** in the Assembly Room.

Wilbur was associated with the Manchester Clinic for 30 years. He is well-known for his inimitable style and personal care of his patients. He and his late wife Joyce have lived in North Manchester since 1969 and at Timbercrest since 2004. Joyce died in 2011 as she and Wilbur were transitioning into the Manor. Wilbur resides in I-104.

One of Wilbur's hobbies is a coffee table containing five operating trains. Over a long period of time he put the set together, but his real "passion" is showing the trains to others, a few people at a time. A recently produced video by David Sollenberger featuring Wilbur and his trains will be shown as part of the program.

Manchester Alive is the joint operation of the North Manchester Chamber of Commerce and Manchester Main Street. The Spirit of the Community Legacy Award replaces the Chamber's former "Citizen of the Year."

New members of the Timbercrest family will be introduced at the beginning of Fellowship Hour, and refreshments will be served following.

## St. Patrick's Day Shenanigans

Enjoy Irish Music with the Wabash Community Band **Sunday, March 15, at 2:00 p.m.** in the Assembly Room. The concert will also have other popular numbers.

Wear a little green on **Tuesday, March 17**, to celebrate St. Patrick's Day.

At **2:00 p.m.** in the Health Care Family Room, Banjo Man Stan will bring some tales of old Ireland set to music. Refreshments will be served following. Look for a little "treasure" on the St. Patrick's Day worksheets at the Dining Rooms. Once you get it finished, find your 'pot of gold' at the Receptionist's desk.

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### Old German Baptist Brethren Hymn Sing

The Old German Baptist Brethren host a hymn sing **Sunday, March 1, at 7:00 p.m.** in the Assembly Room. All denominations are welcome. Hymnals are provided – sometimes shared. Hymns are chosen by participants. This is the “old conference” congregation.

### Sewing Sisters: Keep on Stitching

The Sewing Sisters make lap robes, comforters and other items for the benefit of others. Join them **Monday, March 2, at 1:00 p.m.** in the Quilt Room on A Street. Contact Mary Ritchey 982-2112.

### Celebrate the Irish!

Spread a little “green” around for St. Patrick’s Day by making a homemade greeting card **Monday, March 2, at 2:00 p.m.** in the Craft Room (west basement). There is no charge for making cards; however, please sign up so there are enough supplies for everyone.

### Health Care – Crestwood Resident Meeting

People who live in Health Care and Crestwood meet with Social Service Designee Kira Wardwell in the Health Care Family Room to discuss matters important to them. The next meeting is **Tuesday, March 3, at 10:30 a.m.**

### Thrift Shopping – Two-For-One

Hit two thrift stores in one afternoon **Tuesday, March 3,** departing from the Hub at **1:15 p.m.** The coach will stop at the Salvation Army Store in Wabash first; when finished, the coach will head to Helping Hands Thrift Shop in downtown Wabash. Timbercrest resident Ruth Summers was a long-time Helping Hands volunteer.

Purchases on the thrift shop trips are on your own, and the shopper doesn’t take shopping lists. Sign up in the Notebooks at the Dining Rooms. Contact Brian Daniels, 982-3940.

### Visitation Committee

*“By becoming the answer to someone’s prayer, we often find the answer to our own.” ~Dieter F. Uchtdorf*

The Visitation Committee is a group of people who visit residents in Health Care. If you would like to join this group, come to their meeting **Thursday, March 5, at 11:00 a.m.** in the D Wing Lounge. Talk to Lois Davis 982-4230 for more information.

### Grief Group to Return

The Grief Group will resume **Thursday, March 5, at 2:30 p.m.** in B Wing Lounge. If you have interest in this group, contact Chaplain Laura Stone 982-3938.

### Book Club

The Timbercrest Book Club meets **Monday, March 9, at 2:00 p.m.** in the Guest Dining Room. Contact Marianne Shenefield 982-3959 for details.

<b>March 2020</b> <b>Chapel Speakers</b> Devotions in the Chapel are daily at 8:15 a.m. (except Wednesday) Sunday Services are at 9:00 a.m.	
Date	<b>Sundays</b> are Bold; <i>EvenSongs</i> are in italics
<b>March 1</b>	<b>Corky Cordes, Roann</b>
March 2	Dick Long, Timbercrest
March 3	Roger Eberly, Eel River COB
<i>March 4</i>	<i>EvenSong</i>
March 5	Erin Huiras, Liberty Mills COB
March 6	Doug Veal, Wabash COB
<b>March 8</b>	<b>Mark Flory Steury, So. Whitley</b>
March 9	Craig Alan Myers, Blue River COB
March 10	Beth Sollenberger, Dist. Exec.
<i>March 11</i>	<i>EvenSong</i>
March 12	Kurt Borgmann, Manchester COB
March 13	Matt Myers, Mexico COB
<b>March 15</b>	<b>Laura Stone, Chaplain</b>
March 16	Larry Shumard, LDS
March 17	Brad Hardesty, Cedar Creek COB
<i>March 18</i>	<i>EvenSong</i>
March 19	David Rogers, Timbercrest
March 20	Frank Ramirez, Union Ctr. COB
<b>March 22</b>	<b>Jeff Copp, Columbia City COB</b>
March 23	Ronda Mendenhall
March 24	Tim Morphew, Manchester Univ.
<i>March 25</i>	<i>EvenSong</i>
March 26	Jim Nutt, United Methodist
March 27	Doug Reichenbach, Eel River CB
<b>March 29</b>	<b>Patrick Paris, Hear Care</b>
March 30	John Bunch, COB
March 31	Jay Carter, Pleasant Dale COB
If you are unable to attend, listen on Channel 2	

