



# The Timberline

Monthly Newsletter of TIMBERCREST Senior Living Community  
January 2020

## Martin Luther King Day Observance

Monday, January 20  
10:00 a.m. – Assembly Room  
Information and project for  
Daniel's Place,

A respite center for persons with special  
needs and their families  
Details on page \_\_\_ of your *Timberline*

## Eckhardt Organ Program

The organ talents of Royce Eckhardt help welcome the New Year on **Friday, January 3, at 7:00 p.m.** in the Chapel. Eckhardt is a friend of Timbercrest, having performed here on several occasions; they are nationally renowned for their professionalism and interpretive sense. Royce has been a conductor, composer, arranger, hymnal editor, teacher and hymnologist for over fifty years in Evangelical Covenant churches in Seattle, New Britain, Winnetka and Hinsdale, Illinois. He helped create *The Covenant Hymnal* (1973) and *The Covenant Hymnal: A Worshipbook*

(1996). His hymn arrangements, harmonizations and tunes appear in nine hymnals and he is a published composer of organ and choral works. His wife, Marjorie, pursued music as an avocation. she served as choral accompanist with Royce. Marjorie may play as well, depending on the healing of an injured hand.

## Service of Remembrance

Remembering those who died in the second half of 2019 is the focus of the Service of Remembrance, **Thursday, January 30, at 2:00 p.m.** in the Timbercrest Chapel. Led by Chaplain Laura Stone, the service will recall the importance of the lives of these loved ones and renew our commitment to faith in Christ's eternal life.

While family members receive a special invitation to the Service of Remembrance, it is open to everyone in the Timbercrest family.

## Inside Your Timberline

Decorating Days	2	<b><i>Crestwood Dinner</i></b>	<b>4</b>	Ceramics	8	<b><i>Messiah</i></b>	<b>11</b>
Chapel Speakers	2	<b><i>Civic Band</i></b>	<b>5</b>	Table Tennis	8	Community Club	11
<b><i>Morrison Begins</i></b>	<b>2</b>	Current Events	5	Peace Corner	8	Hospice Volunteers	11
Sewing Sisters	2	Memoir Writing	5	<b>Notices</b>	<b>8</b>	Farmers Market	11
HC-CW Meeting	2	Praying with Scripture	5	Medicare Part D	9	<b>Plus the Gold Page!</b>	
<b><i>MU Bands Perform</i></b>	<b>2</b>	<b><i>Heaven's Glory</i></b>	<b>5</b>	<b><i>Kiwanis Project</i></b>	<b>9</b>	Birthdays	
Walmart	2	<b><i>Wabash UMC Cantata</i></b>	<b>6</b>	Shopping Trips	9	Anniversaries	
HTS Assessments	3	TUG	6	Wall of Greetings	9	Employee Dates	
Films	3	EvenSong	6	Birthday Hosts	9	Resident Council	
Visitation Committee	3	Art Class	6	<b><i>MLK Day Project</i></b>	<b>10</b>	Standing Notices	
Grief Support Group	3	Joyful Jubilees	6	Relocations/Cancel.	10	<b>And Upcoming Events!</b>	
<b><i>NMUMC Cantata</i></b>	<b>3</b>	Bingo	6	Sunday Coach Trans.	10	<b>Calendar</b>	
Book Club	3	Men's Breakfast	6	Midweek Breaks	10	Items in <b><i>Bold-Italic</i></b> are new	
<b>Carolers</b>	<b>4</b>	<b><i>Employee Christmas</i></b>	<b>7</b>	Resident Council	10	this month 😊	
<b><i>NMHS: Musicale</i></b>	<b>4</b>	Nineties Club	7	DR Reservations	11		
Pastor Lunches	4	Lunch Out	7	Reading Mentors	11		
Knit for Kids	4	<b><i>Fort Wayne Flutes</i></b>	<b>7</b>	<b>Out and About</b>	<b>11</b>		
Storyteller	4	<b><i>Longest Night</i></b>	<b>7</b>	<b><i>MSO Holiday Pops</i></b>	<b>11</b>		
Knit/Crochet	4	<b><i>Al Huth Entertains</i></b>	<b>7</b>	LCCA Series	11		

**Chapel Speakers  
January 2020**

Daily Devotions are at 8:15 a.m.  
Monday, Tuesday, Thursday  
and Friday

Sunday worship is at 9:00 a.m.