## Choir Practices Each Tuesday

The Timbercrest Choir is preparing for its Spring Concert Friday, May 8. Practices are every **Tuesday at 10 a.m.** in the Assembly Room. New singers are welcome! The Spring repertoire includes a blend of sacred and secular favorites, including a special rendition of *Take Me Out to the Ball Game*.



### “Thinking Big about Smaller Spaces” at NMHS

The North Manchester Historical Society will host Chuck Fluharty, founder, president and CEO of the Rural Policy Research Institution (RUPRI) at the **Monday, March 9**, meeting at **6:30 p.m.** in the Assembly Room. His program is entitled *Thinking About Smaller Spaces*, part of a larger collaboration between the Smithsonian Institution and the Indiana Humanities Council.

Founded in 1990, RUPRI is the only U.S. national policy institute dedicated to evaluating the rural impacts of public policies. Fluharty is a Clinical Professor at the University of Iowa College of Public Health; he is a graduate of Yale Divinity School. A former German Marshall Fund Transatlantic Fellow, Fluharty has written policy studies, journal articles and has presented to several Congressional testimonies and briefings.

The North Manchester Center for History will host the Smithsonian’s traveling exhibit, *Change in Rural America*, from March 21 through May 3. The exhibit offers small towns a chance to look at their own paths, highlighting the changes that affected their communities over the past 100 years. The exhibition covers many themes including identity, land, community, persistence, and managing change.

### EvenSong

Come for moments of inspiration and reflection every Wednesday at 4:00 p.m. in the Chapel.

March 4	Rohan Willoughby <i>Piano Meditations</i>
March 11	Brian Daniels <i>Sacred Spaces</i>
March 18	Laura Stone, chaplain <i>Prayers for Healing</i>
March 25	Eel River Community Church Choir

### Knit for Kids

Knit for Kids sends homemade hats, sweaters, blankets and mittens to World Vision for distribution. The group meets **Tuesday, March 10, at 1:30 p.m.** in the Education Room (west basement). Ann Rehrig is the coordinator. Contact her with questions, 982-6058.

### West Manchester OGB Hymn Sing

Join members of the West Manchester Old German Baptist Church in a hymn sing **Tuesday, March 10, at 7:00 p.m.** in the Assembly Room. All denominations are welcome. Hymnals are provided. This is the New Conference congregation.

### Memoir Writing Class

The Memoir Writing Class meets **Thursdays, March 12, 19 and 26 at 1:00 p.m.** D Wing Lounge (note the change of time). Under Jane Starnier’s



guidance, the group chronicles life-stories and shares mutual experiences. By writing the “memoir,” participants find fulfillment in their own history and create a valuable asset for the coming generations.

### Tour General Motors Fort Wayne Assembly Plant

Enjoy an interesting tour of the General Motors Assembly Truck Plant **Wednesday, March 4**, departing from the Hub at **8:00 a.m.**

General Motors has several rules that must be followed to go on the tour. 1) The tour size is limited to 10 people; 2) You must be able to walk unassisted for at least one mile (no walkers, canes or wheelchairs); 3) Closed-toe and closed-heel shoes must be worn; high-heels are not permitted; 4) No cameras or cell phones are allowed on the tour. Restroom locations are limited on the tour route. Participants must be able to walk and stand for one and a half hours on the tour. Mutilation protection must be worn for belt buckles, watches, bracelets and rings.

After the tour, lunch will be at The Patio Pizza and BBQ in Roanoke. Meal cost and gratuity are on your own. Sign up in the Notebooks ASAP as the tour is limited to 9 residents. Questions? Contact Rhonda Nettrouer 982-3925. If there is enough interest, a second tour will be scheduled at a later time.

## Make Ceramics, Make Friends

Paint plain greenware and see how beautiful it becomes at the ceramics group, every **Monday and Wednesday at 1:30 p.m. - 4:30 p.m.** in the **Craft Room** (west basement). Questions? Marianne Shenefield 982-3959.

## Storyteller Visits Health Care/Crestwood

The monthly visit from storyteller Sharon Dillman is **Tuesday, March 10, at 2:00 p.m.** in the Health Care Family Room. Sharon interprets different characters from history and literature, often adding a twist that brings the story home to her audience. She is a retired teacher from North Miami Elementary School, and she and her family have a large farming operation in the Gilead area. Though the program is in Health Care, everyone is welcome. Questions: contact Jenny Taylor 982-3942.

## Walmart – Here We Come!

The next Walmart trip is **Thursday, March 12**, departing from the Hub at **1:30 p.m.** Sign up in the Notebooks at the Dining Rooms. Unable to go? Submit a detailed shopping list *in Campus Mail only*. (Please do not leave lists with the Receptionist, on Brian's desk, or send by email, etc.) The shopping list includes: quantities, flavors, colors, price-range, sizes, brands, substitutions, etc. Leave a phone number where you can be reached by the shopper in case there are questions. You will receive a bill for your purchases after delivery.



### Understanding the Coronavirus and Influenza

A special presentation about COVID-19 (the coronavirus) and influenza will be made by Pharmacist Yi Yang on **Thursday, March 12, at 2:00 p.m.** in the Assembly Room.

Yang will cover what the COVID-19 virus is and does, its similarities and differences to influenza and effective ways to prevent getting (or spreading) both diseases.

Yang is pharmacist and co-owner of Webb's Family Pharmacy.

### Praying with Scripture: *Lectio Divina*

*"In the silence of the heart God speaks. If you face God in prayer and silence, God will speak to you. Souls of prayer are souls of great silence."* ~Saint Teresa of Calcutta

*Lectio Divina* is praying with Scripture. Texts are read slowly, listening to how God may speak to hearts and minds, trusting the Holy Spirit to speak through the text; we listen with silent and waiting hearts. The goal is to enter into and renew a personal friendship with Christ. Praying with Scripture is open to everyone, regulars or newcomers, **Thursday, March 12, at 10:45 a.m.**, in the Chapel. Contact Larry Fourman, (574)354-1171.

### Churches Host Pastor Lunches

The following congregations host lunch with their pastors

and members and friends in March. Sign up in the Notebooks at the Dining Rooms to RSVP.

- *Eel River Community Church of the Brethren*, **Thursday, March 5, Noon** in the Snack Shop; contact Carolyn Bollinger, 982-2722.
- *First Brethren Church*, **Monday, March 9, Noon**, in the Snack Shop; contact the Church 982-6457 to RSVP.
- *Manchester Church of the Brethren*, **Wednesday, March 11, Noon**, Assembly Room; contact Linda Blair, 982-0048.



### BINGO

A little fun competition never hurt anyone – come to Bingo each **Wednesday and Friday at 11 a.m.** in the Assembly Room.

(March 11 Bingo is in the Snack Shop.)

### Knit and Crochet for Fun!

Learn to knit or crochet in small-group and individual settings on **Wednesdays, March 4 and 18, at 1:30 p.m.** in G Wing Lounge. Yarn and needles are available (or bring your own). All levels of experience are welcome, especially beginners. Contact Marianne Shenefield with questions 982-3959.

### Table Tennis

Enjoy a game of table tennis in the Recreation Room each **Tuesday and Thursday at 2:00 p.m.** Paddles and opponents are

provided, or bring your own. This is a time of fun and fellowship. Questions? Contact Jim Flory 982-0088 or Max Beck (956)583-4663.



Timbercrest Film Committee Presents  
February Films



**Friday, March 6: *The Public***

**7:00 p.m.**, Assembly Room

2:00 hours, with closed captions

When a brutal blast of cold hits Cincinnati, the public library transforms from a safe haven for the homeless into a potential war zone. Those who have no place of retreat to evade the cold stage a sit-in in the library where they are tended by members of the library's staff. Soon the police arrive, and a stand-off threatens to bring tragedy to the homeless individuals and those who care about their well-being. An eye-opening exploration of the basic values of humanity plays out as the cold rages outside.

**Friday, March 27: *Eva A7063: A Holocaust***

*Survivor's Fight to Heal the World*

**7:00 p.m.**, Assembly Room

1:30 hours, with closed captions

As a 10-year-old "Mengele Twin," Eva Kor suffered the worst of the Holocaust. At age 50 she launched the biggest manhunt in history. Now in her 80s, she urgently circles the globe to promote the controversial lesson her journey has taught: healing through forgiveness.

Narrated by Hollywood icon Ed Asner, *Eva: A7063* tells the full, astonishing story of this historic figure for the first time, tracking her from Auschwitz to Israel to the United States.

**TUG: Facebook Security**

The Technology Users Group (TUG) meets **Monday, March 16, 10:15 a.m.** in the Conference Room (west basement). The March "TUG Tip" will show how to adjust Facebook's security settings to keep scammers from cloning your Facebook page and then sending friend requests to all your friends. There will be opportunity to ask questions or bring up concerns and issues about your computer, printer, smart phone, or other technological device. Everyone is welcome.

**Art Class**

Join Jena Oke for the monthly Art Class **Monday, March 16, at 2:00 p.m.** in the **Snack Shop**. Be sure to sign up in the Notebooks at the Dining Rooms so there are enough supplies. Professor Oke teaches Art at Manchester University. She has been leading classes here for over a year now. Contact Rhonda Nettrouer, 982-3925, with questions.