EvenSong is  
Wednesday at 4:00 p.m.

**Bold = Sundays**

*Italics = EvenSong*

January 1	EvenSong
January 2	Mary Earle
January 3	Les Cooper
January 5	Audri Fuentes Svay
January 6	Cheri Kreuckeberg
January 7	Jan Gawthorp
January 8	EvenSong
January 9	Ray Hedstrom
January 10	Linda Immel
January 12	David Pinkham
January 13	Bob Gross
January 14	Matt Myers
January 15	EvenSong
January 16	Dick Long
January 17	Philip Troxell
January 19	Laura Stone
January 20	Jim Mishler
January 21	Tim Morpew
January 22	EvenSong
January 23	Bickey Garber
January 24	Brian Daniels
January 26	Laurie K. Cornett
January 27	Brice Bedke
January 28	Jim CHinworth
January 29	EvenSong
January 30	Dick Long
January 31	Edward Robertson

Chapel services and EvenSong are broadcast on Channel 2 in real time. All services are nondenominational, and everyone at Timbercrest is encouraged to participate as able.

**Thanks for all the Festivities**

Thank you for all the kindnesses you showed in December to make Timbercrest a special place during the holiday season. Maybe you helped decorate your wing or door. Maybe you helped with the Festival of Trees. Maybe you visited someone in Health Care or Crestwood. Maybe you spread Christmas cheer to those around you who may not have felt like celebrating. **Whatever you may have done to help make the season joyful: Thanks!**

**Visitation Committee**

*“Our society suggests that caring and living are quite separate and that caring belongs primarily to professionals who have received special training. Although training is important, and although certain people need preparation to practice their profession with competence, caring is the privilege of every person and is at the heart of being human.”*  
~ Henri Nouwen

The Visitation Committee is a group of people who visit residents in Health Care. If you would like to join this group, come to their meeting **Thursday, January 2, at 11:00 a.m.** in the D Wing Lounge. Talk to Lois Davis 982-4230 for more information.

**Grief Support Group**

The Grief Support Group is taking a break for a while. If you have concerns about grief contact Laura Stone 982-3938.

**Old German Baptists Sing**

The Old German Baptists Church invites Timbercrest residents to a hymn sing **Sunday, January 5, at 7:00 p.m.** in the Assembly Room. Hymnals are provided; many of the hymns are familiar to Christians of many denominations. Everyone is welcome. (This is the “old conference” congregation.)

**Sewing Sisters: Keep on Stitching**

The Sewing Sisters make lap robes, comforters and other items for the benefit of others. Join them **Monday, January 6, at 1:00 p.m.** in the Quilt Room on A Street. Contact Mary Ritchey 982-2112.

**Health Care – Crestwood Resident Meeting**

People who live in Health Care and Crestwood meet monthly with Social Service Designee Kira Wardwell in the Health Care Family Room to discuss matters important to them. The next meeting is **Tuesday, January 7, at 10:30 a.m.**

**Walmart – Here We Come!**

The next Walmart trip is **Thursday, January 9**, departing from the Hub at **1:30 p.m.** Sign up in the Notebooks at the Dining Rooms. Unable to go? Submit a detailed shopping list *in Campus Mail only*. (Please do not leave lists with the Receptionist, on Brian’s desk, send by email, etc.) The shopping list includes: quantities, flavors, colors, price-range, sizes, brands, substitutions, etc. Also, leave a phone number where you can be reached by the shopper in case there are questions. You will receive a bill for your purchases after delivery.



### Praying with Scripture: *Lectio Divina*

“Prayer is sitting in the silence until it silences us, choosing gratitude until we are grateful, and praising God until we ourselves are an act of praise.” ~ Richard Rohr

*Lectio Divina* (Holy Reading) is praying with Scripture. Texts are read slowly, listening to how God may speak to hearts and minds, trusting the Holy Spirit to speak through the text; we listen with silent and waiting hearts. The goal is to enter into and renew a personal friendship with Christ. Praying with Scripture is open to everyone, regulars or newcomers, **Thursday, January 9, at 10:45 a.m.**, in the Chapel. Contact Larry Fourman, (574)354-1171.



### Timbercrest Film Committee Presents January Films



#### New Year's Day, Wednesday, January 1:

*Goodbye, Mr. Chips*

**7:00 p.m.**, Assembly Room

2:35 hours, with closed-captions

Stuffy, young Latin instructor Arthur Chipping (Peter O'Toole) is widely disliked by his young charges at a small public school in Great Britain in the 1920s, until he finds his life turned around by a charming music hall singer and comedienne Katherine Bridges (Petula Clark). Though her lower-class past impedes Chipping's longed-for rise to be headmaster, the students become devoted to her good-hearted warmth, which also helps transform the once-despised "Chips" into a beloved school figure.

#### Friday, January 17: *Maiden*

**7:00 p.m.**, Assembly Room

1:40 hours – with closed-captions

*Maiden* is a terrific documentary about an historic event. Indomitable 24 year-old skipper Tracy Edwards shares both the story of the boat's journey and the inward personal journey she was one during a 33,000 nautical mile boat race around the world in 1989. She faced treacherous seas, demanding weather and technical difficulties while leading the first all-female crew to enter the race. Many participants portray themselves in the documentary, which is largely narrated by Edwards.

Like 2019's *RBG*, this film reminds women – and men – both how far we've come in one generation, and how far we have yet to go.

#### Wellness Awareness Day

Kick off 2020 with a commitment to good health on **Wellness Awareness Day, Friday, January 10.**

- Special prize drawings at Chair Exercise Class at **8:45 a.m.** in the Recreation Room. (All participants get a prize, plus one grand prize drawing.) Visitors get a special prize!
- Special prize drawing at Chair Tai Chi at **9:20 a.m.** in the Assembly Room. All participants get a prize, plus a grand prize drawing for everyone present. Visitors get a special prize!
- Homemade smoothies in the Snack Shop at **10 a.m.** Fruits, vegetables, yogurt and other mixes for a healthy mid-morning snack.
- All About Power Lifting, **2:00 p.m.** in the Assembly Room for Fellowship Hour. Meet Alleigh Daniels, a champion female power-lifter. Alleigh has set women's records for squatting and dead lift; she competes on national and regional levels. Her program will include insights to the overall benefits of strength training for mind, emotions and spirit. Alleigh is Brian Daniels' daughter.
- TC Health-Walk, about **3:30 p.m.** (after Fellowship Hour). Help raise awareness about the importance of walking on an indoor walk around the Manor. Those who are interested will depart from the Assembly Room and walk around the "circle" of the Manor... with a special challenge for those who will want to do the stair cases at K-L Wing and I Wing.

#### Book Club

The Timbercrest Book Club meets **Monday, January 13, at 2:30 p.m.** in the Guest Dining Room (note the time change). Contact Marianne Shenefield 982-3959 for details.

### Historical Society

The North Manchester Historical Society meets **Monday, January 13, at 6:30 p.m.** in the Assembly Room. No information about the program was received in time for the January *Timberline*.

### Knit for Kids

Our Knit for Kids group has sent over 1,000 lbs of hats, sweaters, blankets and mittens to World Vision in Pennsylvania for distribution. The Knit for Kids group meets **Tuesday, January 14, at 1:30 p.m.** in the Education Room (west basement). Ann Rehrig is the coordinator. Contact her with questions, 982-6058.

### Churches Host Pastor Lunches

The following congregations host lunch with their pastors and members and friends in December. Sign up in the Notebooks at the Dining Rooms to RSVP.

- ✘ *Eel River Community Church of the Brethren*, **Thursday, January 2, Noon** in the Snack Shop; contact Carolyn Bollinger, 982-2722.
- ✘ *Manchester Church of the Brethren*, **Wednesday, January 15, Noon**, Assembly Room; contact Linda Blair, 982-0048. (Note: This is a week earlier than usual.)



### Annual Epiphany Tea

Pianist Kasidee Nicodemus will help mark Epiphany Season and celebrate winter at the annual Epiphany Tea, **Tuesday, January 14, at 2:00 p.m.** in the Assembly Room. RSVP in the Notebooks at the Dining Rooms.

Kasidee is a high school student and attends Columbia City Church of the Brethren. She has played piano most of her life.

It is appropriate to wear green, purple and/or gold to celebrate Epiphany Season. Epiphany marks the visit of the Wise Men to the Christ Child *and* the Baptism of Jesus. The season is from January 6 through Mardi Gras, which is February 25 this year. Around the world, Epiphany Season is celebrated as “Carnival” season.