**Garden Meeting Slated**

Everyone loves fresh produce, don't they? Tomatoes ripe off the vine, zucchini straight from the garden, corn off the stalk and into the butter... sounds great! How about a salad with greens you grew, accented with cucumbers and cherry tomatoes from your

own supply? ***You can make it happen by having space in the Timbercrest Garden!*** The garden is north of Spruce Lane and Willow Way. Spaces are free and of various sizes with full access to water. Gardeners bring their own tools; a limited supply of tools is available.

There will be a meeting for interested gardeners **Thursday, March 19, at 10 a.m.** in the Education Room in the west basement of the Manor.

**Midweek Break**

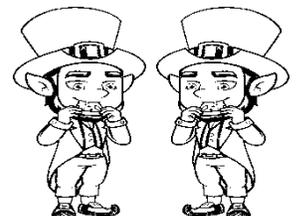
Enjoy these tasty treats **Wednesdays** in the Snack Shop from **2-3 p.m.**

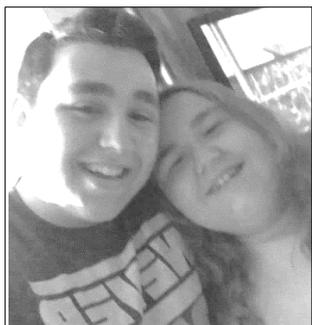
**March 4** – Finger Snacks

**March 11** – Ice Cream Sundaes

**March 18** – St. Patrick's Day Treats

**March 25** – Popcorn Parlor





### **Nineties Club**

Learn about the lives of teenagers today with twins Noah and Hannah Stafford, food service workers at Timbercrest. They will share with the Nineties Club on **Thursday, March 19, at 3:30 p.m.** in the Snack Shop (Note the time change – Noah and Hannah are coming after school).

The Stafford twins have worked at Timbercrest since they have been eligible. Their father is Maintenance staffer David Stafford, and their mother, Shelly, is a former employee who now works at Peabody. They are actively involved at Manchester High School and in their church, South Pleasant United Methodist.

Like many employees, Noah and Hannah think that the relationships with people who live at Timbercrest are the most compelling reason to work here. Come to the meeting to learn more about them and what makes their generation ‘tick.’

### **El Salvador Report: Eye Care in Central America’s Dairyland**

Brian Daniels will bring a report on his recent medical mission to El Salvador on **Friday, March 20, at 2:00 p.m.** in the Assembly Room. This is his eighth clinic in the Central American nation.

The clinic was in La Union district in the town of Santa Rosa de Lima. The area is very agricultural and is considered the cheese-making capital of El Salvador... and the “Dairyland” of Central America. The optometric effort saw almost 5,000 patients in nine days, distributed 4000+ pairs of glasses and had nearly 100 cataract and pterygium surgeries. The group gave out 70 artificial eyes.

As always, Brian will have homemade Salvadoran treats to share when the program is finished.

### **Wing Party of M and O Wings**

Everyone living in M and O Wings is invited to join the McCombs family for a Wing Party **Monday, March 23, at 4:30 p.m.** in the Snack Shop. The menu includes: Homemade Beef and Noodles; Mashed Potatoes; Crescent Rolls; Corn; Nordmann’s Cookies

and Pies; Sweet Tea; Lemonade; Water and Coffee/Tea. Transportation Coordinator Kelli McCombs, her husband Mark and sons Jacob and Jack serve the meal. RSVP to Kelli at 982-3941. If Kelli doesn’t answer, be sure to leave a message.

### **Joyful Jubilees Sing Here**

Pianist Alicia Evans and the Joyful Jubilees will sing **Tuesday, March 24, at 10 a.m.** in the Health Care Family Room. Everyone on campus is welcome to come and listen and sing-along.

### **Health Care Men’s Fellowship**

Enjoy fresh doughnuts and hot drinks at the Health Care Men’s Fellowship, **Thursday, March 26, at 9:45 a.m.** in the Health Care Activity Room. Let Deja Lung or Jenny Taylor know you’re interested in coming.

### **“Peace Building” in Nigeria**

The March Seniors for Peace meeting is **Friday, March 27, at 10 a.m.** in the Chapel (note the change of date). Zakaria Bulus, a Manchester University senior from Nigeria will speak. The title of his presentation is: *The Unfinished Work of Peace Building - My Experience*. He will talk about his work in Nigeria before he came to M.U., as well as his experiences in the United States and at Manchester University. Zakaria’s wife and children still reside in Nigeria. Everyone is invited.

### **Lunch Out: Oakwood Café**

March Lunch Out is to Oakwood Café, **Friday, March 27, departing from the Hub at 11:15 a.m.** Oakwood Café is located in the old Madre’s Restaurant on West Main Street. They serve breakfast all day including: pancakes, omelets, homemade biscuits and gravy, French toast and much more. They also have a

full menu for lunch. On Fridays there is all-you-can-eat fried fish. Daily specials are available also.

Meal cost and gratuity are on your own. Sign up in the Notebooks outside the Dining Rooms by Monday, March 23. Questions? Contact Rhonda Nettrouer 982-3925.