### Storyteller Visits Health Care/Crestwood

The monthly visit from storyteller Sharon Dillman is **Tuesday, January 14, at 2:00 p.m.** in the Health Care Family Room. Sharon interprets different characters from history and literature, often adding a twist that brings the story home to her audience. She is

a retired teacher from North Miami Elementary School, and she and her family have a large farming operation in the Gilead area. Though the program is in Health Care, everyone is welcome. Questions: contact Jenny Taylor 982-3942.

### German Baptist Hymn Sing

The West Manchester Old German Baptist Church will have a hymn sing with Timbercrest residents on **Tuesday, January 14, at 7:00 p.m.** in the Assembly Room. Hymnals are provided. Everyone of all denominations is welcome. (This is the “new conference” congregation.)

### Knit and Crochet for Fun!

Learn to knit or crochet in small-group and individual settings on **Wednesdays, January 8 and 22, at 1:30 p.m.** in G Wing Lounge. Yarn and needles are available (or bring your own). All levels of experience are welcome, especially beginners. Contact Marianne Shenefield with questions 982-3959.

### Memoir Writing Class

The Memoir Writing Class meets **Thursdays, January 2, 9 and 30, at 1:30 p.m.** D Wing Lounge. Under Jane Starner’s guidance, the group chronicles life-stories and shares mutual experiences. By writing the “memoir,” participants find fulfillment in their own history and create a valuable asset for the coming generations.



## Thrift Shopping Takes a Holiday

The next trip to the Fellowship of Churches Thrift Shop is Wednesday, January 15, departing from the Hub at 1:30 p.m.

## Tour and Lunch at Parkview Wabash Hospital

A free tour of Parkview Wabash Hospital will be **Friday, January 17**, departing from the Hub at **9:30 a.m.** The tour includes: the Emergency Department, Imaging Center (radiology), In-Patient Units, Family Birthing Center and surgical area (may vary as patient volumes allow).

Opened in 2018, the building is designed for ease of access to care, with open spaces and large windows giving an exceptional experience to visitors. Many Wabash County landmarks are depicted in artwork displayed throughout the hospital.

Lunch will be in the hospital cafeteria. Meal cost and gratuity are on your own. Sign up in the Notebooks outside of the Dining Rooms by **Monday, January 13**. Questions? Contact Rhonda Nettrouer, 982-3925.



**BINGO!** Have fun and win fabulous prizes at Bingo **Wednesdays and Fridays at 11:00 a.m.** in the **Assembly Room!**

## Technology Users Group

The January Technology Users Group (TUG) meeting is canceled in lieu of the Martin Luther King Day Program. The next TUG meeting will be Monday, February 17.

## Men's Fellowship in Health Care

Coffee and rolls are on tap for the Men's Fellowship in Health Care and Crestwood, Tuesday, in the Health Care Activity Room. Let Janice Bradley, Jenny Taylor or Deja Lung know if you can come.

## Nineties Club

The Nineties Club meets **Thursday, January 19 at 2:30 p.m.** in the Snack Shop. Everyone 90 and older and their spouses are welcome to attend.

## Enjoy Cowboy Swing with John Bahler

Plymouth musician John Bahler will perform at Timbercrest **Monday, January 20, at 3:00 p.m.** in the Assembly Room. John specializes in "cowboy swing," a blend of blues and jazz with the sound of western music. He sings a wide range of songs in the style of Gene Autry and Roy Rogers and his genres cover western, old-time country, bluegrass and Gospel.

John comes from Plymouth and studied music at Ball State University. He is a former professor of music at Ancilla College. John has sung at Timbercrest for campfires and afternoon programs. He comes from a musical family in Miami County that specializes in bluegrass and shaped-note singing. The family sings as the Golden Age Band. He is the lead singer and musician of the Stampede String Band.

## Art Class

Join Jena Oke for the monthly Art Class **Monday, January 20, at 2:00 p.m.** in the **Snack Shop**. Be sure to sign up in the Notebooks at the Dining Rooms so there are enough supplies. Professor Oke teaches Art at Manchester University. She has been leading classes here for over a year now. Contact Marianne Shenefield 982-3959 with questions.

(*Note:* The class will finish in time for participants to attend the John Bahler program at 3:00 p.m. in the Assembly Room, if they so choose.)

## Ecology Corner

The CVS in North Manchester recently installed a safe-disposal medicine unit. It is housed in their pharmacy department.