## March Game Night

Game Night is scheduled for **Tuesday, March 31, at 6:15 p.m.**, in the Recreation Room. Bring a favorite table game to share or play with games provided by Timbercrest. Billiards and ping pong will be available, also, for friendly competition. Light refreshments will be served. Questions? Contact Rhonda Nettrouer, 982-3925.

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## Peace Corner

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### Peace is Closer than You Think

We may associate working for peace with international politics and efforts to end violence at home and abroad. The truth is that sometimes peace with our neighbors is harder to obtain and maintain.

Consider these simple words from *The Making of Friends*, by 20<sup>th</sup> century poet Edgar A. Guest:

If nobody smiled and nobody cheered and nobody helped us along;  
If each every minute looked after himself and good things all went to the strong;  
If nobody cared just a little for you, and nobody thought about me;  
And we stood all alone to the battle of life, what a dreary old world it would be!

Life is sweet just because of the friends we have made and the things which in common we share;  
We want to live on not because of ourselves, but because of the people who care;  
It's giving and doing for somebody else – on that all life's splendor depends,  
And the joy of this world, when you've summed it all up, is found in the making of friends.

Peace matters: we should always “seek peace and pursue it.” A good place to start is with the people on your street or in your wing.

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## Welcome to the Family

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Glea (pronounced “Glee”) (Eberly) Rule moved to M 13 on January 17 from her home in Columbia City. Glea grew up in the Spring Creek Church of the Brethren and now attends the Eel River Church of the Brethren.

*More complete life stories of Timbercrest residents, plus photos,  
can be found in binders on the desk across from the Timbercrest library.*

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## From Sabine Thomas, HFA, Director of Resident Care

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... and now certified SHIP Counselor. SHIP stands for State Health Insurance Assistance Program.

What does that mean for you?

Now Sabine can ...

- Answer your questions about Medicare, Medicare Supplement Insurance, Medicare Advantage Plans, Medicaid, long-term financing options, and prescription coverage even more thoroughly.
- Help you navigate the various enrollment periods.
- Provide you with educational materials, a long-term care insurance self-assessment guide, and current listings of insurance companies approved to sell various policies in Indiana.
- Show you how to evaluate the various Medicare supplement and long-term care, and prescription insurance policies available in Indiana.
- Educate you on how Medicare claims are filed and how you can appeal Medicare decisions.
- Inform you of your rights as Medicare beneficiary or health insurance policy holder.
- Provide information about assistance with paying for Medicare costs such as payment of premiums, deductibles and coinsurance. These opportunities are based on income and financial assets.

In short, Sabine can provide information and assist in the applications for various programs.

Sabine writes, “What I cannot do is sell you insurance, or make decisions for you. Please don't hesitate to ask for assistance or information.”

Sabine has been Director of Resident Care since 2012 and Timbercrest's “Administrator of Record” since September 2018. She is an Evangelical Lutheran Church of America deaconess and attends Manchester Church of the Brethren. Her office is located at the Hub, near the Residential Nurses Station. Her phone is 982-3939.

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## Notes from Dining Services

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Alex Burgess, Director of Dining Services, recently provided an update on the work Morrison's is accomplishing at Timbercrest. Here is a synopsis of his report:

- A new breakfast menu is fully implemented in the Health Care dining room. Servers are taking orders, and there is a new flow in the kitchen.
- In Health Care, beverage and soup service is now handled by Dining Services staff (rather than Nursing). Feedback from the residents has been mostly positive.
- A new breakfast menu and service in Courtyard and Rose Garden have been introduced. An a-la-carte menu is available every day with a Daily Special also offered.
- A new chef has been hired. Her name is Annie McGrath.
- We are focusing on empowering the team with training and knowledge. I have given all team members a notebook and pen to use for their ideas/inspirations/areas of interest.
- We now offer Farmer Brothers Coffee and Nestle Vitality juices.
- We are continuing to work on ways to improve the employee dining experience in the break-room.

To contact Alex call 982-3964 or stop by his office, located at the intersection of A Street and B Wing, near the Timbercrest Library.

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## Notices

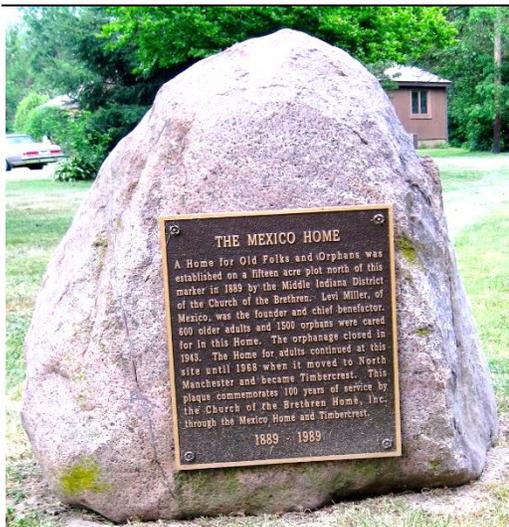
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### A Piece of History in the TC Library

Did you know that at one time the Church of the Brethren Home housed children? From 1889 to 1942, nearly 1500 children called the Mexico Home their home. At one point, 175 children lived with the "old folks" at Mexico.