CVS requests that medications – both prescription and OTC drugs – remain in their original bottles for identification purposes. Your personal information on the bottles can be blacked out or cut away.

- Do NOT put unused medications in the trash or flush them down the toilet.

### Lunch Out: Main View

Enjoy the new or the familiar at the Main View Inn, January's Lunch Out destination. Located in downtown North Manchester, is the Lunch Out destination **Friday, January 24**, departing from the Hub at **11 a.m.** Main View serves tradition American food.

In September 2019, long-time owners Bob and Karen Fawcett sold Main View to James and Marcie Haist of Fort Wayne. The Haists have kept many of Main View's popular favorites and have added a variety of new menu items. The new owners are often in the restaurant to meet and greet customers.

Meal cost and gratuity are on your own. Sign up in the Notebooks outside the Dining Rooms by **Tuesday, January 21**. Questions? Contact Rhonda Nettrouer, 982-3925.

### Seniors for Peace

Katy Gray-Brown will speak on poverty and economic justice concerns at the next meet of Seniors for Peace, **Thursday, January 23, at 10 a.m.** in the Chapel.

Gray-Brown, Director of Manchester University's Peace Studies Institute, will present information about peace studies initiatives focusing on poverty and economic justice. Chris Francois and Caraline Fearheller will share their experiences in MU's summer student internship program with Shepherd Higher Education Consortium on Poverty (SHECP). Through the SHECP internship program, students learn first-hand about the multi-dimensional nature of poverty in the United States. Participating students work for eight weeks to strengthen impoverished areas through collaboration efforts with partner agencies and individuals who are working to improve their communities.

### Accessories for Hope Returns

Accessories for Hope will host a purchasing party **Monday, January 27, from 11 a.m. to 1 p.m.** in the Assembly Room.

Accessories for Hope is a non-profit ministry providing a retail outlet for goods crafted by women in oppressed or at-risk situations. Many of them have been victims of sexual trafficking. Others have been given hope through creative financing options offered to women in the developing world. Accessories for Hope comes to Timbercrest every other month and was a participating vendor of the Festival of Trees. Sherry Searles is the manager; she is married to Director of Maintenance Steve Searles.

### Wing Party: J Wing

Transportation Coordinator Kelli McCombs and her family will host dinner and a party for people who live in J Wing on **Monday, January 27, at 4:30 p.m.** in the Snack Shop. The menu will feature beef and noodles, mashed potatoes, sweet corn, crescent rolls, pies and cookies from Nordmann's Nook, sweet tea, lemonade and water. Kelli will be in touch with residents of J Wing for an RSVP.

The McCombs family hosted wings B-H in 2019 and will finish up the Manor this Spring.

<b>EvenSong</b>	
Join others in the Timbercrest family for EvenSong, <b>Wednesdays, 4:00-4:30 p.m.</b> in the Chapel	
<b>January 1</b>	Marie Willoughby, Art Hunn and Liz Hoffman Bauer <i>New Year's Resolutions</i>
<b>January 8</b>	Dennis Beckner <i>Memories that Songs Make</i>
<b>January 15</b>	Dorothea Fry Mason with daughter Kathy Fry-Miller <i>Stories and Songs</i>
<b>January 22</b>	Lois Snyder and Friends <i>The Days of Martin Luther King, Jr.</i>
<b>January 29</b>	Laura Stone, Jeanette Lahman and Jan Smith <i>All Beautiful the March of Days</i> – a hymn sing

*Making Good Things Happen... Together*

### January Game Night

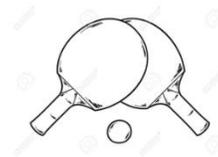
Game Night is scheduled at **Tuesday, January 28, 6:15 p.m.**, in the Recreation Room. Bring a favorite table game to share or play with games provided by Timbercrest.. Billiards and ping pong will be available also, for friendly competition. Light refreshments will be served. Questions? Contact Rhonda Nettrouer, 982-3925.

## Make Ceramics, Make Friends

Paint plain greenware and see how beautiful it becomes at the ceramics group, every **Monday and Wednesday at 1:30 p.m. - 4:30 p.m.** in the **Craft Room** (west basement). Questions? Marianne Shenefield 982-3959.

## Table Tennis

Enjoy a game of ping pong in the Recreation Room each **Tuesday and Thursday at 2:00 p.m.** Paddles and opponents are provided, or bring your own. This is a time of fun and fellowship. Questions? Contact Jim Flory, 982-0088, or Max Beck, (956)583-4663.



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## Peace Corner

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### Slowing Down This Winter

The hubbub of December gives way to the calm beauty of January. Cold, snow and ice work to make us slow down... to spend a few extra minutes in bed in the morning, maybe to read a few extra pages rather than watch another re-run, possibly stay in and invite a couple friends to your apartment for hot tea and lively discussion. Whatever you do to slow down, consider Jonathan Wilson-Hartgrove words about stability:

“Stability in community is always a half-born condition. We are suspended between Heaven and earth on a ladder that promises communion with God but is also firmly planted on the ground. To both see clearly in the life we are made for and, at the same time, to have to deal with the selfish desires and petty preferences of people where we are is, indeed, agonizing.

“But there it is... a different kind of realism. Stability is a commitment to trust in God, not in an ideal world, but in the battered and bruised world we know. If real life with God can happen anywhere at all, then it can happen here among the people whose troubles are already evident to us... *Community is always a risk.*”

Wilson-Hartgrove cites French cleric Pierre Teilhard de Chardin: “Above all, trust in the slow work of God.”

How will the slowness of January help you find community with your neighbors at Timbercrest? How can the few extra moments you find help you trust in God’s “slow work?” How can you help others at Timbercrest “whose troubles are already evident to us?”

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## Notices

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### Morrison’s Open House

An open house with Morrison’s Food Service is planned for **Wednesday, February 5, from 2:00-4:00 p.m.** in the Assembly Room, featuring specialty dishes and foods they may prepare in the future. Look for details of scrumptious fare in your February *Timberline*.

### All Westerns, All the Time

Television programming on Timbercrest Channel 108 is now “Grit TV,” a channel that features only westerns. If you have questions about TV programming, contact Steve Searles, 982-3945, or Mariah Metzger, 982-3980.

### Current Events at Shepherd’s Center

The North Manchester Shepherd’s Center takes a break in January every year. Current Events and Adventures in Learning will resume Wednesday, February 5.

### Kiwanis Seeks Project Help

North Manchester Kiwanians have been making neck pillows and knotted blankets for Riley Children’s Hospital and Beaman Home (Warsaw) for several years. These items can be made by anyone, and the Kiwanis Club is seeking additional hands to help. Pictures of the pillows and blankets are posted on the bulletin boards and in the Quilt Room on A Street. Interested in helping? Contact Shirley Mishler, 982-2359, or David Kreps, 982-8251.

### Joyful Jubilees Take January Off

Pianist Alicia Evans and the Joyful Jubilees take January off from singing at Timbercrest and other venues. They will return **Tuesday, February 25, at 10 a.m.** in the Health Care Family Room.

## Weather-related Cancellations

Tours, shopping and other off-campus events carry-on as scheduled as much as possible through the winter months. We are committed to providing warm, safe vehicles for everyone's use.

**Nota bene:** You are the best person to determine whether or not you should go on a winter outing. If an event is not canceled and you feel it would be unwise for you to go, your discretion is best.

Postponements and cancellations of outings occur for one (or more) of the following reasons:

- If the event or destination has been cancelled or closed due to the weather.
- Weather conditions at the time of departure are deemed unsafe for walking or travel.
- Weather conditions at the destination are unsuitable for a Timbercrest group. (For example, the weather may be fine in North Manchester but not fine at a Fort Wayne destination.)
- Just because schools are delayed or canceled doesn't mean that Timbercrest events are. Often county roads for school buses are difficult or impassable, but state roads and town roads are just fine.
- *Events are not canceled merely because there is a threat of bad weather.* Many times weather reports are inaccurate or impact areas other than North Manchester. This is why we wait until the day of an outing to make a decision.
- Postponements and cancellations will be announced in the Manor via public address and to Neighborhood Homes via the One-call Now system.

## Weekly Shopping Trips

Weekly shoppers are asked to *leave a note* in the box outside Marianne Shenefield's office at the Hub indicating that they intend to go shopping Tuesdays and Thursdays. Your shopping list can be left there, too.

On **Tuesdays and Thursdays** shopping in various places around North Manchester departs from the Hub at **9:30 a.m.** Tuesday shopping is at Dollar General, New Market and The Hardware. Thursday shopping goes to CVS and Manchester Marketplace and "taxi service" to other destinations. Forms are provided or you may use your own paper. Items can be paid for when you pick them up in Marianne's office.