You can read the account of one of those orphans in a book donated to the Timbercrest Library, *I'm Tired Enough to Retire*, by Eric Flora. Eric's great-grandmother, Rose Scholl, lived at the home when she was a girl. Her story and those of other children at the home are found in the first two chapters of the book.

There are also interesting pictures of the Mexico Home campus. While most of the book recounts the lives of others in Flora's family, the chapters on the Home will give a good picture of life in the early days of Timbercrest.



### Heather Cruz to Represent TC

Marketing Coordinator Heather Cruz is the new Timbercrest representative for Manchester Alive, the merged organization of Manchester Main Street and the North Manchester Chamber of Commerce. A resident of Laketon, Heather has worked in several capacities at Timbercrest, starting in Food Service, moving to Health Care Unit Secretary and now Marketing. We know she represents us well.



### Looking for Fashionable Timbercrest Garments?

Maybe a clothing item in the Neighborhood Market looks appealing, but just not the right color or size. Maybe you'd like something else with the Timbercrest logo on it.

Hot Off the Press, a locally-owned clothing imprinter, has created and opened an on-line store for Timbercrest logo items. Here is the site: <https://timbercrestapparel2020.itemorder.com/sale> Even though the current website states the sales end March 1, the website is updated monthly and new apparel and order deadlines are posted.

**A Few Tax Appointments Still Available:** Call the Receptionist, 982-2118, for an appointment with Dana Krull, CPA, **Thursday or Friday, March 5 or 6.**

## Yarn Sought

Help Knit for Kids and the knitting and crocheting classes by donating yarn that you may have and don't plan to use. Donations can be brought to the Timbercrest receptionist.

Yarn can be in balls or skeins. Some yarn may be better suited for making children's items and others for the classes, but all of it will find a home. Let family and friends know of our need.

## Current Events at Shepherd's Center

The North Manchester Shepherd's Center's Current Events and Adventures in Learning are **Wednesdays** in the Blocher Room at the North Manchester Public Library.

Here is the March schedule - CE = Current Events; AIL = Adventures in Learning:

**March 4, 9:00 a.m.:** CE/Economics – Matt Henrix, M.U. retired Economics professor

**10:15 a.m.:** AIL, Kira Lace Hawkins, *Professional Theater and Drama Education in Northern Indiana*

**March 11, 9:00 a.m.:** CE/National – Leonard Williams, M.U. retired Political Science professor

**10:15 a.m.:** AIL, Ed and Martha Miller, *Serengeti Safari*

**March 18, 8:30 a.m.:** Medtalk – Michael Mirro, M.D., Director of Mirro Center of Innovation and Research

**9:30 a.m.:** CE/Russia – David Swartz, retired U.S. State Department

**March 25, 9:00 a.m.:** CE/National, Leonard Williams, M.U. professor of Political Science

**10:15 a.m.:** AIL, Judy Gump, *85 Hope*

## April is National Poetry Month

Several activities will mark the month, including a visit from James Whitcomb Riley on **April 3**, a poetry writing class and a poetry reading event.

Did you write poetry? Whether or not it was published isn't important... we would like to hear what you wrote. Take some time in March to look around your journals, notebooks, computer, etc., and see what poetry you might like to share with the Timbercrest family.

## Weekly Shopping Trips

Weekly shoppers are asked to leave a note in the box outside Marianne Shenefield's office at the Hub by 9:00 a.m. indicating that they intend to go shopping Tuesdays and Thursdays. Your shopping list can be left there, too.

On **Tuesdays and Thursdays** shopping in various places around North Manchester departs from the Hub at **9:30 a.m.** Tuesday shopping is at Dollar General, New Market and The Hardware. Thursday shopping goes to CVS and Manchester Marketplace and "taxi service" to other destinations. Forms are provided or you may use your own paper. Items can be paid for when you pick them up in Marianne's office.

Shopping can be canceled or postponed at the staff shopper's discretion, due to weather, scheduling or other circumstances. Program and Services will make every effort to make-up for lost shopping time.

## About Shopping... and Shoppers

The Timbercrest shopping service is intended to help those who are able to shop on their own but need transportation. Due to the large amount of shopping that the staff shopper does, physical and/or mobility assistance for resident shoppers is generally not available. (Often there are a dozen or more shopping lists given by residents unable to go on the trip.)

Resident shoppers should be able to walk on their own without a walker (a cane is fine). Those with rollators or walkers should leave them at the Hub rather than take them shopping. The risk of falling in a store is the store's liability, but Timbercrest wants to be as sure of resident safety off-campus as possible.



**Exercise Opportunities:** See your Timberline calendar for times of Chair Exercise, Strength Training, Tai Chi and other fitness opportunities.

## Thanking Birthday Hosts

Birthday Dinners in March are hosted by Harvest Community Church (March 10) and Liberty Mills Church of the Brethren (March 26). Invitations to March birthday honorees have been sent. Stop by and thank these volunteers for their time and gift of hospitality on behalf of Timbercrest.



## Weather-related Cancellations

Tours, shopping and other off-campus events carry-on as scheduled as much as possible through the winter months. We are committed to providing warm, safe vehicles for everyone's use.

**Nota bene:** You are the best person to determine whether or not you should go on a winter outing. If an event is not canceled and you feel it would be unwise for you to go, your discretion is best.

Postponements and cancellations of outings occur for one (or more) of the following reasons:

- If the event or destination has been cancelled or closed due to the weather.
- Weather conditions at the time of departure are deemed unsafe for walking or travel.
- Weather conditions at the destination are unsuitable for a Timbercrest group. (For example, the weather may be fine in North Manchester but not fine at a Fort Wayne destination.)
- Just because schools are delayed or canceled doesn't mean that Timbercrest events are. Often county roads for school buses are difficult or impassable, but state roads and town roads are just fine.
- *Events are not canceled merely because there is a threat of bad weather.* Often weather reports are inaccurate or impact areas other than North Manchester. This is why we wait until the day of an outing to make a decision.
- Postponements and cancellations will be announced in the Manor via public address and to Neighborhood Homes via the One-call Now system.

## Relocations and Cancellations

- Bingo will be in the Snack Shop **Wednesday, March 11**, due to the Manchester COB Pastors Lunch.

## Timbercrest Photo Albums

Work will resume on the Timbercrest Resident Photo Albums soon. June Stealy and Rita Gable have undertaken learning how the albums are kept in the computer and to be updated. Updating addresses and persons will be the first steps and then dates for new photos to be taken will be set. Watch future *Timberlines* for details!

## Sunday Coach Transportation

Church transportation on Sunday is available by signing up with the Receptionist from Friday afternoon until the list is full. When one list is full, sign up on the incomplete list (usually the earlier trip). When the earlier trip is full, a later trip may be added. Priority

seats are for those who no longer drive. If the list is full and you are a driver, please consider allowing room for a non-driver. Courtesy is important (remember your destination ☺).

## Resident Council: How It Works ☺

The Timbercrest Resident Council represents the whole campus on concerns of the resident community. The CEO and administration staff meet with the Council to hear concerns and provide direction for resolutions.

The Council is a mix of people who live in various areas on campus: Neighborhood Homes, Option-Plan Apartments, Full-Service Apartments and Health Care/Crestwood. New members are voted on at one of the quarterly All-Resident Meetings.

The Resident Council usually meets the second Tuesday of the month at **8:45 a.m. in the Education Room** in the west basement. A list of Resident Council members appears monthly in *The Timberline* on the Gold Page.



## Dining Room Reservations

Family and guests are always welcome in Timbercrest Dining Rooms. Please make reservations at least 24 hours in advance through the Timbercrest Receptionist (not through the Dining Room hostess or server). Advance reservations insure there will be enough food for regular Timbercrest diners and for guests. The Food Service staff appreciate everyone's cooperation so the best possible service can be provided.

Guest meals can be paid for at the Receptionist.

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## Out and About in the Community

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### Stroke Performs at First Presbyterian

Timbercrest resident Scott Strode will appear as Reverend Tooker in Fort Wayne First Presbyterian Theater's performance of *Cat on a Hot Tin Roof*, **February 29 and March 1, 6 and 7 at 7:30 p.m.** at the church, 300 W. Wayne St., downtown Fort Wayne. The March 1 performance is a Sunday afternoon matinee (only) at 2:00 p.m. Tickets are \$18 (for seniors) and advance purchases are recommended. Tickets can be ordered at (260)426-7421, extension 121 or by visiting the website [www.firstpresbyteriantheater.com](http://www.firstpresbyteriantheater.com)

The play is the story of a southern (Mississippi) family and their struggles with relationship issues, cancer, alcoholism and simply getting by.

Timbercrest transportation is not planned for this performance; however, if a group is interested in going, arrangements may be sought to take a coach.

### Salamonie Church Fish-Tenderloin

Help support community outreach through Salamonie Church of the Brethren's annual Fish and Tenderloin Supper, **Tuesday, March 10, 4:30-7:00 p.m.** at the church, 2662 W 600 S (State Road 124), near Lancaster and Warren. The meal is prepared by

Dan's Fish Fry and admission is by donation at the door. Timbercrest transportation will depart from the Hub at **3:45 p.m.**

Sign up in the notebooks at the dining rooms by Friday, March 6. Contact Brian Daniels, 982-3940.

### Ken Medema Sings at MCOB

Nationally-recognized singer-composer-performer Ken Medema will perform with Ken Swartz at Manchester Church of the Brethren, 1306 Beckley St., **Saturday, March 14, at 7:00 p.m.** Admission is free and an offering will be collected for Heifer International.

Medema's diverse music style has interpreted Bible stories and the Gospel throughout the country for over 40 years. He has entertained audiences of all ages and is a regular speaker and performer at conferences and meetings, including the Church of the Brethren Annual Conference and the National Older Adults Conference.