## Thanking Birthday Hosts

Birthday Dinners in January are hosted by Manchester Church of the Brethren (January 7) and Peoria Church (January 23). Invitations to January birthday honorees have been sent. Stop by and thank these volunteers for their time and gift of hospitality on behalf of Timbercrest.



## Martin Luther King Day Service Project

A service project in observance of Martin Luther King Jr. Day, **January 20**, will be for the benefit of Daniel's Place, a respite center for families with members who have developmental disabilities.

In consultation with Daniel's Place founder Cheryl Working, our project will be teaching aides for Daniel's Place patrons. See your January Timberline for more details.

We will be assembling the following:

- "Dress up kits" – items needed include men's and women's hats, gloves, sports coats and dresses (no pants), button-up sweaters, aprons, and job-specific items (tool belts, vests, etc.)
- Picture rings – save the calendars you get in the mail and won't use... we'll trim out some of the pictures, laminate them, and fix them to large rings, for patrons to use for story telling and studying.
- Marker board kits – we'll assemble 20 small, white marker boards into kits with markers, magnetic letters and fun magnets to help non-verbal patrons communicate with staff and each other.

The project will kick off with a presentation about Daniel's Place by staff member Erin Working.

## Relocations and Cancellations

- Bingo will be in the Snack Shop Wednesday, January 15, due to the Manchester COB Pastors Lunch.
- All regular activities are canceled on New Year's Day. There is a film at 7:00 p.m., in the Assembly Room.

**Exercise Opportunities:** See your Timberline calendar for times of Chair Exercise, Strength Training, Tai Chi and other fitness opportunities.

## Sunday Coach Transportation

Church transportation on Sunday is available by signing up with the Receptionist from Friday afternoon until the list is full. When one list is full, sign up on the incomplete list (usually the earlier trip). When the earlier trip is full, a later trip may be added. Priority seats are for those who no longer drive. If the list is full and you are a driver, please consider allowing room for a non-driver. Courtesy is important (remember your destination ☺).

## Resident Council: How It Works ☺

The Timbercrest Resident Council represents the whole campus on concerns of the resident community. The CEO and administration staff meet with the Council to hear concerns and provide direction for resolutions.

The Council is a mix of people who live in various areas on campus: Neighborhood Homes, Option-Plan Apartments, Full-Service Apartments and Health Care/Crestwood. New members are voted on at one of the quarterly All-Resident Meetings.

The Resident Council usually meets the second Tuesday of the month at **8:45 a.m. in the Education Room** in the west basement. A list of Resident Council members appears monthly in *The Timberline* on the Gold Page.

## Mid-Week Break in the Snack Shop

Come for a nibble and good fellowship in the Snack Shop each **Wednesday from 2:00-3:00 p.m.**

Sample these snowy snacks soon:

<b>January 1</b>	No midweek break
<b>January 8</b>	“Surprise” Cupcakes
<b>January 15</b>	Cookies and Hot Chocolate
<b>January 22</b>	Wintery Sundaes
<b>January 29</b>	Popcorn Parlor

## Helpful Abbreviations

A new member of the Timbercrest family has pointed out that there are some abbreviations used at Timbercrest that new residents may not know... here are some common ones used regularly. If you can think of others, feel free to let Brian Daniels or Melissa Shorter know. ☺

AR = Assembly Room  
CC = Chestnut Court  
CW = Crestwood  
CY = Courtyard  
FS = Food Service  
GDR = Guest Dining Room  
HC = Health Care  
HL = Hickory Lane  
HT = Hawthorn Trail  
NHH = Neighborhood Homes  
OD = Oak Drive  
P/S = Program and Services  
RG = Rose Garden Lounge or Dining Room  
Sherman Drive = main entrance off East Street  
SL = Spruce Lane  
TC = Timbercrest  
Timbercrest Drive = drive connecting  
Neighborhood Homes  
WW = Willow Way

## Dining Room Reservations

Family and guests are always welcome in Timbercrest Dining Rooms. Please make reservations at least 24 hours in advance through the Timbercrest Receptionist (not through the Dining Room hostess or server). Advance reservations insure there will be enough food for regular Timbercrest diners and for guests. The Food Service staff appreciate everyone's cooperation so the best possible service can be provided.

## Reading Mentors Sought

Manchester Elementary School is seeking 4-5 “reading mentors” to meet weekly with students in grades 1-3. This group will meet with students at the same time each week, and Timbercrest will offer transportation for those interested who may need it. Contact Brian Daniels, 982-3940, if you are interested.

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## Out and About in the Community

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### MSO

Future programs of the orchestra include:

♪ The Invention of Morel, Friday, February 28, at 7:00 p.m. at the Honeywell Center, Wabash

♪ Beethoven 250, Sunday, May 3, at 3:00 p.m. in Cordier

Timbercrest provides transportation to all M.S.O. concerts.

# For the glory of God and my neighbor's good

## LCCA Concert Series:

Spring programs in the Lakeland Community Concert Association series are:

- Heartland Singers, a semi-professional chorus based in Fort Wayne, **Sunday, April 19, 2020 at 7:00 p.m.**
- The Jacobys, **Saturday, May 9, 2020 at 2:30 p.m.** (Timbercrest residents may recall the Jacobys from their performance at the Spring Gala in 2016)

Season subscriptions are \$50. Contact June Stealy, 982-0055. Subscriptions are also available at the door.

## Manchester University Community Club

The Manchester University Community Club (MUCC) discusses happenings at the university. Students, faculty and staff provide programs of interest at these dinner meetings, the first Wednesday each month, October through May, beginning with supper at 6 p.m. and a program at 7 p.m. New members' first dinner is free. Annual dues are \$13 and dinners at \$15 each month when you attend. If you are interested, contact Bonnie Hammonds, 982-0072; Carol Burkett, 982-0050; or Kim Ebersole, (847)714-4481.

## Hospice Volunteers Are Needed

Visiting Nurse and Hospice Service is seeking volunteers for one-on-one time with patients, assistance at the Hospice Home in Fort Wayne, light meal preparation, basic pet care, gardening assistance and grief support. For details and training, contact Ann Blue at Visiting Nurse, (260)435-3222 or visit the website: [www.vnfw.org](http://www.vnfw.org)

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## FLU SEASON IS HERE - Help Prevent the Spread of the Flu

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Influenza (flu) can cause mild to severe illness, and at times can lead to death. Flu is different from a cold. Flu usually comes on suddenly. People who have flu often feel some or all of these symptoms;

Fever\* or feeling feverish

Runny or stuffy nose

Some people may have

Chills

Muscle or body aches

vomiting and diarrhea; this

Cough

Headaches

is more common in

Sore throat

Fatigue (tiredness)

children than adults.

\*It is important to note that not everyone with flu will have a fever.

### Ways to avoid spreading the flu:

- **Avoid close contact.** Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too. Let family and friends know not to visit if they are ill.
- **Stay home when you are sick.** Remain in your home when you are sick and notify the nurse. This will help prevent spreading your illness to others.
- **Cover your mouth and nose.** Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- **Clean your hands.** Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub. Hand sanitizer stations are found throughout Timbercrest.
- **Avoid touching your eyes, nose or mouth.** Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- **Practice other good health habits.** Clean and disinfect frequently touched surfaces. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

*The information above is from the Centers for Disease Control*



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## Beavers Are New Residents at Timbercrest



It is evident that beavers have taken up residency on Swank Creek at Timbercrest, based on the gnaw marks on trees, branches, and brush along the creek.

It is unknown if the Beavers are related to Frank, nor if they are alumni of Manchester University. Their church background is also a mystery, however, with the amount of water they have stopped in the creek, it is obvious they are some type of Dunkers. Look for Eileen Flory's New Resident Introduction in a future *Timberline*.

Although not related to the recent arrival of Morrison's Food Service at Timbercrest, they have found the woody material of the Timbercrest woods very tasty and much to their liking.

The Beavers have not enlisted the assistance of the Timbercrest maintenance or contractors to construct their lodging nor for help with the building of their rather impressive dam across the creek. In fact, they have kept their arrival and building secret.

Housing Services Director Mary Beth Gast states that Beavers did not file the required application forms because of the waiting list. Also, it seems they have not paid Timbercrest's usual entry fee according to CFO Christy Huiras. It is reported that CEO Stan Noffsinger is investigating the situation further to see if any legal remedies are available.

"We haven't had a situation like this," shared COO Tim Marzec, "since that interloper moved into the Program and Services offices decades ago... we can't seem to do anything about that either." (2)

*(Thanks to Timberline cub reporter Gary Heisler for this report; local sources also consulted)*