Timbercrest transportation will depart from the Hub at **6:15 p.m.** Sign up in the Notebooks at the Dining Rooms. Contact Brian Daniels 982-3940.

### Eagles Theater to Re-Open

The historic Eagles Theater in downtown Wabash is slated to re-open on Friday, March 6. Originally built in 1906, the five-story building houses a nostalgic theater for movies and live entertainment. Aside from the 500-seat theater, there is a new addition on the lower level called the Ferguson Theatre that will seat 50. The Ferguson Theatre will offer sensory-friendly showings, independent films, student showcases and much more. Watch *The Paper* and the *News-Journal* for information about grand-opening events.

### NMHS Hosts Special Meeting

Noted local historian Pete Jones will speak about the history of the North Manchester area on **Saturday, April 11, from 2-3 p.m.** at the Center for History, 122 E. Main St., downtown. His topic, "Remembering History," will both shed light on local history and also seek input from attendees on their stories of history in North Manchester and Wabash County.

### Glenn Miller Band to Perform at Eagles Theater

The Glenn Miller Band is performing at the newly renovated Eagles Theater **Tuesday, May 12, at 2:00 p.m.**

Tickets are \$28 per seat.

*Because the tickets are non-refundable, Timbercrest needs a count if there is interest in going by **Wednesday, March 4**; by putting your name on the list, you are committing to purchase a ticket.*

*Transportation will be provided for those who purchase a ticket through Timbercrest.*

Contact the Receptionist, 982-2118, to get your name on the list.

### Oaklawn Cemetery Notice

Oaklawn Cemetery lot owners should remove decorations by **March 1**, including decorations on urns, monuments or in the ground. Redecoration may begin **March 11**. There is a meeting of Oaklawn lot owners **Tuesday, April 21, at 7:00 p.m.** at the Oaklawn Office Building on the cemetery's south side.

## Manchester Symphony Program at Honeywell

The next program of the Manchester Symphony is **Friday, February 28, at 7:30 p.m.** at the Honeywell Center in Wabash. The program is *The Invention of Morel* by composer Stewart Copeland, an exciting, modern opera with a sci-fi twist. The Symphony program is in conjunction with the M.U. Department of Music. Copeland will be in attendance offering a short greeting to begin the show. The plot is a love story between two people located on the same island, yet separated by forty years.

There is a \$10 admission charge for MSO patron-level members with their membership card. All other admissions are \$20.

## LCCA Concert Series:

Spring programs in the Lakeland Community Concert Association series are:

- Heartland Singers, a semi-professional chorus based in Fort Wayne, **Sunday, April 19, at 7:00 p.m.**
- The Jacobys, **Saturday, May 9, at 2:30 p.m.** (Timbercrest residents may recall the Jacobys from their performance at the Spring Gala in 2016)

Season subscriptions are \$50. Contact June Stealy, 982-0055. Subscriptions are also available at the door.

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## FLU SEASON IS HERE - Help Prevent the Spread of the Flu

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Influenza (flu) can cause mild to severe illness, and at times can lead to death. Flu is different from a cold. Flu usually comes on suddenly. People who have flu often feel some or all of these symptoms;

Fever            Feeling feverish            Chills            Cough            Sore throat            Runny or stuffy nose  
Body aches    Headaches            Fatigue

Some may have vomiting and diarrhea; not everyone with flu will have a fever.

### Ways to avoid spreading the flu:

- **Avoid close contact.** Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too. Let family and friends know not to visit if they are ill.
- **Stay home when you are sick.** Remain in your home when you are sick and notify the nurse.
- **Cover your mouth and nose.** Cover your mouth and nose with a tissue when coughing or sneezing.
- **Clean your hands.** Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub. Hand sanitizer stations are found throughout Timbercrest.
- **Avoid touching your eyes, nose or mouth.** Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- **Practice other good health habits.** Clean and disinfect frequently touched surfaces. Get plenty of sleep and exercise, manage stress, drink plenty of fluids, and eat nutritious food.

*The information above is from the Centers for Disease Control*



## The Web of Life

Backward my memory wanders tonight,  
Into the shadows of bygone years,  
Parting the curtains, and bringing to light  
The past, with all its gladness and tears.

Things long forgotten, memories hushed,  
Dreams I had tenderly buried from sight,  
Longings unsatisfied, bright hopes cherished  
Sunshine and gladness, shadows and blight.

I marvel much at the tangled skein  
The parted curtains have left in sight,  
With threads of gladness and threads of pain  
All mingled and twisted, the dark with the light.

Ah! Strangely woven, these lives of ours,  
With a warp of gladness, a woof of pain.  
Yet the flowers would droop in the sunny hours  
Were they never refreshed by the cooling rain.

We wonder oft times at the broken threads,  
And murmur at trials and crosses we meet.  
Ne'er thinking it needeth each fragment and shred  
To render the pattern of life complete.

O, a careful weaver is watching the loom.  
And though the web may seem jagged and rough,  
Whether threads of glory or threads of gloom,  
He knoweth the reason, and that is enough.

*By Emma Jane Spencer (1857-1926)  
Coreen Spencer's Great-grandmother*